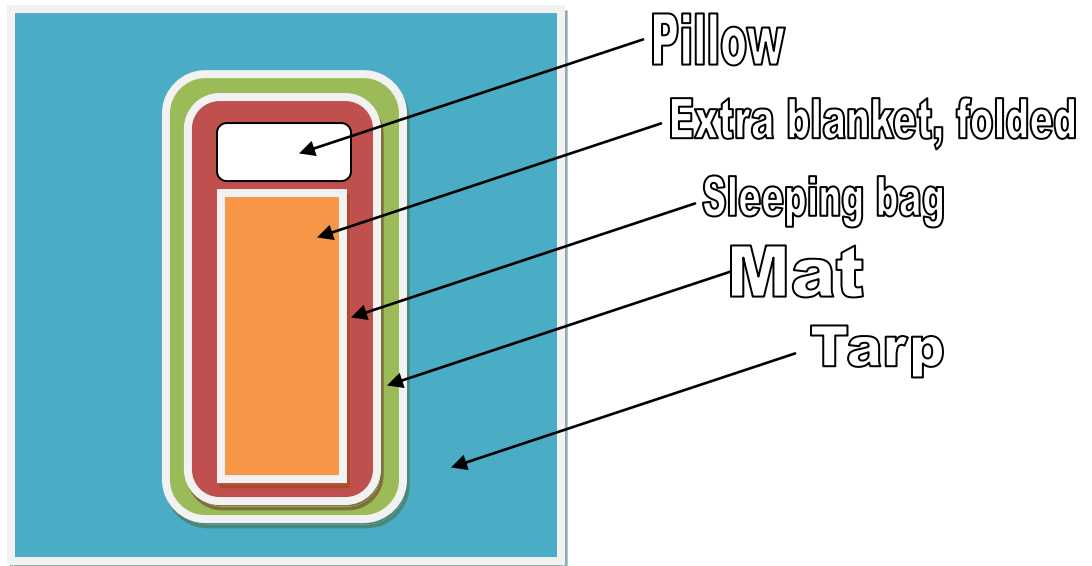


Waterproof Bedroll – How To

Camper and a parent should work together to create a bedroll by laying the bedding out on a tarp, folding the edges over and then rolling it up and tying rope around it to keep it tight. Rope also becomes a carrying handle. This creates a waterproof bedroll which is very valuable for summer camping when possibility of rain during set up could ruin someone's bed. At winter camp, waterproof bedrolls help protect everything as we travel between vehicles and buildings and from puddles left by wet boots indoors. Garbage bags have a tendency to tear and plastic can be quite slippery. A strong shower curtain may work instead of the tarp but cheap shower curtains tear too easily. You can probably purchase a lightweight tarp of the appropriate size (8' x 10') at your local hardware store for under \$10. At camp, campers will work together to roll up bedrolls before leaving.

How to:

- Spread out a tarp (approximately 8 feet wide x 10 feet long)
- Stretch out the mat in the center.
- Lay out the sleeping bag on top of the mat.
- Fold extra blanket and lay on top of sleeping bag.
- Position pillow on top.
- You can even tuck your pajamas in here too. Lay them out flat.
- Fold bottom of tarp up over the foot of the sleeping bag.
- Fold left and right side of tarp over top of bedding.
- Begin rolling from feet up towards pillow, pushing out air as you do.
- Tuck in top edge of tarp.
- Tie roll with rope using knots that campers will be able to undo.
- Label the bedroll with camper's name.



Contact office@quebec4-h.com or 514-398-8738 if you have any questions.