



**QUEBEC 4-H  
2012 ANNUAL REPORT**



**LEARN TO DO BY DOING**





## **4-H PLEDGE**

**I Pledge:**

**My HEAD to clearer thinking**

**My HEART to greater loyalty**

**My HANDS to larger service**

**My HEALTH to better living**

**For my club, my community, and my country.**

**Je Promets d'employer**

**Ma Tête pour des idées hardies,**

**Mon Cœur pour être plus humain,**

**Mes Mains pour être plus habile,**

**Ma Santé pour vivre en harmonie,**

**Pour mon cercle, ma communauté et mon pays.**

## **4-H GRACE**

**We thank thee lord for blessings great,**

**On this our own fair land,**

**Teach us to serve thee joyfully,**

**With Head, Heart, Health and Hands**

**Je vous remercie mon Dieu pour ce repas**

**Que nous allons prendre**

**Et procurez du pain**

**A ceux qui n'en ont pas**

## TABLE OF CONTENTS

Directors, Staff and Club Presidents.....	2
Past Quebec 4-H Presidents.....	3
Quebec 4-H Mission and Statistics.....	4
President's Report.....	5
Executive Director's Report.....	6
Agricultural Liaison's Report .....	7
Our Structure.....	8
Club Reports.....	9
Quebec 4-H Provincial Activities .....	19
Canadian 4-H Council Programs.....	20
Other Activities and Programs .....	23
Audited Financial Statements.....	24
2012 Provincial Partners and Sponsors .....	25

This Annual Report of the Quebec 4-H Association is presented to the 2011/2012 Quebec 4-H assembly of members at the Annual General Meeting held in Notre-Dame-de-l'Île-Perrot, QC, November 24, 2012



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## **2011 - 2012 Quebec 4-H Board of Directors**

President	Mathieu Rouleau
Vice-President	Tiffany Nelson
Past-President	Angela Neal
Chair of Programs and Regulations	Emily Simms
Chair of Financial Committee &	Charles Gascon
Youth Advisory Committee Member	

Directors	Annie Grubb
	Emmalee MacLaren
	Tonie Sutherland
	Rachel Macfarlane
	Andrea Soesbergen
	Beth Kennedy
	Colin Murphy
	Julie Neal
	Eliza-Jane Morin
	Ben Nichols

## **2012 Quebec 4-H Staff**

Executive Director	Lorelei Muller
Agricultural Liaison	Caitlin MacDougall / Dianne Eastwood
Program Assistant	Mélanie Masson
Public Relations Assistant	Alyssa Fourneaux
Project Coordinator: 100 <sup>th</sup> Anniversary	Angela Neal
Office Assistant	Sarah Enright

## **2012 Club Presidents**

Brome	Annie Grubb
Gatineau Valley	Shauna McKenna
Hatley	Wyatt Johnston
Howick	Ben Hooker
Huntingdon	Andrea Soesbergen
Lachute	Arya Lepage
MAC/JAC	Colin Murphy
Montréal	Valérie Sépul
Ormstown	Melissa Duncan
Richmond	Colt Mastine
Sawyerville	Matthew Burns
Shawville	Emily Simms
Valley Adventure	Sahra Ross

## PAST PRESIDENTS

1969	Colleen Coates-Younie (Lennoxville)
1969-70	Clayton Murphy (Huntingdon)
1970-71	Winnie Tibbits-Murphy (Brome)
1971-72	Joan Lang-Russenstom (Shawville)
1972-73	Alvin Barrington (Howick)
1973-74	Nancy Hardacker-Corscadden (Brome)
1974-75	Andy Tolhurst (Howick)
1975-76	Mary Brus (Hatley)
1976-77	Larry Ness (Howick)
1977-78	Charles Fowler (Richmond)
1978-79	Ken Tolhurst (Howick)
1979-80	Peter Griffith (Richmond)
1980-81	Rick Younge (Shawville)
1981-82	Neil Burns (Sawyerville)
1982-83	Angus MacKinnon (Hatley)
1983-84	Suzan Smith-MacDonald (Lachute)
1984-85	Tim Beland (Waterloo)
1985-86	Mark MacVicar (Lachute)
1986-87	Kathy Beerwort-KcKinven (Brome)
1987-88	Kathy MacKinnon (Hatley)
1988-89	Al Beland (Waterloo)
1989-90	John Beerwort Jr. (Brome)
1990-91	Steven A. Latulipe (Huntingdon)
1991-92	Paul Mastine (Richmond)
1992-93	Cheryl Stanley (Shawville)
1993-94	Lynn McOuat (Lachute)
1994-95	Amber Heatlie (Lachute)
1995-96	Kathy Howard (Shawville)
1996-97	Mavis Judd (Shawville)
1997-98	Mavis Judd (Shawville)
1998-99	Trudy Beaton (Sawyerville)
1999-2000	Katie Coates (Haut St. Francois)
2000-01	Katie Coates (Haut St. Francois)
2001-02	Melissa Nyveld (Shawville)
2002-03	Daniel Mastine (Richmond)
2003-04	Jessica Cox (Hatley)
2004-05	Jessica Cox (Hatley)
2005-06	Tyler McCann (Shawville)
2006-07	Tyler McCann (Shawville)
2007-08	Jenna Soesbergen (Huntingdon)
2008-09	Jocelyn Closs (Shawville)
2009-10	Christine Tolhurst (Howick)
2010-11	Angela Neal (Ormstown)
2011-12	Mathieu Rouleau (Howick & MAC JAC)

## **QUEBEC 4-H MOTTO**

Leadership tomorrow through learning today

## **QUEBEC 4-H MISSION**

Quebec 4-H is a community based organization, which is dedicated to developing life skills such as leadership, cooperation, responsibility and independence for the English-speaking rural youth of Quebec through achievement and skill development.

## **QUEBEC 4-H STRATEGIC PLAN 2007 – 2012**

### **Objectives**

- The Quebec 4-H community (members and adult volunteers) benefits from a strong and growing provincial network.
- Each 4-H club is well positioned to engage the youth in their local community.
- Quebec 4-H is increasingly visible throughout the entire province as a youth organization with a leadership development mandate.
- Quebec 4-H operates under strong and effective governance.
- The long-term sustainability of Quebec 4-H is ensured.

## **QUEBEC 4-H STATISTICS 2012**

439 members ages 6 to 25 years of age participated in 12 year-round 4-H clubs located in the regions of the Outaouais, Laurentides, Montérégie and Estrie, 1 4-H club on the campus of Macdonald College, and 3 summer 4-H clubs based in the Lower North Shore.

### Most Popular Projects

Dairy: 150	Crafts: 22
Dance: 120	Exploring 4-H: 17
Outdoor Living: 87	Sheep: 15
Beef: 69	Rabbit: 14
Garden: 51	Equine: 12
Poultry: 31	Goat: 10

### Gender and Age Statistics

Female members: 249

Male members: 190

Peewee members aged 8 or younger: 162

Junior members ages 9 – 12 years: 114

Intermediates ages 13 – 15 years: 81

Senior members ages 16 – 21: 78

Proven members ages 22 – 25: 4

## **PRESIDENT'S REPORT**

**Mathieu Rouleau**

Hello everyone,

We were busy once again this year. From the start of my term, we have been working together to continue improving 4-H, making opportunities for new connections and long lasting friendships. I would just like to highlight some of the activities, so here is a little wrap up of what we did as a province and what I did during my term.

As president, I participated in the strategic priorities forum of the Quebec Community Groups Network (QCGN) over a weekend in March. Every three months, I joined the Canadian 4-H president teleconference with presidents from all the other provinces, discussing the issues that “keep us up at night.” I also attended a collaborative meeting of representatives from Agriculture in the Classroom, The Quebec Farmers’ Association, and other organizations, to begin planning opportunities to educate students about agriculture while also promoting our missions. I attended banquets of different clubs across the province and got to see different aged members, alumni and pee wee.

I assisted with the interviews for our summer students and later, with the hiring of our new Agricultural Liaison, Project Coordinator for the 100<sup>th</sup> anniversary, and our part-time Office Assistant. This was a great experience because I got to see many Curriculum Vitae, to be on the other side of the hiring committee, and to see what it is you need when in an interview and how to present yourself. Along with our Vice-President and Chair of Financial Committee, I also aided with a review of personnel policies, working towards an updated version to address staff issues.

Our activities were very successful this year, starting with great participation from our younger members at Winter and Summer Junior Camps. We also had a very cool and successful Intermediate Leadership Camp and had loads of fun! As always, Innovative Ag Tour was a big hit. The activity with the greatest turnout was Rally, all the way out in Shawville this year where we celebrated the “good old hockey game”. Several members, including myself, had the chance to attend the National 4-H Conference held in Montreal for the first time. It was a great experience and an opportunity to meet new people from all across the country, making long lasting friendships.

The people who surround you are the people who make you laugh, they are the people who you enjoy being with, they are also the people that give you great memories. 4-H is the source for me; the activities we do as an association and at the club level are what make the highlights of my 4-H involvement. That is why I continue to stay involved, so that I can help ensure the opportunities I had can be passed on to the next generation. So thank you to everyone who made it possible: members, leaders, volunteers, parents, sponsors, and our great staff in the 4-H office.

Enjoy and have a great new year,

Mathieu Rouleau, President 2011-2012

## **EXECUTIVE DIRECTOR'S REPORT**

**Lorelei Muller**

As the 100<sup>th</sup> anniversary of 4-H in Canada approaches, it's an opportune time to look back and reflect upon our 4-H memories. I've been working for 4-H since February 2008. My four and a half years pale in comparison to the tenure of many of our dedicated volunteers and members. Yet, during that time, I have amassed a heart full of wonderful memories thanks to this amazing organization and all of the incredible people in it.

Working with members from across the province, I feel honoured to be part of their 4-H journeys. As youth I initially met at Junior Camp come to their first AGM, I'm proud to play a role in an association that contributes to the growth of those members. I've heard 12 year olds sigh that as they outgrow their junior years they'll miss camping with their distant 4-H friends and I've heard intermediates yearn for more adventure during their leadership weekend; to be able to take this input to develop the programs members want is a pleasure. I hope that Intermediate Leadership Camp will create fond memories for many a 4-H'er in the future. The youth on our provincial committees and board of directors amaze me with their dedication and the contributions they make to help shape our organization and its activities. Working together we come to solutions that might not be found by individuals on their own and I'm thrilled to be a part of the team. To hear young adults who first met through 4-H announce their engagement is a privilege and to see them go on to have their own little future 4-H members is a joy. At this summer's junior camp when I worried that a young lad from the Townships and a girl from another region might chuck each other out of the rabaska canoe, I also wondered if years from now they might follow a similar path. So, as I look back on my 4-H years, I want to thank all of the people who helped make them so memorable.

When I meet with staff and volunteers from other Quebec organizations, they marvel at the picture of 4-H that I paint for them through descriptions of the amazing opportunities our members have at the local, provincial, national and even international levels. Many are interested in what 4-H has to offer the youth in their community. As we continue to strengthen this provincial organization and improve resources, we look forward to helping new communities to develop 4-H and help their youth enhance the leadership skills are members are so well known for.

It's also vitally important to serve the clubs we already have, our current members, and the volunteers who have been contributing their time to the program. I encourage everyone to let us know what resources and activities you need. We want to help you make your 4-H experience all that you want it to be.

I look forward to the future, to our centennial and beyond, to more 4-H memories of my own, but especially to the opportunity to help many more youth experience and then cherish their favourite 4-H memories.



## **AGRICULTURAL LIAISON'S REPORT**

**Caitlin MacDougall**

4-H is a movement that has been growing and changing for the past 100 years. Just like its members grow and develop from children into adults, changing and learning as they age, so has 4-H changed and developed into something stronger over time. And if we want to continue to be part of a strong national 4-H movement, all members, leaders and parents need to help promote 4-H to the public and work on retaining members. Here's a quote from Calvin Coolidge to put it in perspective: *"All growth depends upon activity. There is no development physically or intellectually without effort, and effort means work."* I know that 4-H'ers know how to work, so we just have to make the conscious choice to actively help 4-H to grow.

Over the past year, 4-H has been busy "Embracing the Future" as part of the national strategic plan to grow 4-H into the most well-known, largest youth leadership organization in the country. Quebec 4-H hosted a "4-H Fun Day" to introduce youth to 4-H in the Chateauguay Valley with great success, and over 150 youth in two elementary schools were introduced to square dancing and 4-H as part of the Square Dancing Revitalization Project in the last year alone. 4-H continues to be a popular topic in local media as well.

Quebec 4-H has also continued to build its relationships with its other provincial counterparts by attending and presenting a workshop at the 4-H Ontario AGM, a great opportunity to share with leaders in that province and by sending leaders to conferences in Nova Scotia and Alberta. Intraprovincially we continue to build relationships with the Table de concertation de la jeunesse rurale du Quebec – planning special centennial publicity and activities with our Table partners to increase public awareness and boost recruitment and funding for all three Quebec rural youth organizations, 4-H, AJRQ, and FRAQ.

Another aspect of the "Embrace the Future" plan is simplified, unified resources for members and leaders. This means an online training program that leaders can complete at their own pace; it also means new project resources so that any club in Canada can pick a project and have all the tools they need to successfully complete it. We hope that clubs think about these resources and try to incorporate them as much as possible. Quebec 4-H will continue to promote these resources and opportunities, just make sure to look out for them.

As we move into 2013, the 100<sup>th</sup> anniversary of 4-H in Canada, there will be many celebratory activities and events taking place throughout the country and province. Enjoy them! Celebrate yourselves and your history! We encourage everyone to participate in these activities, and think of creative ways to promote 4-H in their communities. Even recording your club's history is one way to contribute – help document the past so that we can proudly, accurately forge our way into the future.

Don't forget that 4-H is your organization – it can be whatever you want it to be, as long as you are willing to roll up your sleeves and work for it. If you have an idea for an activity, project or event, you just have to bring it up to your club, your provincial director, or directly to the provincial office.

Last, but certainly not least, I would like to thank all the parents, leaders, community members, and 4-H'ers who make 4-H such a great organization by supporting it with their time, ideas, enthusiasm, elbow grease, and passion. We would certainly not be such a vibrant organization without all of your efforts. Additional thanks to the volunteers who assist in the provincial office, the provincial committees who help make important decisions for the organization, and Lorelei for her enthusiasm for continuing to make the best better. Thank you all so much for the experiences you have given me while I was a member and employee of Quebec 4-H. I have certainly grown with the organization, and I hope that you are willing to grow and change with 4-H to make it a stronger movement for the future.

Never forget to thank your volunteer leaders in person; additionally you can nominate them for the Co-operators 4-H Volunteer Leader of the Year Award, which can be done until December 15 online at [www.4-h-canada.ca](http://www.4-h-canada.ca).

## **OUR STRUCTURE**

### **Local 4-H Clubs**

4-H Clubs are made up of members and volunteer leaders and are responsible for conducting meetings and organizing and carrying out local activities, including social, fundraising and community events. All members and clubs belong to the Quebec 4-H Association, and members have the opportunity to participate in local, provincial, and national 4-H programs and events.

### **Quebec 4-H Association**

The provincial organization keeps track of membership and club registrations and administers all provincial 4-H programs and opportunities for members. Members are aged 6 to 25 years old. The province also works collaboratively with other provincial 4-H agencies to provide resources and opportunities to members, along with the Canadian 4-H Council and its committees and groups. Quebec 4-H is run by a Board of Directors made up of member representatives, and four standing committees: Advisory, Executive, Financial, and Programs and Regulations. Individuals are nominated to the committees by the Board of Directors at the Annual General Meeting.

### **Advisory Committee**

The Advisory Committee is made up of at least 5 people, of whom 2 must be executive committee members. The remainder are adult advisors and partner representatives. The role of the advisory committee shall be to offer advice to the provincial board on matters of debate. Any questions concerning the policies and by laws of the organization are reviewed by the committee and their response gets submitted to the board.

### **Executive Committee**

The Executive Committee is made up of the President, Vice-President, Past-President, Chair of Programs and Regulations, Chair of Financial Committee and Executive Director. It reports to the Board of Directors.

### **Financial Committee**

The Financial Committee is made up of a minimum of 3 and maximum of 10 people in addition to the President and Vice-President. The role of the committee is to oversee the administration of the organization's finances. This includes but is not limited to employee salaries, expense account claims and budgets. All recommendations from the financial committee must be submitted to the board for approval.

### **Programs and Regulations Committee**

The Programs and Regulations Committee is responsible for all Provincial regulations, including: Constitution review, Policies and Procedures, Rally Rules, Activity rules and guidelines. It is also responsible for producing the criteria for different selection processes within the organization and selecting delegates for national programs. The committee is responsible for preparing proposals for changes to existing or new programs. Decisions of the committee shall be reported to the board and require ratification. The Programs and Regulations Committee shall be comprised of 5 - 15 members, 2 of which must be Provincial Directors.

### **Canadian 4-H Council**

The objective of the Canadian 4-H Council is to provide relevant programs and services, which are consistent with the 4-H philosophy and serve to enhance provincial 4-H programs. The Council organizes and coordinates national and international conferences, exchanges and scholarships that focus on citizenship, leadership development, career choices, technology transfer and other pressing issues being faced by today's rural communities. The Council is a not-for-profit, non-governmental agency governed by a group of member representatives. The provincial 4-H agencies are the customers of the Council, which, with the assistance of the Canadian 4-H Foundation, also provides funding to the provinces. The mission of the Canadian 4-H Council is "Providing strong national leadership to ensure a quality 4-H program across Canada." The vision is "We will be recognized by our customers as the leader of 4-H in Canada, ensuring a strong national brand, innovative programming, and sustainable funding."

**BROME 4-H CLUB**  
**Annie Grubb**

For the Brome 4-H club, 2012 was a pretty quiet year. The first event of the year after the annual general meeting was a bread making day to help prepare our members for the holiday season. Shortly afterwards, the resignation of our president came as a sudden shock, but the club remained strong with Blair Allnutt as vice-president, Annie Grubb as secretary and provincial director, Sabrina Cadarette as treasurer, and Cassidy Cadarette as club reporter.

Over the summer, club events were limited as vacations and summer jobs took over. However, members remained active in representing the club in various local and provincial activities. On the provincial level, Brome members attended Winter Junior, Intermediate Leadership, and Summer Junior Camps.

Our Achievement Day was another success as the club joined forces with the AJRQ clubs from Granby and Rouville. The event was held once again at Iwana Farm in Brigham, which is owned by Serena Shufelt. By organizing this combined achievement day, the event showed over 50 dairy heifers from 3 breeds: Jersey, Holstein and Ayrshire. Five of the heifers shown were from members of the Brome club (1 Jersey and 4 Ayrshires). Unfortunately, the members with beef projects were unable to show at the same location as the Quebec Angus show fell on the same weekend at the Brome fairgrounds. As a compromise, beef members from the club showed their heifers in Brome that Saturday for their own achievement day.

Brome 4-H was also well-represented at many fairs and expositions. Members showed at fairs in Cookshire, Ayer's Cliff, Brome and Richmond, and Expo Boeuf in Victoriaville. In addition, Blair Allnutt attended The Big East Show in Massachusetts and showed at the Royal. He will also be showing in Regina during the weekend of November 24<sup>th</sup>.

Our last event of the year was our annual general meeting where we kicked off our Macmillans fundraiser, made pumpkin bread and carved pumpkins. The Macmillans fundraiser, which sells cookie dough, muffin batter and various other desserts and appetizers, will be finalized at the end of November and so far appears to be a great success. Also, members have already begun planning next year's events, which will include barn visits, a potluck supper and many possible projects. In contrast to 2012, 2013 is looking like it will be a busy year as Brome is welcoming many new members and two new parent leaders who are all eager to learn and have fun.

**GATINEAU VALLEY 4-H CLUB**  
**Shauna McKenna**

This year at the Gatineau Valley 4-H club was extremely quiet. We had started out doing well in the fall with a good amount of enthusiasm and all the kids trying to get out of school activities and into some fun 4-H stuff like pumpkin carving. Our carving day was held at McKenna Greenhouses and we had a great turn out of 4-H'ers, friends, family, and even birthday cake for our leader Mark Boyd, who wouldn't tell us how many years old he was.

In February, we had our awards ceremonies along with the Gatineau Valley Horse and Cattle Association's annual banquet. Our 4-H club always does the coatroom for tips and it's a good time for the younger ones to feel good about helping out. All the club members got acknowledged for their work with the chicken project and the parents who helped out got the much needed thanks for all of their hard work as well.

In early April, we had a meeting and chocolate making day for some early Easter chocolates. In between filling the chocolate molds and taking them out into the freezer, we discussed some plans for this coming years' project.

Our leader Cindy had a great idea of making no-sew throws, and had gone all in and purchased the club some wonderful printed fleece to make the throws out of. All the girls wanted the lime green for part of their throw, and the cowboy print was a hit all around.

Although our fall and winter were packed with action for our club everything quieted down for the rest of the summer, we had no projects on the go and everyone did their own thing for the summer.

## HATLEY 4-H CLUB

Wyatt Johnston

President: Wyatt Johnston  
Secretary: Jaymin Lapointe

Vice President: Shelby Drew  
Treasurer: Emily Young

Annual Awards Banquet - Potluck held in December, included guests from the community.

Christmas Caroling - around Ayer's Cliff starting at Place Sanborn Retirement Home.

Winter months - were fairly quiet with a monthly meeting and club registrations. We had 4 members attend the Mac Judging Competition. We placed 3<sup>rd</sup> 4-H Club overall.

March - We went to the DeBoer family sugar camp, judged maple syrup and enjoyed a small tour of the camp, as well as tasted some fresh hot syrup and sugar on snow.

April - We held our annual 4-H Dance fundraiser. It was a great success again and thanks to the Wilson family for their great organization skills!

On April 9<sup>th</sup>, the members who were taking part in the "raising chickens project" received their day old chicks!

May is the beginning of show season for some and we held a Preparation Clinic sponsored by Sherbrooke Holstein. Local AJRQ clubs (Barnston and Compton) came to learn about showing and preparing all types of animals. We had clinics on horse, chicken, rabbit, goat, sheep, beef and dairy. Thanks again to Sherbrooke Holstein for sponsoring the lunch after the clinics.

Four week old turkeys arrived for those members interested in raising and then donating one for our Turkey Auction at the end of summer. Thanks to ASC Purina Sherbrooke for reducing feed costs for these turkeys.

Music Fest 2011 - Children's Wish Foundation Fundraiser. Our club put together a petting zoo for the Music Fest weekend donating our time and some baby animals to give children a fun place to go while parents enjoyed the dancing and other activities. Thanks go out to the Young, Drew, and Johnston families.

Achievement Day - On June 23<sup>rd</sup> we held our 2012 Achievement Day.

July brought Canada Day celebrations in Hatley. The club entered a float as well as putting on another petting zoo as our donation to the festivities.

July was also Provincial Rally in Shawville. We had 9 members attend. It was a long trip but lots of fun!

August for most of us was a month full of shows. Competing in the local fairs (Cookshire, Ayer's Cliff, Brome, and Richmond) and some also went to the Quebec Classique!

We also held our First Live Turkey Auction at Ayer's Cliff Fair. Top turkey sold for \$225. All proceeds went to the Music Fest Children's Wish.

September was back to school and we had a focus night at the Dollhat Farm where we had Callum McKinven give pointers on what to look for when judging dairy cows and the terminology to use when giving reasons. Thanks to Jimmy Dolloff and Meaghan Hatch for hosting our club!

October was fairly quiet. We held a meeting to prepare for November elections and others prepared for the Royal.

November - our club held our AGM and elections.

A local foundation (Tillitson Fund) that gives money for youth agricultural education awarded the Hatley club \$2500. We plan to use this money for some of our annual activities and some new ones. On November 25<sup>th</sup> our club will be going to Downey Tree Plantation in Hatley to learn about Christmas tree growing, how to make wreaths and a fun time with Hot chocolate and cookies. This activity is sponsored by the Tillitson funds.

## HOWICK 4-H CLUB

### Ben Hooker

Howick 4-H had a very busy year in 2011-2012. Our executive was as follows: President: Ben Hooker, Vice-President: Julie MacFarlane, Secretary: Emily McKay, Treasurer: Rachel MacFarlane, Press Correspondents: Katie McKay and Vanessa Templeton, Member at Large: Sam Rouleau. The following are highlights from our year:

**November:** 1) **Toronto Royal Winter Fair, Canadian Young Speakers for Agriculture:**

Three of our members attended the Royal winter fair in November to show cattle and also to participate in Public Speaking.

2) **National Conference:** Members and chaperones from all corners of Canada joined in Toronto to build inter-provincial friendships and expand their scientific knowledge. Samuel Rouleau of Howick 4-H was one of Quebec's representatives.

3) **AGM: Hosted** by Hatley for a weekend to discuss the year's activities and things to come.

4) **Cooking with Emily Templeton:** Our club benefitted from the Loblaws grant through a healthy eating activity with nutritionist Emily Templeton. We were taught recipes to use for school and at home.

**December: Community Service:** Our members helped to assemble food-baskets for those who needed them over the holiday season. Our second community event of the year took place in March as the garden project hosted a Friendship Luncheon for the seniors in Howick.

**January: Quebec 4-H Square Dance Competition:** Howick's square dancing club, led by Katie McKay enjoyed an afternoon of square dancing.

**February:** 1) **Mac Judging Competition:** Howick 4-H was invited to participate in the judging competition held at MacDonald College.

2) **Junior Winter Camp:** Camp began with the Ormstown Rec. Center, and had a fun conclusion at the Montreal Botanical Gardens and Ste-Anne-de-Bellevue Eco-museum.

**March: Innovative Ag Tour:** Held in neighboring Ormstown, allowed many Howick members to participate in seeing how different farms function across the valley.

**April: Citizenship Seminar:** Ben Hooker attended the week-long 4-H seminar in Ottawa, bringing members from all over Canada to an event that helped us realize what it was to be a Canadian.

**April/May: Ormstown and Vankleek Hill Square Dance Competitions:** Another two of the main square dance competitions for the year, Howick put together junior and senior teams for each.

**June: Ormstown Fair:** The fair was another opportunity for our calf club to show their capabilities at confirmation and showmanship, and compete against neighbouring clubs on a public stage.

**July: Provincial Rally:** Ten of our Howick 4-H members were present in Shawville for this year's edition of the rally, in which we participated in all events including showing, public speaking and life skills. **Fundraiser:** Over the past year, Howick 4-H organized two different bread sales to raise funds for the club. With the help of the community, we were able to have two successful sales.

**August:** 1) **Summer Junior Camp:** The 4-H Junior members gathered at Powerscourt campsite to once again meet fellow 4-H'ers their own age, and practice camping in the outdoors.

2) **Wedding Reception:** The garden project was asked to serve lemonade and h'orderves at a wedding reception, teaching young members and even the older ones how to serve and behave at more serious events.

**September: Achievement Day:** The re-cap of the year's projects was held at Terrace Bank Farm once again this year. We partook in judging, showing and project displays were made by many members.

**Events for the coming year:** Howick 4-H hopes to conduct activities in the coming year to attract members, and we also hope to have joint handicraft meetings with other clubs.

**HUNTINGDON 4-H CLUB**  
**Andrea Soesbergen**

The Huntingdon 4-H Club had another successful year this year! It started out in December with our annual skating day, bringing together family and friends from across the valley. During the winter months, the calf club held many barn meetings to practice judging skills, and the garden club held many meetings to learn how to cook and make different crafts. During the summer everything was busy as usual, with calf members getting their heifers ready for local fairs, and garden members keeping busy with their gardens. Our achievement day was held on the 9<sup>th</sup> of August, which allowed members to show off their projects from the year. Our annual meeting was held on the 12<sup>th</sup> of October, during which the executive for the coming year was decided. This year, Huntingdon 4-H will be run by co-presidents Rebeca Gabriel and Christopher Nieuwenhof (who will also be taking on the roles of treasurer and secretary, respectively), vice-president Andrea Soesbergen and junior-vice president Julia Nieuwenhof. Good luck to this year's executive! We are a small club but we are a mighty one!

**LACHUTE 4-H CLUB**  
**Donna Bider-Clark**

The Lachute Club has been growing steadily over the past few years and we are now up to 36 active members, 10 of which are new this year. Many past 4-H members now have children old enough to join, so these children are coming from families who have been actively involved in many 4-H positions in the past. This is creating a very vibrant enthusiastic club and we look forward to seeing these little ones take part in many of the events 4-H has to offer in the future.

We started our year at the Rotary senior's apartments, carolling and poetry readings as well as sharing homemade cookies, tea and coffee, always a hit for young and old.

Then we started into our projects. Our debate and public speaking practice was held in February where juniors and seniors chose topics, made up teams and researched their topics to be able to hold a debate. The ones that didn't take part had to do impromptu speeches on a word that was given to them.

In March we held our first square dance fundraiser at the Grenville Community centre. A good crowd turned out and the Lachute square dance teams got to show off their stuff. The kids also went to a sugar shack to learn about making maple syrup and Brittany Cruise taught them how to judge syrup.

In April we held a horse and rabbit showmanship clinic at the Heatlie farm and in May, the kids went to a green house to get some tips on growing giant pumpkins. Andrew McOuat held a judging clinic for the kids where they judged cows, flax, strawberries and photographs. In June they went to visit a beef farm and learn how to judge cow-calf combos.

July, of course, was the busiest. Some of the senior members went off to Rally and had a great time. The following week the members decorated a float for the Lachute fair parade and won first prize for their entry as well as being the noisiest float in town. They worked at the ice cream booth in shifts and did very well.

Our Achievement Day was the 25<sup>th</sup> of August at the fairgrounds where the kids showed off their garden produce, turkey and pumpkin projects, rabbit, chicken, goat, horse and calf projects as well as a barn full of baking and crafts. They also took part in a mini judging competition and brought in field crops to be judged.

*Continued on page 13.*

**LACHUTE 4-H CLUB** *Continued*

Some members took part in our turkey project, where they raised newborn chicks up to market weight. Our largest male topped 32lbs. The kids opted to donate some of the turkeys to the food bank, so the turkeys were auctioned off at the banquet and the proceeds were then sent to the local food bank. We also took part in the pumpkin contest. Only one member was able to grow some decent sized pumpkins and her biggest was 116lbs. It's not Ormstown weights, but it's a start.

The Lachute 4-H square dance teams really took the stage this year. There were enough kids to make up three teams so new outfits had to be made. We are so grateful for the crafty volunteers in our neighborhood that came to our rescue. The club owes a big thank you to all the volunteers who pulled the dancers together. The fabric was purchased through a grant by FCC and Desjardins Argenteuil.

We closed the year with our annual banquet, giving the members an opportunity to thank all those parents and volunteers who helped the kids learn new skills and have a great deal of fun.

**MAC JAC 4-H CLUB**  
**Mathieu Rouleau**

This year on the Macdonald and John Abbott campus, MAC JAC 4-H got together to square dance, two step, and line dance, once a week every week when exams weren't going on. We had over 20 people participate during our practices throughout the year. Our main goal was to create a pass time for 4-H'ers and 4-H friends to do on campus through 4-H while recruiting new members. Our executive of the year included Colin Murphy and Mathieu Rouleau as co-presidents and Colin Murphy was the Provincial Director.

Some of our members got the chance to partake in the video conferencing put on by the Quebec Farmers' Association where they learned and listened to people on the industry. In March, we also welcomed guest speaker Diana Prenovost to inform us more about financial planning.

We attended both the Quebec 4-H Square Dance Competition in January and the Ormstown 4-H Square Dance Competition in April. We brought a first time caller and new dancers to the team. We have taken part in the Royal Agricultural Winter Fair square dancing competition and we had a blast. Our team was very pleased to have brand new costumes this year made by Jacinthe Trepanier and we had lots of fun showing them off at the Royal.

We welcome new faces throughout the rest of the year to square dance with us so feel free to contact us. We do a separate practice for the competitions we go to, so come with your dancing shoes to learn new dances with us.

**MONTÉRÉGIE 4-H CLUB**

The Montérégie 4-H club had 5 members registered this year.

**ORMSTOWN 4-H CLUB**  
**Melissa Duncan**

2012 was yet another busy year for Ormstown 4-H. The executive for this year was Melissa Duncan as President, Carrie Simpson as Vice-President, Véronique Brisson as Treasurer, Laura Bryson as Secretary and Ashleigh Cavers as Press-Correspondent. Members participated in square dancing, the calf club and food project, as well as taking part in many events and fundraisers throughout the year.

Our square dancers were very active this year. They participated in Quebec 4-H's competition in Sainte-Anne-de-Bellevue in January, our own club's annual competition in April, and they also competed at the Vankleek Hill competition in May. They also danced demonstrations on many occasions this year, including Havelock Fair and the Branches and Roots Festival in Ormstown.

Our calf club was equally active, having four meetings in the winter and early spring to practice judging and a showmanship clinic in late May to brush up on skills before the show season began. Members attended the Ormstown, Huntingdon and Havelock Fairs, the Provincial Rally, as well as our club's achievement day in August. We also had 4 members represent South-West Quebec at the TD 4-H Classic at the Royal this month, where Véronique Brisson's heifer was 1<sup>st</sup> place Summer Yearling, and Carrie Simpson's heifer placed as Reserve Ayrshire!

Our club also continued the food project this year, where members learned how to make bread at one of the days. Members also learned how to decorate cakes and cupcakes, which was incorporated into the baking classes at our achievement day.

As for fundraising, we again held a pancake supper in March, and our annual square dance competition in April, where we made a good profit. Both events were brought about by a large amount of support from parents, friends and community, which we can never thank enough. We also ran the dairy booth at Ormstown Fair again this year, where we did very well.

Provincially, we had a large number of members attend the Winter and Summer Junior Camps, and members also attended the Intermediate Leadership Camp. Ormstown also hosted the Innovative Ag Tour this year, where we visited a large dairy farm, a start-up dairy operation, a horse farm, an alpaca farm, and a soybean producer and exporter, among other ag businesses in the area. We also had one member attend the National 4-H Conference held in Montreal this year, and one member also participated in the Garfield Weston International Exchange with Jamaica.

Finally, our long time club leader, Laura Johnston, was nominated this year for the National Volunteer Leader of the Year Award, and she was selected as the winner for the province of Quebec. Congratulations to you Laura, and thank you for all your time, patience and expertise over the years!

Thank you also to the parents and families who have supported us this year and in years past!



## **RICHMOND 4-H CLUB**

### **Andrew Boerson**

The Richmond club started the new 4-H year with our AGM held at Agritex in Richmond. Our new executive included: Colt Mastine - president, Carly Morin - junior leader, Allison Mastine - vice-president, Leah Driver – 2nd vice, Kira Nelson - Treasurer, Chelsea Morin - secretary, Eliza-Jane Morin - provincial director. After the elections we held a farm safety day with the help of Quebec 4-H. The community was invited to attend. We had a simulated ambulance call, and we were taught how to handle dangerous situations.

After our club AGM, we participated in our local Remembrance Day parade put on by the Legion. We walked from the Legion to the memorial statue and placed crosses along the fence. This has become an annual tradition in our club.

Every year, our club has members that participate in square dancing, and for the past few years we have put on a spectacular show in December for the Wales Home, our local seniors home. At the end of the show we have the residents come and join us for a dance (the Virginia reel) which always brings smiles to their faces. We participated in the Quebec 4-H Square Dance Competition held in January. Later in the year, the team participated in the Annual Ormstown square dance competition held in April. The only team we entered, which was our senior team, placed first bringing home Richmond's first square dancing trophy.

March saw us decorating a float and entering it into the Richmond St. Patrick's Day parade. Also in March we hosted a military whisk card party for the community. This was one of the many fundraisers our club does throughout the year. At our monthly meeting we had a sliding party at the Smith's complete with hot chocolate to warm us up.

In April, we held what we hope will be the first of many Richmond 4-H dances. It was held at Centre St.Famille in Richmond with the public invited to dance the night away with Slightly Haggard. Our April meeting was a judging clinic hosted by the Laberge's.

In May, we had a showmanship clinic where we learned how to show beef, sheep, dairy, horse, goat, rabbit and chickens. For lunch we had Domino's Pizza, owned by Corey Morin, a huge supporter of Richmond 4-H. Alan Whitehead did a demonstration of Gymkhana which is barrel racing, poles, quads and key holes.

In June, we had our Achievement Day showing many different kinds of projects including beef, dairy, rabbit, sheep, goat, poultry and garden project. Like in the previous years the parents put on a BBQ in the barn after showing, and families either brought salads or desserts. The day finished with the much-awaited interbreed showmanship competition won by Lee Ann Nelson.

On July 1<sup>st</sup>, we put on our annual strawberry social at the fairgrounds, serving about 250. We sent 15 members to Rally in Shawville, coming home with some spectacular prizes. Kira Nelson won Grand Champion Showperson, Abby Morin won Champion Rabbit, and in the 12 – 15 year old category, Andrew Boersen won top Judge and tied for top individual aggregate.

At Richmond Fair, at our interclub competition we had over 100 participants from 5 different clubs. Members presented their different projects and the champions from each type of animal competed in the interbreed Championship. Also, the poultry club had their annual poultry auction. The highest bird owned by one of our younger members sold twice to send \$160 to the CHUS, our local hospital! 15% of all the proceeds from the auction went to the CHUS foundation. The club matched the amount that the poultry auction donated.

In October, we made 740 pies, thanks to the Nelson family who kindly host this fundraiser every year. We took two days to complete this unbelievable task. With presales to the community, this is our biggest fundraiser.

We would like to thank all our supporters and members for such a successful year. IN 2013, we will be hosting Innovative Ag Tour, having a community dance for Alumni 4-H'ers and we even would like to have a 100<sup>th</sup> year anniversary float in our St. Patrick's day parade.

## **SAWYERVILLE 4-H CLUB**

### **Ben Nichols**

The Sawyerville 4-H club has once again had a very busy year, which is an attestation to the size (currently 60 members) and interest of our rapidly growing club. On November 5<sup>th</sup>, 2011, we had our club AGM and the new executive consisted of Matthew Burns (President), Todd Rivett (Vice-President), Cameron Burns (Treasurer), Sarah Burton (Secretary) and Ben Nichols (Provincial Director).

As a Christmas activity for our meeting on December 2<sup>nd</sup>, we decorated gingerbread houses and collected non-perishable food items for our local food bank. The club held its annual banquet January 27<sup>th</sup> and a wonderful potluck meal was enjoyed by all before the awards were handed out to the members who had won them for the past year; there were awards for top showmen of each animal at Achievement Day, certificates for new members and many more. No one went home empty handed. A week later, two of our members participated in the Mac Judging Competition, forming a team with two members from Hatley. We came home as the 3<sup>rd</sup> place overall 4-H team. During March break, the Burns family hosted a Winter Fun Day, where many members participated in sliding, field hockey (literally played in a field) and other activities. The club had an excellent turnout for its annual 4-H dance on May 19<sup>th</sup> at the Cookshire Fairgrounds. On May 25<sup>th</sup> the club went to the home of long-time club supporter Dave Young and learned a bit about judging market lambs, but perhaps more interesting was when he showed us a demonstration of a sheep dog in action. Many members were fascinated to see how the dogs could understand exactly what to do just from a few different whistles. We had a club meeting afterwards and members also picked up packages of seeds for our annual Garden Projects, where the members plant the seeds and bring in the harvest in the fall to be judged.

During the summer there were many shows that members participated in, starting with the Provincial Rally. We had 4 members make the long journey to Shawville and everyone had a great time and learned many new things. Next was our club Achievement Day on July 29<sup>th</sup>. Everyone met at the Cookshire Fairgrounds and had a great time showing their animals. We had 46 members participating in classes of Dairy, Beef, Goats, Sheep, Ponies, Chickens and Rabbits. After showing, there was a potluck lunch with the main course being provided by the Bulwer QFA. The next time members met during the summer was to help out the Cookshire Fair, by painting the fence around the main ring, the younger members had an especially great time covering themselves (and part of the fence) in paint. Soon after that was the Cookshire Fair where the club had its largest turnout of the season and had many members do extremely well in the shows. The club also ran its annual ice cream booth at the Fair and we had a great year, with many new members learning the ropes and having fun doing it. Other shows that members participated in included Ayer's Cliff Fair and Richmond Fair.

On September 28<sup>th</sup> the club resumed its regular meetings and members also brought in their produce from their garden projects. As well as having their produce judged, members were encouraged to bring extra produce to donate to the Cornerstone Food Bank, which resulting in our filling a car with donated produce. The next meeting was the end of the year as it was our AGM and our new executive was elected. Members finished off the year by trying their hand at baking, by making fall harvest desserts and bringing them in to celebrate the harvest season.

At our next meeting we plan on making Christmas decorations (wreaths, candle holders) then giving them away to friends and family as a gesture of giving back to our community. The club has high hopes for the future as we have practiced our judging skills by learning how to judge dairy cattle, oats, heavy horses and sheep in the past year and we plan to continue learning how to judge more things in the next year. We look forward to hosting the Provincial Rally and celebrating 100 years of 4-H in Canada. With a growing club like Sawyerville there is plenty of hope for 4-H to continue for many years.

## **SHAWVILLE 4-H CLUB**

### **Lindsay Howard**

During the Christmas Break, the year kicked off for the Shawville 4-H club with an hour of skating at the Shawville arena for members and friends. It was a fun filled hour, with attendees enjoying the free skate and a small hockey game.

January 29<sup>th</sup> was the first meeting of the year. The club was welcomed back for a new year, with a new executive: Emily Simms, president; Kalie Dufault, vice president; Lindsay Howard, secretary; Laura Dagg, reporter; and John Dagg, junior director. The new leaders were also announced and a quick presentation on square dancing was given by our new overall leader Tyler McCann.

On March 12<sup>th</sup>, three members from Shawville attended the Ottawa Valley Farm Show Judging Competition. Our Shawville team won the award for the top team; also receiving a cash prize of one hundred and twenty dollars. All three members of the team were in the top ten individual judges. Kathleen Hickey placed tenth, Lindsay Howard placed fourth and Laura S Dagg placed second overall.

On April 10<sup>th</sup>, members got a head start on their herb gardens for Provincial Rally. On April 28<sup>th</sup>, a beef and steer selection meeting was held at Ryan and Holly Currie's farm, where members learned what to look for in their beef projects with Ryan Currie.

May was an exciting month for the Shawville Club. The junior team of square dancers got to show off months of dedication at the Vankleek Hill Square Dancing Competition where they placed fifth. The next day, members fundraised \$500 for the Relay for Life with a mother's day breakfast. Later that month, members learned tips on how to chose dairy, chicken and sheep projects at the farm of Dan and Nancy Egan, with a guest speaker from the Renfrew County Sheep club demonstrating the qualities to look for in show sheep.

On June 10<sup>th</sup>, a judging clinic was held at Andrew Simms's farm where the club shined up their judging skills in preparation for Provincial Rally.

The club participated in the Canada Day parade in Shawville. Following the parade, ice cream was served from the 4-H booth along with games outside including a water balloon fight.

July 5<sup>th</sup> – 8<sup>th</sup> was a busy weekend for Shawville. After almost a year of preparation, it was finally the weekend Shawville hosted Provincial Rally. With many members from different clubs participating, including all members from Shawville; Rally was a busy, fun filled weekend for the club. Members took part in the Farmer's Olympics, judging and show day. Rally was definitely the highlight of the club's year.

August 12<sup>th</sup> was Mock Show for the members, where we learned tips on preparing animals to show and improvements to make before Shawville Fair. We also learned some display tricks and enjoyed a barbeque lunch.

It was just two weeks before Shawville Fair when the Ambassador Competition took place. Laura Stephens Dagg won with her speech representing the 4-H division.

Shawville Fair was another event many participated in. During the two show days, members demonstrated all the work they put into their show projects. For the dairy, Andrew Hickey, Jordan Horner, Cassie Leach and Brett Sheppard advanced to the Metcalfe Regional Championship Show along with Kalie Dufault, Kyle Dufault, Nick Tubman and Tyler Tubman representing the beef members.

October 27<sup>th</sup> was a day for the club to reflect on the year at the Awards Banquet. The next day was Shawville's Annual General Meeting where the new executive was elected.

In November, four members took part in the Royal Agricultural Winter Fair.

Thanks to the former executive for their dedication to the club this year and to the leaders, parents and volunteers, without them our year would not have been such a success.

### **VALLEY ADVENTURE 4-H CLUB**

The Valley Adventure 4-H Club faced challenges this year. Some of the older intermediate members resigned from the club to focus on school, sports and new jobs. Senior members remained part of the club but were unable to participate in activities while away at school. Dealing with the illness and death of her mother, one leader was unable to dedicate time to the club. As a result it was a quiet year. 2012 was the first time in a number of years that the club did not hold their annual spring camp in April or participate in the Great Canadian Shoreline Clean-up in September.

The club did manage to seek out adventure during the winter of 2012. On Saturday, February 11, members, leader and volunteer chaperone travelled to Quebec City along with the Ormstown Scouts. Everyone enjoyed the fresh air and winter sports at Carnival. Some members even took a dip in the arctic spa. The parade was the highlight of the evening before everyone settled down for the night at the local Scout Centre. On Sunday the 12<sup>th</sup>, the group explored the Ice Hotel and got more exercise on the indoor and outdoor slides. A week later, the club embarked on an outing closer to home including perusing the works of art at a local gallery and a hike at the Reserve Nationale de la Faune du Lac Saint-François. Members climbed the tower for a bird's eye view of the reserve then slipped and slid along the canal working up appetites that were satisfied with samples of duck and venison back at the centre.

The club was well represented at Winter and Summer Junior Camps as well as Intermediate Leadership Camp. Younger members attended as participant. Older members and a volunteer leader assisted as chaperones.

Looking forward to new adventures in 2013.

### **4-H on the LOWER NORTH SHORE**

Shelley Fequet (St. Paul's KIDS Summer Camp coordinator) and Alexandra Vatcher-Evans (Harrington School CLC Development Agent) attended the Atlantic 4-H Volunteer Leaders Conference from March 2 – 4. Travel to the conference, held in Debert, Nova Scotia, was made possible through funding from the RBC 4-H Youth Outreach Program.

Over the summer, 10 members and 2 chaperones from the Harrington Harbour 4-H Club travelled to Spruce View, Alberta courtesy of the 4-H Youth Exchanges Canada program. In August, they welcomed their twins to their community where everyone enjoyed whale watching, hiking, lobster boils, picnics, and visits to local spots of interest. Some of the 17 members of the Chevery 4-H Club also joined in the fun when their neighbouring community was hosting their new friends from the west. Funding from the FCC 4-H 4-Ever Grant program helped with hosting expenses.

An additional 80 4-H members participated in the KIDS Summer Camp program coordinated by the Coasters Association. This year's theme was "When I Grow Up" with weekly sessions including Pirates R Us, Cowboy/Cowgirl Round up, Fireman Frenzy (water week), Spaceman Surprise, Vets Pets, I'm a Superstar, and finally, Whenever, Whatever, Wherever. All games, crafts, and other activities revolved around the weekly themes. One of the great highlights was the hiring of a "Shadow" for a camper with behavioral and physical disabilities for 3 weeks.

## QUEBEC 4-H PROVINCIAL ACTIVITIES 2012

### **Winter Junior Camp**

This fun-filled weekend for members aged 9 – 12 was held from February 24<sup>th</sup> – 26<sup>th</sup>. 8 different clubs were represented by the 29 participants, 4 senior member chaperones and 1 adult volunteer. The first night was spent at the Ormstown Recreation Centre where everyone enjoyed crafts and games based on the Eco-Aware theme. After a morning of sledding, the group travelled by bus to the Montreal Botanical Gardens for the Butterflies Go Free exhibit. Then it was off to the Ecomuseum in Ste-Anne-de-Bellevue to spend Saturday night. Participants enjoyed close up looks at small animals and a nighttime tour of the pens of the nocturnal birds and mammals. Members also learned food preparation and cooking skills while they helped prepare meals for the group.

### **Innovative Ag Tour**

Ormstown 4-H hosted 4-H'ers from 10 different clubs during the tour held March 9<sup>th</sup> – 11<sup>th</sup>. A total of 43 participants visited a variety of agribusinesses in the Chateauguay Valley. Stops included Marie-Claude Loiselle's Canadian horse farm, a small Holstein herd at Ferme Kostka owned by Pierre Loiselle and Claudia Machabee, a tour of the sugar shanty owned by Chantal Vinet, Les Bergeries Mimeault, Bryhill Farm, AlpacAdore, Anglo Acres, SG Ceresco and Les Serres PM Marcil. Several family members joined along for parts of the tour. An evening of bowling topped of the event.

### **Intermediate Leadership Conference**

From May 25<sup>th</sup> – 27<sup>th</sup>, 21 members ages 12 – 16 spent a weekend camping at Tamaracouta Scout Reserve, Mille Isles, QC. 3 senior member and 2 adult volunteer leaders, along with a volunteer quartermaster, helped to chaperone the event. 7 clubs were represented. During mini-meetings, members took turns in roles such as president and secretary, making decisions which impacted their weekend and provided suggestions to the provincial association. Through teamwork, campers competed in adventure challenges such as kayaking, archery, and rock wall climbing.

### **Provincial Rally**

The 37th annual Provincial Rally was hosted by the Shawville 4-H Club from July 5<sup>th</sup> – 8<sup>th</sup>. 101 members participated with 121 projects. Countless other members, parents, volunteers, and spectators also attend the event. The theme of "The Good Old Hockey Game" was evident in the costume class, Farmers' Olympics, barn displays, life skills classes and some of the public speaking topics. Show Day included rabbits, poultry, goats, sheep, horses, dairy, beef, and steer classes. Judging and fitting competitions rounded out the weekend.

### **Summer Junior Camp**

From August 12<sup>th</sup> - 15<sup>th</sup>, 4-H'ers aged 9-12 gathered at Dunn Memorial Camp in Powerscourt for a summer camp with a First Nations theme. 16 members from 7 different clubs registered and were supervised by staff along with two volunteer chaperones and quartermaster. Campers visited the Droulers Tsiiionhiawkwatha Archaeological Site to see the re-created longhouses in the Iroquoian Village and explored the Lac St. Francois National Wildlife Park on foot and rabaska canoe. Participants assisted with daily chores, including cooking and cleaning-up and practiced camping skills such as putting up tents and campfire building, putting up tents. Tie-dyeing t-shirts was a popular activity. Campers enjoyed corn on the cob and later crafted the husks into dolls.

### **Discovery Day – Caves & Cranberries**

With the cranberry harvest happening earlier than anticipated, the date for the outing was changed from October 20<sup>th</sup> to October 13<sup>th</sup>. This caused scheduling conflicts for some senior members. Unfortunately, lack of sufficient registrations for the new date resulted in the cancellation of the event.

## **CANADIAN 4-H COUNCIL NATIONAL PROGRAMS**

### **NATIONAL CONFERENCES**

#### **U.S. National 4-H Conference**

Each year a handful of Canadian 4-H'ers join approximately 300 American delegates in Washington, D.C. for the conference. Through workshops, social events and group activities, participants gain a better understanding of 4-H and enhance their leadership skills. They also tour Washington and visit sites such as the Lincoln Memorial, the Peace Tower and Capitol Hill. Changes in funding for this program, prohibited Quebec 4-H from sending a delegate this year.

#### **National 4-H Citizenship Seminar**

From April 13<sup>th</sup> - 19<sup>th</sup>, 60 4-H members attended this conference in Ottawa. Brittany Taillon (Hatley 4-H), Ben Hooker (Howick 4-H), Emma Sutherland (Huntingdon 4-H) and Lexie Tucker (Valley Adventure 4-H) represented Quebec along with chaperone Caitlin MacDougall. This conference gives insight into the country's political processes as well as the rights and responsibilities of Canadian citizens. Former Quebec 4-H president and current Shawville 4-H leader, Tyler McCann, in his capacity as Policy Advisor to Minister of Agriculture Gerry Ritz, gave a presentation about a day in the life of a Member of Parliament. Witnessing the swearing-in ceremony for new Canadian citizens was a highlight for all.

#### **National 4-H Conference – Destination: Communication**

For the first time in its 81 year history, National Conference was held outside of Toronto. Quebec 4-H helped organize the event held in Montreal September 19<sup>th</sup> – 23<sup>rd</sup>. 84 Canadian 4-H members, 2 U.S. delegates, 9 chaperones and 3 staff rode the Metro to CBC radio and tv studios and walked to Old Montreal for activities at Pointe-a-Callière Museum and the Montreal Science Centre as well as a Ghost Hunt. Delegates travelled by bus to Ferme Ruban Bleu and Quinn Farm where they learned about the importance of communications in marketing and staff relations. Guest speakers included Jean Beliveau who walked around the world visiting 64 countries in 11 years, empowerment coach Samantha Biron, 4-H alumnus Avaleigh Eastman who demonstrated how the Dairy Farmers of Canada uses social media, and Graham Fraser, the Commissioner of Official Languages.

#### **National 4-H Leaders Conference**

Alberta hosted the national conference this year from January 11<sup>th</sup> – 15<sup>th</sup>. Erin Scoble and Phyllis Danforth, from Richmond 4-H and Howick 4-H respectively, were sponsored by Quebec 4-H to attend the national event.

*Quebec 4-H is eligible to send between 1 - 4 delegates to national programs and may sometimes send additional delegates if other provinces have not filled their quota. National Conferences for members are open to 4-H'ers ages 16 to 21. Quotas for international programs change on a yearly basis. Quebec 4-H covers 1/3 of the delegate registration fees of \$250 for C4-HC national programs and \$350 for international programs for each Quebec 4-H member. Chaperones for national events are required and do not have any cost to attend. Quebec 4-H subsidizes the entire registration fee for volunteers attending the National Leaders Conference.*

## CANADIAN 4-H COUNCIL NATIONAL PROGRAMS

### EXCHANGES

#### **4-H Youth Exchanges Canada**

This program, open to delegates ages 12 to 17, offers an opportunity to see more of Canada while gaining lasting friendships and memorable experiences. In summer 2012, the Harrington Harbour 4-H Club based in the Lower North Shore was paired with a club in Alberta. The deadline to apply for 2013 is February 1<sup>st</sup>.

#### **W. Garfield Weston Foundation 4-H International Exchange**

This program offers members ages 18 and older an opportunity to learn about another country's agriculture and resources, gain a broader world outlook and forge new friendships while representing 4-H in Canada. Participants stay with host families while spending approximately five weeks in each other's countries. In summer 2012, Julie Neal of Ormstown 4-H had the opportunity to visit Jamaica while Meredith Closs of MAC JAC 4-H visited the United Kingdom.

### SCHOLARSHIPS AND AWARDS

#### **Co-operators National Volunteer Leader of the Year Award**

Members are encouraged to give their leaders the recognition they deserve by nominating them for this award. One leader from each province wins \$100 plus a gift basket of Co-operators and 4-H merchandise. A national winner is awarded an additional \$1,000 plus a trip to the National 4-H Conference. Ormstown 4-H's Laura Johnston was selected as the Quebec award recipient this year. The deadline for nominations for 2012 is December 16<sup>th</sup>.

#### **TD 4-H Agriculture Scholarship**

TD Bank Financial Group and the Canadian 4-H Council proudly sponsor up to 10 scholarships valued at \$2,500 each for members in their last year of highschool or CEGEP who are planning to pursue post-secondary studies in a discipline related to agriculture or agri-business. Winners are selected based on numerical grade point average. Melissa Duncan from Ormstown 4-H won this award at the end of 2011.

#### **CIBC 4-H Post-Secondary Education Scholarship**

4-H'ers completing their last year of high school or CEGEP are eligible to receive one of 3 scholarships valued at \$2,500 each. This program is open to students who plan to pursue full-time post-secondary education. Winners are selected based on marks and extracurricular activities.



*For more information about these and other Canadian 4-H conferences, exchanges, awards, scholarships and grants visit [www.4-h-canada.ca/core/programs](http://www.4-h-canada.ca/core/programs)*

## **4-H CANADA GRANTS**

### **FCC 4-H 4-Ever**

Farm Credit Canada provided grants of up to \$500 for 4-H clubs to help them cover operational costs. The Harrington Harbour 4-H club on the Lower North Shore used funds from their grant to assist with expenses of hosting their twins from Alberta. Lachute, Ormstown, Richmond and Valley Adventure 4-H clubs also received funding in 2012. The program is temporarily on hiatus during the 4-H Canada centennial.

### **Agrium 4-H Youth leadership Initiative Program**

Funds help support Quebec 4-H Intermediate Leadership Camp.

### **Sears in your Community 4-H Club Grants Program**

Funds help support the Junior Camp theme projects.

### **Growing Forward Business Development Program**

Funds help support the publication of the Quebec 4-H News Spreader, a publication of 8 to 16 pages which is mailed every second month to the households of all Quebec 4-H members and leaders, as well as sponsors and subscribers.

### **RBC Rural-Urban Youth Outreach Program**

In 2011 – 2012, 2 grants were received through this program. One grant made the 4-H Fun Day held in the Chateauguay Valley in November 2011 a possibility in order to raise awareness of 4-H in the broader community. The second grant made it possible for leaders from the Lower North Shore to travel to the Atlantic 4-H Volunteers Leaders Conference in March 2012.

## **OTHER 4-H PROGRAMS**

### **Canadian 4-H Council Youth Advisory Committee**

With representatives from each provincial organization, YAC allows a youth voice in program development and decision making at the national level. Huntingdon 4-H member Charles Gascon is currently serving as vice-chair. Charles travelled with YAC to the 4-H Canada AGM held in St. John's, Newfoundland May 30<sup>th</sup> – June 2<sup>nd</sup> and to Canada's Outdoor Farm Show in September.

### **Show Your 4-H Colours Day**

On Wednesday, November 7<sup>th</sup>, 21 4-H'ers from John Abbott and Macdonald Colleges got their green on for square dancing practice and a photo session. Another 17 members gathered at a school in Richmond while smaller groups got together in Hatley, Shawville, and at Chateauguay Valley Regional High School. Across the nation people sported the color green to show to show their 4-H pride. Federal Agriculture Gerry Ritz declared it National 4-H Day. This year's motto was We See Green.

### **Atlantic 4-H Volunteer Leaders Conference**

From March 2<sup>nd</sup> – 4<sup>th</sup>, 4-H leaders from Eastern Canada met in Nova Scotia. Lower North Shore leaders Shelley Fequet and Allie Vatcher-Evans were able to attend thanks to funding from the RBC 4-H Youth Outreach Program.

### **4-H FCC Centennial Public Speaking Program**

In celebration of the 100<sup>th</sup> anniversary of 4-H in Canada, Farm Credit Canada has provided funds to provincial 4-H associations across the country. Monies were destined for the purchase of a video camera to record public speaking competitions and for cash prizes for top winners. FCC has also created the Shout Out for Ag! Contest whereby members can win up to \$2000 for their clubs by creating 30 second videos promoting agriculture.



## **OTHER ACTIVITIES AND PROGRAMS**

Throughout 2012, Quebec 4-H members participated in a number of other activities open to 4-H members at the regional, provincial, national, and levels.

### **Judging Competitions**

24 Quebec 4-H'ers participated in the Macdonald College Intercollegiate Judging Competition held on February 4<sup>th</sup>, judging in the 4-H and Intercollegiate categories. Points from Mac Judging and Quebec 4-H Provincial Rally are combined to decide the 4-H judges of the year. Several 4-H members attended the Université Laval judging competition and a team from Shawville 4-H took top honours at the Ottawa Valley Farm Show.

### **Square Dancing Competitions**

To complete the Square Dance Revitalization Project funded by the Department of Canadian Heritage, Quebec 4-H held a provincial competition on January 21<sup>st</sup>, 2012 in Ste-Anne-de-Bellevue. Five teams danced to the tunes of the Neil Mackay band, with over 80 people in attendance. On April 21<sup>st</sup>, Ormstown 4-H hosted their annual competition with 12 teams participating and over 250 people in attendance. Teams from Ormstown, Howick, Shawville and Lachute attended the Vankleek Hill Fiddle and Dance Association Square Dance Competition on May 12<sup>th</sup>. A team from the MAC JAC 4-H Club competed at the RAWF in November. 4-H'ers across the province also danced at various venues throughout the year, providing entertainment at community events and service through performances at seniors' residences.

### **Classique des Jeunes Ruraux Québécois**

Members from Hatley, Lachute, and Richmond 4-H clubs attended this show at Expo Québec from August 18<sup>th</sup> – 20<sup>th</sup>. In intermediate showmanship, Hatley 4-H members Alana McKinven and Martha MacKinnon took 1<sup>st</sup> and 3<sup>rd</sup> respectively out of a class of 68. In a senior showmanship class of 53, Brooke McKinven of Hatley 4-H took 3<sup>rd</sup>, followed closely by Jesse Bradley of Lachute 4-H in 4<sup>th</sup>. Several 4-H heifers placed well in conformation also.

### **Royal Agricultural Winter Fair**

The TD 4-H Junior Dairy Classic was held November 3<sup>rd</sup> – 5<sup>th</sup>, with 21 Quebec 4-H'ers from 3 regions attending. The South-West region was represented by 3 Howick 4-H members, 2 from Huntingdon, and 4 Ormstown 4-H'ers. The South-East Quebec team of 8 was filled half and half by Hatley 4-H and Richmond 4-H members. There were 2 representatives for the North-West Quebec region from Lachute 4-H, and 2 members from Shawville. South-East was the winner of Group of 3. Hatley 4-H's Alana McKinven took Grand Champion Interbreed with her Jersey Yearling M-Signature Verbatim Tia Maria. Alana placed 2<sup>nd</sup> of 122 in intermediate showmanship while Richmond 4-H'er Kayla St. Cyr placed 26<sup>th</sup> of 137 in senior. 2 members from Shawville 4-H and 1 from Brome participated at the National Junior Beef Heifer Show. Along with participating in the senior division of the Canadian Young Speakers for Agriculture competition on November 3<sup>rd</sup>, Huntingdon 4-H member Andrea Soesbergen also sang O Canada at the opening ceremony of the Classic. A team of MAC JAC 4-H square dancers and their caller performed in the competition on November 11<sup>th</sup> where they earned 4<sup>th</sup> out of 7 in the university 4-H category.

Quebec 4-H Annual Report 2011-2012

To the Members of  
**“ASSOCIATION 4-H DU QUÉBEC  
 /QUÉBEC 4-H ASSOCIATION.”**

I have audited the Balance Sheet of  
**“ASSOCIATION 4-H DU QUÉBEC  
 /QUÉBEC 4-H ASSOCIATION.”** As  
 at March 31, 2012 and the statements of  
 changes in net assets and Income and  
 expenditures for the year then ended.  
 These financial statements are the  
 responsibility of the Association’s  
 management. My responsibility is to  
 express an opinion on these financial  
 statements based on our audit.

Except as explained in the following  
 paragraph, I conducted my audit in  
 accordance with Canadian generally  
 accepted auditing standards. Those  
 standards require that I plan and  
 perform an audit to obtain reasonable  
 assurance whether the financial  
 statements are free of material  
 misstatement. An audit includes  
 examining on a test basis evidence  
 supporting the amounts and disclosures  
 in the financial statements. An audit also  
 includes assessing the accounting  
 principles used and significant estimates  
 made by management, as well as  
 evaluating the overall financial  
 statement presentation.

In common with many non-profit  
 organizations, the Association derives  
 revenues and contributions from various  
 sources, the completeness of the non –  
 government revenue and contributions  
 are not susceptible to complete audit  
 verification. Accordingly, my  
 verification of these revenues was  
 limited to the amounts recorded in the  
 records of the Association and I was not  
 able to determine whether any  
 adjustments might be necessary to  
 revenues and net assets.

In my opinion, except for the effect of  
 adjustments, if any, which I might have  
 determined to be necessary had we been  
 able to satisfy myself concerning the  
 completeness of the non-government  
 revenues and contributions referred to in  
 the preceding paragraph, these financial  
 statements present fairly, in all material  
 respects, the financial position of the  
 Association as at March 31, 2012 and  
 the results of their operations for the  
 year then ended in accordance with  
 Canadian generally accepted accounting  
 principles.

Dugal Boivin, C.A.  
 Chartered Accountant  
 City of Brossard,  
 June 28, 2012

**BALANCE SHEET AS AT MARCH 31, 2012**

	<b>2012</b>	<b>2011</b>
<b>ASSETS CURRENT</b>		
Cash on hand and in bank	\$ 40,752	\$ 38,788
Term deposits	5,000	-
Accounts receivable (note 4)*	11,571	13,486
Prepaid expenses	<u>3,401</u>	<u>2,692</u>
	60,724	54,966
<b>PROPERTY AND EQUIPMENT (note 3)*</b>	<u>403</u>	<u>575</u>
	\$ 61,127	\$ 55,541
	=====	=====
<b>LIABILITIES CURRENT</b>		
Accounts payable and accrued liabilities (note 6)*	\$ 16,238	\$ 14,288
Deferred membership fees (note 7)*	<u>9,224</u>	<u>8,473</u>
	<u>25,462</u>	<u>22,761</u>
<b>NET ASSETS</b>		
Net assets invested in property and equipment	403	575
Unrestricted net	<u>35,262</u>	<u>32,205</u>
	<u>35,665</u>	<u>32,780</u>
	\$ 61,127	\$ 55,541
	=====	=====

**STATEMENT OF INCOME FOR THE YEAR ENDED MARCH 31, 2012**

	<b>2012</b>	<b>2011</b>
<b>REVENUES</b>		
Grants – Canadian Heritage – Program	60,000	55,000
Canadian Heritage - Project	7,020	4,920
Canada Summer Students	7,843	5,198
Donations	16,469	15,346
4-H Programs (page 9)*	42,846	37,725
Memberships Fees	12,169	11,192
News spreader	2,726	4,500
CASA project	7,037	4,348
All other Revenues	<u>519</u>	<u>2,203</u>
	<u>156,629</u>	<u>140,432</u>
<b>EXPENSES</b>		
Canadian Heritage - Program (page 9)*	60,181	55,006
Canadian Heritage – Project (page 9)*	5,055	532
4-H Programs (page 10)*	34,159	34,509
CASA project (page 10)*	4,022	3,037
General Operations (page 10)*	<u>50,327</u>	<u>41,731</u>
	<u>153,744</u>	<u>134,875</u>
<b>EXCESS OF REVENUES OVER EXPENSES</b>	\$ 2,885	\$ 5,557
	=====	=====

**STATEMENT OF CHANGES IN NET ASSETS  
 FOR THE YEAR ENDED MARCH 31, 2012**

	<b>2012</b>	<b>2011</b>
<b>NET ASSETS</b>		
<b>BEGINNING OF YEAR</b>	\$ 32,780	\$ 27,223
Excess of revenues over expenses (expenses over revenues)	<u>2,885</u>	<u>5,557</u>
<b>NET ASSETS (LIABILITIES)</b>		
<b>END OF YEAR</b>	\$ 35,665	\$ 32,780
	=====	=====

\* **NOTE:** A complete version of these Financial Statements and accompanying notes are available upon request.

## *Quebec 4 - H Partners - 2012 - Partenaires*

Quebec 4-H recognizes the tremendous impact funding partners have on 4-H's ability to deliver a quality product. Sponsorship plays an integral role in the operation of the Quebec 4-H program helping our association to meet the needs of its members and adult volunteer leaders. Quebec 4-H would like to recognize the efforts of the Canadian 4-H Foundation in securing funding from some of the organizations listed below on our behalf.

### ***PATRON - MÉCÈNE***

**\$25000 + (cash and/or in-kind)**

Department of Canadian Heritage

### ***BENEFACTOR - BIENFAITEUR***

**\$10000 - \$24999 (cash and/or in-kind)**

Farm Credit Canada

### ***BUILDER - BÂTISSEUR***

**\$5500 - \$9999 (cash and/or in-kind)**

Agriculture and Agri-Food Canada

Canadian Agricultural Safety Association

RBC Financial Group - Service Canada

### ***ENHANCER - FACILITATEUR***

**\$3500 - \$5499 (cash and/or in-kind)**

Farm Management & Technology Program - Macdonald College

### ***CHAMPION - CHAMPION***

**\$2000 - \$3499 (cash and/or in-kind)**

Agrium - La Coop Fédérée – Loblaw Companies Limited

CQRL - Conseil Québécois des Races Laitières Inc.

CIAQ - Centre d'insémination artificielle du Québec

### ***ADVOCATE - DÉFENSEUR***

**\$1000 - \$1999 (cash and/or in-kind)**

Kubota Canada Ltd -- Pioneer Hi-Bred Limited

### ***SUPPORTER - SUPPORTER***

**\$500 - \$999 (cash and/or in-kind)**

Agribands Purina Canada Inc. - La Financière agricole du Québec

Genex Cooperative Inc. - Holstein Quebec - Ketchum - Quebec Women's Institute

Shur-Gain - Union des producteurs agricoles

### ***FRIEND - AMI***

**\$100 - \$499 (cash and/or in-kind)**

Ayrshire Canada – Canadian Angus Association - Canadian Sheep Breeders' Association

Jersey Canada - Jersey Quebec - Leahy Orchards - Quebec Angus Association

Quebec Herefords - Quebec Salers Association – Rare Breeds Canada

Rawdon Rural Association - Quebec Simmental Association - Salon de l'Agriculture

Société Ayrshire du Québec - Société des éleveurs de moutons de race pur du Québec - Valacta



# Quebec 4-H

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