



**QUEBEC 4-H
2011 ANNUAL REPORT**



LEARN TO DO BY DOING





4-H PLEDGE

I Pledge:

My HEAD to clearer thinking

My HEART to greater loyalty

My HANDS to larger service

My HEALTH to better living

For my club, my community, and my country.

Je Promets d'employer

Ma Tête pour des idées hardies,

Mon Cœur pour être plus humain,

Mes Mains pour être plus habile,

Ma Santé pour vivre en harmonie,

Pour mon cercle, ma communauté et mon pays.

4-H GRACE

We thank thee lord for blessings great,

On this our own fair land,

Teach us to serve thee joyfully,

With Head, Heart, Health and Hands

Je vous remercie mon Dieu pour ce repas

Que nous allons prendre

Et procurez du pain

A ceux qui n'en ont pas

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This Annual Report of the Quebec 4-H Association is presented to the 2010/2011 Quebec 4-H assembly of members at the Annual General Meeting held in Canton de Hatley, Quebec, November 19, 2011.



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2010 - 2011 Quebec 4-H Board of Directors

President	Angela Neal
Vice-President	Tiffany Nelson
Past-President	Christine Tolhurst
Chair of Financial Committee	Charles Gascon
Chair of Programs and Regulations	Beth Kennedy
Directors	Annie Grubb
	Emmalee MacLaren
	Tonie Sutherland
	Mathieu Rouleau
	Andrea Soesbergen
	Kelsey Hammond
	Julie Neal
	Summer Mason
	Ben Nichols
	Andrew Hickey

2011 Quebec 4-H Staff

Executive Director	Lorelei Muller
Agricultural Liaison	Caitlin MacDougall
Program Assistant	Lane Evans
Public Relations Assistant	Beth Kennedy

2011 Club Presidents

Brome	Scott Brandrick
Gatineau Valley	Cameron MacLaren
Hatley	Shelby Drew
Howick	Ben Hooker
Huntingdon	Emma Sutherland
Lachute	Tessa Hadley
Montréal	Valérie Sépul
Ormstown	Malcolm Duncan
Richmond	Carly Morin
Sawyerville	Ben Nichols
Shawville	Emily Simms
Valley Adventure Group	Ashton Wilson

PAST PRESIDENTS

1969	Colleen Coates-Younie (Lennoxville)
1969-70	Clayton Murphy (Huntingdon)
1970-71	Winnie Tibbits-Murphy (Brome)
1971-72	Joan Lang-Russenstom (Shawville)
1972-73	Alvin Barrington (Howick)
1973-74	Nancy Hardacker-Corscadden (Brome)
1974-75	Andy Tolhurst (Howick)
1975-76	Mary Brus (Hatley)
1976-77	Larry Ness (Howick)
1977-78	Charles Fowler (Richmond)
1978-79	Ken Tolhurst (Howick)
1979-80	Peter Griffith (Richmond)
1980-81	Rick Younge (Shawville)
1981-82	Neil Burns (Sawyerville)
1982-83	Angus MacKinnon (Hatley)
1983-84	Suzan Smith-MacDonald (Lachute)
1984-85	Tim Beland (Waterloo)
1985-86	Mark MacVicar (Lachute)
1986-87	Kathy Beerwort-KcKinven (Brome)
1987-88	Kathy MacKinnon (Hatley)
1988-89	Al Beland (Waterloo)
1989-90	John Beerwort Jr. (Brome)
1990-91	Steven A. Latulipe (Huntingdon)
1991-92	Paul Mastine (Richmond)
1992-93	Cheryl Stanley (Shawville)
1993-94	Lynn McOuat (Lachute)
1994-95	Amber Heatlie (Lachute)
1995-96	Kathy Howard (Shawville)
1996-97	Mavis Judd (Shawville)
1997-98	Mavis Judd (Shawville)
1998-99	Trudy Beaton (Sawyerville)
1999-2000	Katie Coates (Haut St. Francois)
2000-01	Katie Coates (Haut St. Francois)
2001-02	Melissa Nyveld (Shawville)
2002-03	Daniel Mastine (Richmond)
2003-04	Jessica Cox (Hatley)
2004-05	Jessica Cox (Hatley)
2005-06	Tyler McCann (Shawville)
2006-07	Tyler McCann (Shawville)
2007-08	Jenna Soesbergen (Huntingdon)
2008-09	Jocelyn Closs (Shawville)
2009-10	Christine Tolhurst (Howick)
2010-11	Angela Neal (Ormstown)

QUEBEC 4-H MOTTO

Leadership tomorrow through learning today

QUEBEC 4-H MISSION

Quebec 4-H is a community based organization, which is dedicated to developing life skills such as leadership, cooperation, responsibility and independence for the English-speaking rural youth of Quebec through achievement and skill development.

QUEBEC 4-H STRATEGIC PLAN 2007 – 2012

Objectives

- The Quebec 4-H community (members and adult volunteers) benefits from a strong and growing provincial network.
- Each 4-H club is well positioned to engage the youth in their local community.
- Quebec 4-H is increasingly visible throughout the entire province as a youth organization with a leadership development mandate.
- Quebec 4-H operates under a strong and effective governance.
- The long-term sustainability of Quebec 4-H is ensured.

QUEBEC 4-H STATISTICS 2011

470 members ages 6 to 25 years of age participated in 14 4-H year-round clubs and one 4-H summer club.

Most popular projects

Dairy: 144	Crafts: 21	Female members: 264
Outdoor Living: 137	Equine: 17	Male members: 206
Dance: 75	Goat: 15	Peewee members aged 8 or younger: 142
Beef: 55	Sheep: 13	Junior members ages 9 – 12 years: 126
Garden: 47	Judging: 10	Intermediates ages 13 – 15 years: 94
Rabbit: 23	Collectors: 9	Senior members ages 16 – 21: 103
Poultry: 22		Proven members ages 22 – 25: 5



PRESIDENT'S REPORT

Angela Neal

Welcome, everyone, to Quebec 4-H AGM 2011, so graciously hosted by the Hatley 4-H Club. I can't believe it's been a year already since we were in Howick doing last year's re-cap on events. I hope everyone had as much fun as I did this year. Our board members and committees have worked with Lorelei, giving her suggestions and cheering her on as she continually strives to improve the programming for our members of all age groups.

From the fun that was had at Junior Camp, Leadership Conference and Bees and Trees, the interesting farms that were discovered at Innovative Ag Tour, the National getaways and everything else in between, this year has been great.

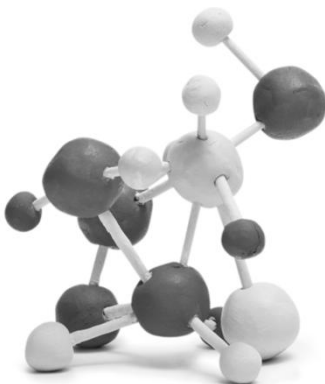
Travelling around the world with each club at rally and listening to the guest speaker from Free the Children really opened my eyes and heart to the plight of third world countries and allowed me to learn of some of their traditions. I am so happy that together, we were able to raise over \$5000 to donate to this great foundation, helping them in their fight against poverty. I am hopeful that it might become a tradition for our organization, each year working hard and donating funds to an organization whose mission it is to aid the less fortunate. As clubs, we do this already in our communities and I must admit that I have had occasion to brag about our achievements over the years.

Having been a member for 13 years of my life, I must admit we wouldn't get very far locally without volunteer leaders. We also wouldn't be able to offer what we do provincially without the help of our sponsors. I'd like to take this chance to thank them all, and to remind all of you to appreciate your parents and leaders!

When someone asks me that oh so difficult question, "What is 4-H?" I respond that we are an organization that is run for youth, by youth, and that we learn to do by doing. Our programs and projects are simultaneously fun and educational, something I never realized until I was old enough to appreciate it. In our midst we encourage strength and leadership, as well as a strong sense of belonging for young people in rural areas. This is what we stand for, and I have been very proud to serve as your president this year.

Finally, here's a toast: to great people, great fun and yet another great year to come, with new leaders, new games, but the same great values being carried forward.

Cheers,
Angela



EXECUTIVE DIRECTOR'S REPORT

Lorelei Muller

The 100th anniversary of 4-H in Canada is just around the corner. As we look forward to this historic occasion in 2013 we are preparing not only to celebrate the past but also to *Embrace the Future*. 4-H Canada has undertaken the *Embrace the Future* project to ensure that our organization remains vibrant for the next 100 years. Consultations with provincial staff and executive members from across the country have resulted in the strategic plan on the facing page. Working together more efficiently across the country by sharing best practices and common goals will mean a stronger 4-H for everyone. The ultimate ambition is to double 4-H membership within 10 years so that 52,000 youth across the country will benefit from the program.

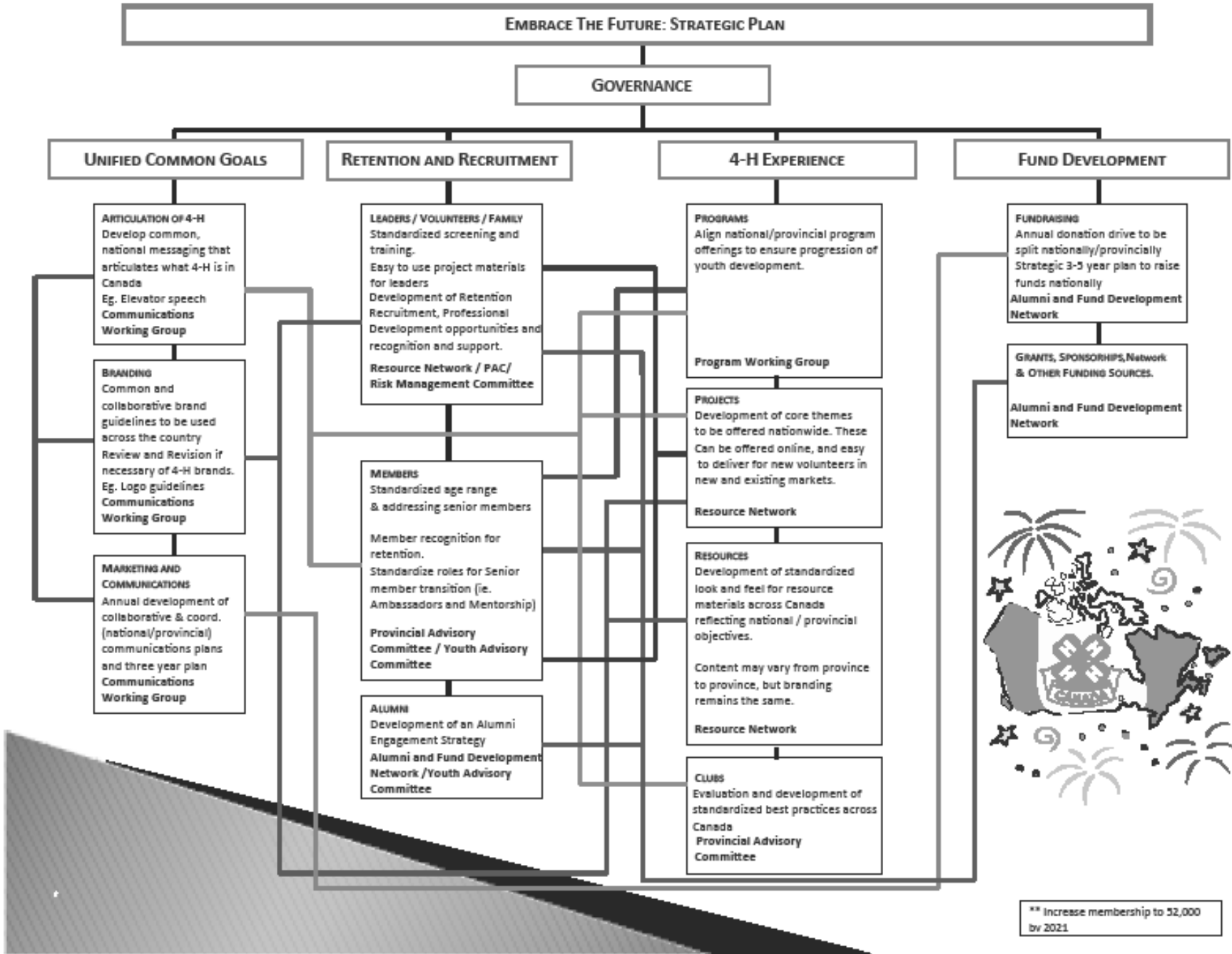
With a 5% increase in our membership total this year compared to last, Quebec 4-H has begun reaching towards that goal. Two components will contribute to continued growth: recruitment and retention.

Working with Community Learning Centres and other organizations, we hope to raise 4-H awareness and open clubs in new locations. More importantly, support to our clubs so that they can reach more youth in their communities will be another vital part of recruiting efforts. We want to help you welcome new members and leaders. Recent initiatives such as Farm Safety Days and 4-H Fun Days have been interactive events for our members while also welcoming non-members to join in the fun and learning. If current or potential members are interested in new projects then let us know; thanks to the National Resource Network (NRN) we can provide you with project books about almost any topic. The NRN has also developed online leader training full of valuable information and interactive activities designed to help leaders have and provide the best possible 4-H experience for themselves and their clubs. The NRN is one of several examples of 4-H Canada working together for the benefit of members and leaders. The National Communications Working Group is another example, thanks to which we'll be able to share promotional material with our clubs. Quebec 4-H been striving to promote 4-H activities in community newspapers, through breed associations and other organizations, but please remember we need your help too. Your clubs and members do amazing things so be sure to send articles to your local papers on a regular basis.

Perhaps more imperative than recruitment is retention. As 4-H across the country and here in Quebec moves forward to *Embrace the Future* we plan to enhance participation for members and leaders. Let us know how we can do so for you. We'll be working to provide resources and activities that will keep our senior and proven members engaged in the program. How can we help you continue to grow through 4-H as you move past your intermediate years? What types of projects do you want to explore? What types of adventures are you looking for? We want every member and leader to have such a valuable time in 4-H that they are always looking forward to continuing in the next year. As members grow and evolve throughout adulthood we hope they will stay connected to 4-H, giving a few hours here and there to judge a competition or teach a skill, eventually enrolling their own children and becoming a leader to give back to the 4-H program that offered them so much.

Let's look forward to an amazing 2012 as we prepare for the centennial the following year and welcome as many people as possible to join us for the celebration as we *Embrace the Future* of 4-H.

Quebec 4-H Annual Report 2010 - 2011



AGRICULTURAL LIAISON'S REPORT

Caitlin MacDougall

“Leadership is practiced not so much in words as in attitude and actions.”

– Harold S. Geneen

This quote truly reflects the 4-H motto to “learn to do by doing” with the idea that genuine leadership is not found through words, but rather, embodied in our attitudes and actions; they speak for themselves.

Being a leader, whether it is a volunteer leader, a parent, an executive member or just an average 4-H'er, means more than just being in charge. It means thinking about the best interests of your club, community and country, and demonstrating what is possible through your actions. It means keeping a positive attitude and open mind, and working as part of team to achieve goals. Anybody can be a leader, they don't have to have a fancy title – they just have to have the willingness to use their head, heart, hands and health to try to make change.

Everyone can think of leaders in their club and community, whether it is a member who always makes an effort to participate and help younger members, or a parent that helps guide the new executive in running a meeting. They allow others to learn to do by doing. Visiting club Achievement Days and facilitating provincial activities has been a great way to learn more about our clubs, and see our leaders (of all types and ages) in action. Without a strong membership and strong leaders – both volunteers and members – Quebec 4-H would not be such a great movement. This is the same across Canada. The wider 4-H movement relies on leadership from youth and adults to function, and it is their energy and resourcefulness that have helped to turn the national decline in membership around, with an increase in 2010-2011. Here in Quebec we have gained 2 new clubs in the past year: the MAC JAC 4-H Club in Ste-Anne's, and the Gros Mécatina 4-H'ers on the Lower North Shore.

Over the past year, the Canadian 4-H Council and the provincial 4-H associations have discussed plans to simultaneously celebrate the 100th anniversary of 4-H in Canada, and implement the “Embrace the Future” plan which will strengthen and unify 4-H across the country. In order to move towards another 100 years of successful 4-H programs, we need to evaluate our strengths and think of new ways to promote 4-H and all its benefits to the public.

Continued work on the Square Dancing Revitalization project, partnering in the Blue Metropolis “Treats from the Terroir” project, and increased publicity about 4-H events in the media over the past year have all helped introduce 4-H to new groups. As we make plans to hold our first “4-H Fun Day” in the Chateauguay Valley later this month, to introduce youth to 4-H and help increase enrollment, we hope to build a model that can be used for recruitment in any region.

Quebec 4-H will continue promote opportunities and resources to clubs in 2012, and hopes to develop new partnerships to enable more 4-H'ers to attend conferences and competitions. If you have an event you want to attend, tell us. 4-H is what you want it to be, and what you make it to be. To paraphrase Saskatchewan 4-H: *make something – a difference.*

Finally, I would like to thank all the members, parents, leaders and community members who support the clubs, and in doing so, support 4-H as a whole. Many thanks to the volunteers who help out at the office, the board and committees that keep things in motion, and Lorelei for her dedication and her many ideas for how we can better serve our clientele.

Don't forget to concretely thank your volunteer leaders by nominating them for the Co-operators 4-H Volunteer Leader of the Year Award, which can be done until December 16 at: <https://www.4-h-canada.ca/register/Common/Awards/NVLYA/>.

I will leave you with one last quotation to ponder as we move into another 4-H year:

“The task of leadership is not to put greatness into people, but to elicit it, for greatness is there already.” – John Buchan

OUR STRUCTURE

Local 4-H Clubs

4-H Clubs are made up of members and volunteer leaders and are responsible for conducting meetings and organizing and carrying out local activities, including social, fundraising and community events. All members and clubs belong to the Quebec 4-H Association, and members have the opportunity to participate in local, provincial, and national 4-H programs and events.

Quebec 4-H Association

The provincial organization keeps track of membership and club registrations and administers all provincial 4-H programs and opportunities for members. Members are aged 6 to 25 years old. The province also works collaboratively with other provincial 4-H agencies to provide resources and opportunities to members, along with the Canadian 4-H Council and its committees and groups. Quebec 4-H is run by a Board of Directors made up of member representatives, and four standing committees: Advisory, Executive, Financial, and Programs and Regulations. Individuals are nominated to the committees by the Board of Directors at the Annual General Meeting.

Advisory Committee

The Advisory Committee is made up of at least 5 people, of whom 2 must be executive committee members. The remainder are adult advisors and partner representatives. The role of the advisory committee shall be to offer advice to the provincial board on matters of debate. Any questions concerning the policies and by laws of the organization are reviewed by the committee and their response gets submitted to the board.

Executive Committee

The Executive Committee is made up of the President, Vice-President, Past-President, Chair of Programs and Regulations, Chair of Financial Committee and Executive Director. It reports to the Board of Directors.

Financial Committee

The Financial Committee is made up of a minimum of 3 and maximum of 10 people in addition to the President and Vice-President. The role of the committee is to oversee the administration of the organization's finances. This includes but is not limited to employee salaries, expense account claims and budgets. All recommendations from the financial committee must be submitted to the board for approval.

Programs and Regulations Committee

The Programs and Regulations Committee is responsible for all Provincial regulations, including: Constitution review, Policies and Procedures, Rally Rules, Activity rules and guidelines. It is also responsible for producing the criteria for different selection processes within the organization and selecting delegates for national programs. The committee is responsible for preparing proposals for changes to existing or new programs. Decisions of the committee shall be reported to the board and require ratification. The Programs and Regulations Committee shall be comprised of 5 - 15 members, 2 of which must be Provincial Directors.

Canadian 4-H Council

The objective of the Canadian 4-H Council is to provide relevant programs and services, which are consistent with the 4-H philosophy and serve to enhance provincial 4-H programs. The Council organizes and coordinates national and international conferences, exchanges and scholarships that focus on citizenship, leadership development, career choices, technology transfer and other pressing issues being faced by today's rural communities. The Council is a not-for-profit, non-governmental agency governed by a group of member representatives. The provincial 4-H agencies are the customers of the Council, which, with the assistance of the Canadian 4-H Foundation, also provides funding to the provinces. The mission of the Canadian 4-H Council is "Providing strong national leadership to ensure a quality 4-H program across Canada." The vision is "We will be recognized by our customers as the leader of 4-H in Canada, ensuring a strong national brand, innovative programming, and sustainable funding."

BROME 4-H CLUB

Annie Grubb

The Brome 4-H Club had another successful year that just seemed to fly by! After the club's annual general meeting and registration, the club found themselves 15 members strong. The executive team only changed slightly this year with Scott Brandrick as president, Cassidy Cadarette as vice-president, Sabrina Cadarette as treasurer and Annie Grubb as secretary, director and reporter.

The club continued its annual tradition and participated in the Knowlton Christmas Parade at the beginning of December. This year, members got together to come up with a unique theme, Snow White and the Seven Dwarves. Sabrina Cadarette was Snow White, Cassidy Cadarette was the wicked witch, Brady Johnston was prince charming and the rest of the members were the seven dwarves and the woodland creatures.

Early in 2011, Brome was fortunate enough to receive funding from the Loblaws grant to undertake various cooking projects. The club began putting these funds to good use over March break when it organized a cooking course at the local Loblaws grocer. The course took on a local produce theme and members got to prepare a full course meal of cream of vegetable soup, apple Waldorf salad, maple marinated pork filet with grilled vegetables and an apple and pear crisp for desert.

On July 2nd, members got together to show off their achievements at their annual achievement day. For this year, members got together with the AJRQ in Granby who were hosting their version of the achievement day, called the Expo Locale, at Iwanna Farm in Brigham. All members had a good time at this event as new friends were made and many peewee members got to show their very first calf project. The members' hard work paid off as Cassidy Cadarette came home with grand champion beef heifer and grand champion beef showperson, and Annie Grubb received grand champion Jersey heifer.

Many members also took their showing skills from achievement day to the fairs as show season began. Members participated in their local fair in Brome as well as Ayer's Cliff, Richmond and Victoriaville. Blair Allnutt went out of province and participated in shows in western Canada and Ontario, including the Royal. Also, four members brought their beef projects to the Angus show hosted in Brome this year.

Lastly, members participated in a fall-themed day in October. This day featured many interesting events for all members including carving pumpkins, making apple pies and making apple sauce. The event used up the last of the Loblaws funding Brome 4-H had received at the beginning of the year and a generous local orchard in Dunham, called Les Petits fruits de l'est, donated all the apples. By the end of the day, each member got to bring home their own apple pie, carved pumpkin and a sample of apple sauce to share with their families.

Overall, members got to experience a very exciting year filled with many new learning opportunities. Other activities are being planned for the future, including a bread making day to take place just before the holidays. In addition, members have begun looking for new ideas concerning fundraisers and community involvement for the upcoming year.

GATINEAU VALLEY 4-H CLUB

Emmalee MacLaren

This year in the Gatineau Valley we continued to do new projects and things that were requested and organized by families of members. We were lucky to have parent volunteers Cindy Mccambley, Debbie and Brad St-Jean and Lisa Semenoff help organize and participate in our projects.

In December 2010, the MacLaren family hosted a chocolate making day at their home. Members were invited to come and decorate chocolates in various Christmas molds. Each was able to take them home to their families to enjoy.

In the winter months, Pat and Caitlan Sullivan organized square dancing every second Sunday at the local High School. Members were invited to learn a few different dances. There was even one day when they decided to organize an open square dancing day where parents could learn as well.

In February of the New Year we attended the Horse and Cattleman's Association annual dinner. As always the members ran the coatroom and showed off a few of their craft projects. We had a laptop set up with pictures of previous years to show the Association and community members what we are about and what we had been doing. After dinner, 5 members and a few friends got in front of the crowd and showed off their new square dancing moves.

In March we hosted the annual Innovative Ag Tour. Being a small club it was a big challenge to take on. With the help of Quebec 4-H, MAPAQ, The Gatineau Valley Retirement Village Committee, and many other members of the community we were able to host a fantastic weekend and become more visible in the community.

In late spring the St-Jean's hosted a chicken coop building day. This was the first stage of our anticipated chicken project for the summer. Brad St-Jean had all of our wood cut up and showed each of us how easy it was to build a great coop with wood and a drill! Each was proud of their chicken coops at the end of the day.

Our chickens arrived on the last week of June. Each family was given 4 or 5 chicks of different breeds and genders. They were given chick starter and instructions of how to take care of the chicks. It was a great success, with the help of the Loblaws grant. Our 4-H goal for the summer was to continue raising the chickens and to figure out which breed each chick was.

In September we had our achievement day at the Rupert Fair. Members brought their chicken projects which were posters on the breed of their choice. Some members brought their chickens in cages to be shown to the fair goers. They were a big hit! We even made the local paper with Mr. Chuckles! Members could also enter horticulture and projects into the fair board's classes. It was a great day to showcase what we had done with our chicken project!

In October, we had our Annual General Meeting, electing Shauna McKenna as our new president, keeping Emmalee MacLaren as vice president, and electing Hannah MacLaren as secretary. The McKenna's hosted our annual pumpkin carving day at their family greenhouses. Members and their families were invited to carve pumpkins and enjoy a snack with a quick meeting after. The greenhouse kept us in our t-shirts with very warm temperatures!

We had an amazing year this year! Next year we hope to put focus on felting, vegetable gardens and sheep as many members have expressed interest in these things. The great thing is that our little club keeps going just because of the interest of the members to continue learning new things!

HATLEY 4-H CLUB

Shelby Drew

2011 was a busy year, starting in January with our new executive committee taking over. In January we held our first meeting at the hall in Hatley.

In February, the club met at the McCombs Farm in North Hatley, and we judged some of their 3 year old Holsteins. The McCombs had just built a new addition to their old barn, so we all got to see it and hear their future plans. The new members got to see how a dairy farm worked, as a lot of them only have chickens and rabbits.

March brought a meeting at the hall with the judging of soybeans, and of course Ag Tour, which 7 of our members attended in Gatineau and had an amazing time.

In April, 4 of our members went to the leadership conference held at Parkside Ranch in Magog, where we picked up some neat tips and tricks to be a better leader.

May was also a busy month. On the 7th our club held a Saturday meeting at the experimental farm in Lennoxville, where, following the meeting, we toured the facility and saw how the government operates experiments to improve many things from milk production to life expectancy. Also, the club held a Preparation day at the Ayer's Cliff fairgrounds, which was opened to members from Brome, Richmond, Sawyerville and AJRQ. The turnout was great and Subway gave us a good deal on lunch. To finish off the month, our club bought 40 turkeys to grow, and later be auctioned off.

In June, our club set up a petting zoo at the Children's Make a Wish Foundation/music fest at the Ayer's Cliff fairgrounds. We raised money selling feed and donated it all back to the Foundation. Two weeks later, our club had our achievement day at the fairgrounds. About 55 members participated, and lunch was provided by Quiznos subs. Karolyn Kirby and Tonie Sutherland tied for Grand Champion Showperson, while Samantha Young was Honorable Mention.

Our club walked in the parade on July 1st in Hatley, while also running a petting zoo. The Sheldon family brought their ponies and gave pony rides to young kids. The day was busy and full of activity but that was just the beginning, because the next day, July 2nd, 12 of our members flew from Montreal to Toronto, caught a connecting flight and landed in Calgary, Alberta at 6 that night. There we spent 10 crazy, amazing days seeing as much as possible, like the dinosaur museum in Drumheller, Banff National Park, and, on the very last day, the Calgary Stampede! All too soon it was July 12th and we were heading home full of smiles. Much thanks to Karolyn Kirby who took us there, and put up with all the annoying things teenagers do. We were only back in Quebec for a day when we loaded up trailers, packed in tack, and set off for Lachute. 10 members and their projects went to Provincial Rally, 4 of whom had been on the exchange. Rally was a blast, and when it was over we drove the 3 hours home and made it there with little damage...

To begin August, the Calgary kids came down for 10 days and we got to show them that not all Quebecers speak just French. We showed them the mines, and the Bromont water slides, a tree tapping demo and we slept over at a dairy farm and woke everyone up early to help milk the cows. They looked as tired as we did by the time they went home. We also had about 7 members attended summer junior camp. They had an amazing time and many want to go to winter camp. To end off august we attended fairs: first Cookshire, then Ayer's Cliff.

In September, we had Brome and Richmond fairs. We also held a silent auction at Townships Day, and then on the 5th we slaughtered the turkeys. It took 6 hours and lots of help but we had all the turkeys ready to be delivered. At our meeting we did seed and leaf ID to help kids learn more about their environment.

There were two meetings in October, first our regular meeting on the 7th, and our AGM on the 28th. Wyatt Johnston was elected President, Shelby Drew Vice, Jaymin Lapointe Secretary and a treasurer will be chosen in January.

We had 6 members attend the Royal in November with their dairy calves, and one person did a speech. We are hosting the Provincial AGM Nov. 18th-20th, and we will have our end of year banquet Nov. 26th.

In December, our club will gather again like every year, and go caroling around Ayer's Cliff. We visit all the local old folks' homes and even make stops at people's houses. We enjoying riding around on Eddie Blake's horse-drawn sleigh and, to finish the evening off, we have hot chocolate and cookies at the church hall.

HOWICK 4-H CLUB

Ben Hooker

November 2010: Our club hosted the Quebec 4-H AGM with 48 members in attendance. It was held at Howick Elementary School for an entire weekend and not only featured our yearly meetings and reports but also a square dance and a scavenger hunt in the town.

December 2010: A group of our 4-H members helped at a community center putting together and distributing Christmas baskets.

January 2011: An afternoon of bowling for our members, their families and friends to attend.

February 2011: Several members of our club attended the Mac judging to compete and display their judging skills.
Junior members attended Winter Junior camp.

March 2011: We organized a battery drive to begin our fundraisers to support Free the Children. Our other fundraisers included two friendship luncheons organized for the senior citizens in our community.

April 2011: Two of our members attended the Leadership Conference in Orford for a weekend.

Two teams attended the Ormstown Square Dance Competition.

June 2011: Ormstown Fair kicked off the show season with many of our members participating. Other fairs this season included Huntingdon, Havelock and Lachute. One square dance team attended Vankleek Hill Square Dance competition.

July 2011: Provincial Rally was held in Lachute, Howick chose to represent Holland for our country. Our club placed third overall in aggregate. We were proud to have raised over \$2000.00 towards the Free the Children Challenge.

September 2011: Our Annual Achievement day was held on Labour Day weekend with all clubs and projects displaying their activities of the year in many different classes.



HUNTINGDON 4-H CLUB

Emma Sutherland

The Huntingdon 4-H kicked off the year in December with our usual winter activities: first, a skating day at the Huntingdon arena, to which the three other clubs in the Chateauguay Valley (Ormstown, Howick and the Valley Adventure Group) were invited. Once everyone was finished free-skating and playing hockey, we held our first meeting with our new executive: Claudia Meganck as garden project president/secretary, Alice Choinière as Junior Vice President, Rose Choinière as Treasurer, Christopher Niewenhof as secretary, Andrea Soesbergen as Vice-President and myself, Emma Sutherland, as president. During March break, we held a Ski Day at Titus Mountain, which the other three clubs also took part in. In addition, we organized a few barn meetings throughout the winter.

We applied for a grant from FCC, which allowed us to launch a new initiative: a sports project, which would promote exercise for the sake of fun and healthy living. Our first event was an information day/all-you-can-eat pizza party, which was open to the public and aimed at spreading the word about 4-H and more particularly, to gain new members for the sports project. We distributed pamphlets in the local elementary schools explaining the purpose of 4-H and inviting those who were interested to our information day. We conducted our first sports day in the early summer, on the grounds of Arthur Pigeon high school. We played soccer and volleyball, and did some fitness tests.

Throughout the year, the garden project has launched several endeavours of its own. Firstly, we applied for a grant from Loblaws, and used it to pick fruit, learn about the process of growing the fruit from the owners of the operations, and donate the fruit to La Bouffe Additionnelle, the local food bank. In July, we went strawberry-picking, and collected seven large crates, and in October, we went apple-picking at Blair Orchards and afterwards donated four large boxes, as well as some honey and jam to La Bouffe Additionnelle. Secondly, we sold some fair-trade purses as a fundraiser for the Kenyan Rural Women's CO-OP, an organization which draws together widows in Rural Kenya and allows them to create fair-trade, handmade purses as an alternative source of income. In total, we sold 29 purses, and raised \$1140 for the cause. In addition to this, the garden project donated \$160 which had been accumulated from previous fundraising activities to the Montreal Children's Hospital Foundation.

During the summer, we organized an outing to Super Aqua Club, and invited Ormstown, Howick and the Valley Adventure Group. Members of Huntingdon club also participated in Ormstown, Havelock, and, of course, Huntingdon fairs, along with Rally. We also donated \$300 as part of the Free the Children challenge.

As we do every year, we held our annual achievement day on the Huntingdon fairgrounds the day before the fair started. Every one brought their calves or garden produce and crafts early in the morning, along with gently used clothes and household items to donate to the Huntingdon Friperie. While the garden project displays were being judged, and the calf project members were preparing their calves, the garden project members delivered the articles to the thrift shop. Once the showing was done, everyone sat down to a pot luck lunch, which was delicious despite the cold, wet weather. During Huntingdon fair, we sold ice cream in the ice cream booth as a fundraiser, which we also did at Rennie's Antique show a few weeks later.

The year was, overall, a success. Members participated in a variety of provincial and national activities, from being on the YAC committee to attending the Intermediate Leadership Conference, Citizenship Seminar and National Conference. Two new members have joined us and we are looking forward to the coming year with our new executive.

LACHUTE 4-H CLUB

Tessa Hadley

The Lachute 4H Club has been keeping very busy this year. To start off, we had a meeting at Matthew's green house, horse showmanship at Jimmie Heatlie's, calf showmanship at Jamie McOuat's, and judging at Andrew McOuat's.

We did a square dance fundraiser in February. The junior square dancers formed a team and competed at Ormstown and took part in many social events showing their newly acquired skills.

The club took part in the Lachute Fair parade and won first place for best float. We also took charge of the gates at the fair grounds for two days during Lachute Fair. The planning for hosting Rally took up the bulk of the free time.

We had a first aid meeting in October at Jimmy Heatlie's. Several club members went to the plowing match in September, and several members managed to grow some pumpkins for the Atlantic giant pumpkin contest. We have a number of young members coming in this year and expect to have a novice square dance team starting in January.

Many thanks to all the leaders, parents and friends who supported us through the whole year, motivating us and encouraging us to go out and give it all we got.



MAC JAC 4-H CLUB

Mathieu Rouleau

This year on the Macdonald and John Abbott campus MAC JAC 4-H was named an official club of Quebec 4-H, and we got the chance to welcome members and non-members to square dance and line dance once a week every week when exams weren't going on. We had over 20 people participate during our practices throughout the year. Our main goal was to create a pastime for 4-H'ers and 4-H friends to do on campus through 4-H while recruiting new members. Our executive of the year was mostly made up as we went along, Mathieu Rouleau was president, Meredith Closs was vice president and Angela Neal was our square dancing coach.

Some of our members got the chance to partake in the video conferencing put on by the QFA where they learned about different aspects of the beef industry. We also got the chance to attend the Ormstown 4-H Square Dancing competition in April 2011. We brought a first time caller and new dancers to the team. Our team was very pleased to be awarded 2nd place in the senior division. We will have been part of the Royal Agricultural Winter fair square dancing competition and we hope to have lots of fun.

We also we received \$500 in funding from Farm Credit Canada to help start our club on campus. We also got a donation from a farmer who one of our members knows and, since we are a Macdonald campus club, we got some money from Macdonald campus Student Society. Also, the Dean and an FMT teacher are working alongside our club to create a higher membership in an agricultural club and to help out a 4-H club with using the Macdonald campus premises.

We welcome new faces throughout the rest of the year to square dance with us, feel free to contact us. ☺



ORMSTOWN 4-H CLUB

Malcolm Duncan

This past year, the Ormstown 4-H club had 4 main activities which included Dairy, Square Dancing, Handicrafts and Food Projects.

Starting with dairy, our club had a great year showing and had lots of practice at it with Jessica Bryson leading a Showmanship clinic. We had 5 barn meetings over the year and we would like to thank the judges that helped us learn how to judge better and what key things to look for. Chris McCaig, Chris Rember, Kevin Sundborg, Neil Richardson, Simon Rember, Murray McClintock (heavy horses) and Caitlin MacDougall (vegetables), thank you for all your help. Our club participated in the Ormstown fair where we won the best barn display, and we also participated in the Huntingdon, Havelock, Pont Chateau and the Provincial Rally dairy shows. During the Rally our club had members entered public speaking, life skills and dairy projects and we won the overall club aggregate. Grant Roy was our dairy judge at Achievement day on August 17th. Thanks also go to Larry Ness (cows), Ken Rember (silage) and Darlene Rember (life skills) for judging that day. We also had 5 of our members attend the TD Classic in Toronto.

Our club hosted the annual square dancing competition on April 9th where we entered 2 teams into the competition and our senior team won the competition. During the competition we held a 50-50 draw with the proceeds going to Free the Children. Our club participated in the 2011 square dance competition in Vankleek Hill and we had 2 teams entered, one in the open and one in the junior division. Our dancers went to the Havelock fair on September 10th and to the Branches and Roots festival on October 1st, and a group of dancers went to the Huntingdon County Hospital to dance for residents during the March break.

For handicrafts our club had a Christmas crafting day at MacDougall Hall, and a second day to make crafts for rally and for the Ormstown fair.

Our club also had a food project which was organized by Caitlin MacDougall and was sponsored by a Loblaws grant. They made some jam at the end of June, dill pickles in early September and future projects that the group is hoping to do include making pizza and bread.

Our club did much fundraising over the past year including the Pancake supper held on March 25th which benefited the Free the Children Campaign. We had a dairy booth at Ormstown Fair from June 9th -12th and we sold coffee and snacks at the Branches and Roots Festival.

Our club did many activities over the past year including Christmas carolling in Ormstown, participating in the Mac Judging Competition, a skating and pizza party at the Huntingdon arena and a ski day at Titus Mountain both with the Huntingdon 4-H club, and Montreal Impact soccer game. We also had 3 members attend the Innovative Ag Tour in Gatineau Valley, 8 members attend the Junior Winter camp, 1 member attend the Leadership Conference, 5 members attend the Junior Summer camp, 12 who went to the Provincial rally, and 2 members attended the Bees & Trees day on October 1st. One member went to the National 4-H Conference in Toronto. We would like to give our thanks to Angela Neal from the Ormstown club who did an amazing job this past year as president of Quebec 4-H, and to the other members active at the provincial level, including on the finance committee, the programs and regulations committee and the Quebec 4-H board of directors.

RICHMOND 4-H CLUB

Carly Morin

The Richmond 4-H club started the 2010-2011 4-H year with our Annual General Meeting held at the church in Kingsbury. Our new executive included: Carly Morin as president, Colt Mastine and Eliza-Jane Morin as vice-presidents, Kira Nelson as treasurer, Emma Redburn as secretary, and Summer Mason as provincial director.

We've been very busy this last year. After our club AGM, we participated in our local Remembrance Day parade put on by the Legion. Our 4-H members walked from the legion to the memorial statue and placed crosses along the fence. This has become an annual tradition in our club.

In February, we organized a Dairy Day for the Eastern Townships clubs. Three guest speakers talked to us about raising our show calves from the day they are born to the show ring. Thank you to members from Hatley, Ormstown, Brome and Sawyerville 4-H for attending and helping make it a great day. Also in February, the club had fun in the snow at our sliding party. The Nelson family invited us all to their big hill for sliding, hot-dogs, hot-chocolate and a snow ball fight. Fun was had by all.

In the month of March, St-Patrick's day is a big deal in Richmond and the members of the 4-H club love to participate. Some members attend different events throughout the month like the green sale and the banquet but the event that brings out the most of our members is the annual St-Patrick's parade. Every year our members put together a float. Some members ride on it and wave to the crowd while others walk alongside and give out candy.

This year, the Richmond 4-H club sent two teams to the Ormstown Square Dancing Competition. Our junior and senior teams practiced hard all year. Erin Scoble, the project leader, is a great teacher and the kids have a blast with her every Thursday night. This past year our junior team placed 2nd and our senior team placed 3rd. We were very happy with how our members did.

Every year, the club organizes a card party for the community at the Legion in Richmond. Lots of community members come out to play Military Whisk and win door prizes. This year the club decided to donate the proceeds from the card party to the Free the Children Foundation.

We held an Appreciation Supper this year to thank all the sponsors, volunteers and parents that contribute to our club. The members, alongside Chef Marc, prepared a lasagna supper complete with dessert and served by the members. After the supper was done, our square dancers did a demo and then Slightly Haggard took the stage. We opened up the dance to the community and had a great turnout.

In May, the club put together a showmanship clinic at the Richmond fairgrounds. We do this each year to practice showing different types of animals. It's also an opportunity for new potential members to come to an event and see what 4-H is like. This year we had Domino's Pizza for lunch. Domino's Pizza in Sherbrooke, owned by Corey Morin, is a huge supporter of Richmond 4-H club.

On the first weekend of June, we had our club Achievement Day. Almost all our members were in attendance. We had many different projects at Achievement Day including dairy, beef, sheep, goat, rabbit, poultry, horse, garden and poultry. Like every year, the parents put on a BBQ of hot-dogs and hamburgers. Each family also brought a salad or a dessert. The day finished with the much-awaited interbreed showmanship competition which was won by Tiffany Nelson.

This summer ten of our members including two chaperones, Valerie Fowler and Adam Nelson, went on an exchange to Saskatchewan. Our club went out west in July and their twins came to visit us in August. A great time was had by all and new friendships were formed.

This year Richmond 4-H sent members to go around the world at the Provincial Rally in Lachute. We were very pleased with how our members did bringing home the second place club aggregate and first place in the decorating competition. We also had some members do well in the individual aggregate class.

Every year at the Richmond Fair, our club hosts an interclub competition on the Sunday. We are proud to say that we had over one hundred participants from 5 different clubs. Members showed their projects and the champions from each animal competed in the interbreed championship. The poultry club had their annual poultry auction also. The highest bird sold for \$260! Fifteen percent of the proceeds from the auction went to CHUS foundation. The club matched the amount that the poultry auction donated.

We concluded our year with our annual apple pie fundraiser. Once again we made over 600 apple pies. We would like to thank all our supporters but especially Trenholm and Pauline Nelson and family for hosting the fundraiser.

SAWYERVILLE 4-H CLUB

Benjamin Nichols

Lead by the new executive, Ben (President), Cameron (Vice), Matthew (Treasurer), Kenneth (Secretary) and Lisa & Jessica (Reporters), the club started out the fiscal year with making Christmas wreaths in November. Supplies were donated by the Burton family. In January, the club held their banquet (a potluck supper). There is always a large turnout as friends and family are invited to watch the members receive their awards. Judges from the past year are also invited as a way to show appreciation for what they did in the previous year.

For the meetings in February and March, mini judging clinics were held. Susan Mason brought in rabbits and chickens for judging and showing demos. In March, Karen Kirby was invited to show the members how to judge and show calves at the Nichols' Farm. In April, the club went and visited the Blake family sugar house in Compton. All the members were able to learn how maple syrup and its products were made on site. Members learned both new and traditional techniques the family uses. After the tour, everyone enjoyed maple taffy on snow and could purchase these local sugar products.

In May, the annual dance was held on the Cookshire Fairgrounds. The dance is one of the club's largest fundraisers. Members help out to sell tickets both at the door and in person. Slightly Haggard played at the event and since the fairgrounds were already in use by volunteers planning the Music Fest for the Children's Wish Foundation, we showed them our thanks for sharing the grounds by donating \$100 to the foundation.

This year the Achievement Day was held after the 4-H Provincial Rally on July 24th at the Cookshire Fairgrounds. All members showed up early in the morning to prepare for the show. This year we integrated a handicraft section where members were free to enter in 3 items: woodworking, collage and a painting/drawing. The judge was Caitlin MacDougall, and many thanks go to her. After the showing, a pot luck lunch was held with the Bulwer QFA. Members supplied the salads and desserts while the QFA supplied hamburgers and hot dogs.

On August 18-21, it was time for the local fair in Cookshire. Thursday night was the small judging competition with hay, sheep and dairy calf categories. Friday was the 4-H show under the big tent and in front of the grandstands. Saturday was the 4-H parade. Each year the fair brings the club's biggest fundraiser, a small ice cream booth under the grandstands. All members help out at the booth and proceeds go to 4-H events, activities or merchandise such as the club jackets that members got this year.

At the September meeting all the members came together to show off their garden's produce. Annually, each member is encouraged to plant and care for their own garden. The seeds were given out in the spring and sponsored by the Loblaws Grant. Once fall comes around, each member enters the little horticulture competition. This year, potatoes, carrots, onions, pumpkins and Statice flowers were grown. Members were encouraged to donate extra produce to the local food bank.

The annual meeting was held on Nov. 5th at the Sawyerville Community Center. The focus of this meeting was the elections for the 2012 executive. Before elections were held, Benjamin Nichols, with guidance from the Hatley 4-H Constitution, wrote a Constitution for the Sawyerville club. This had been under development for a year and was finally passed.

The executive for 2011-2012 is Matthew Burns (President), Todd Rivett (Vice), Sarah Burton (Secretary), Cameron Burns (Treasurer), Jessica Everett and Meaghan Rivett (Reporters), and Ben Nicols (Director) with Matthew Burns as alternate.

SHAWVILLE 4-H CLUB

Emily Simms

The Shawville 4-H Club started off a fun filled year with a trip to the Ottawa Farm Show in March. Three of our members participated in the 4-H judging competition held there. After the competition we had some free time to go and explore.

On March 20th our club held a Curling Bonspiel at the Shawville Curling Rink. We invited members of other clubs to come out and join us. We had a wonderful day with our friends curling and enjoying our pizza lunch.

On the 27th of March one of our members held a Cake Boss challenge at the Shawville Youth Center. A group of enthusiastic members gathered ranging in age from 6-20. After being taught some need to know techniques we rolled up our sleeves and began decorating. At the end of the day we could bring the cakes home and they were delicious!

As the process of selecting an animal is a big part of a 4-H project our club decided to hold an Animal Selection Day on May 1st. We invited out some “experts” on different types of animals to let us know what we should be looking for. Overall the day was very educational and we learned a lot.

Over the years the Women’s Institute of Shawville has supported our club immensely, so we decided to give back to them. On May 21st our club helped the Institute plant 100 trees for their 100th anniversary.

On the 29th of May the Shawville 4-H club held a fundraiser breakfast. The breakfast was a great success, we raised roughly \$1000 and split it fairly between the Free the Children Fund and our local Relay for Life.

As a fundraiser for our club to travel to Provincial Rally we decided to sell ice cream at the fair grounds on Canada Day. We raised enough money to cover the costs of trucking and a little more. We also decided to do something for the youth in our community. We organized games like feed bag races and three legged races. There were prizes to be won and we even had a cow mascot. The children had a wonderful time.

On September 11th a few of our 4-H members were asked to help out at the UPA open house held at a local dairy farm. We spent the day handing out milk drinks and giving information to the visitors.

Our club also held a Farm Safety Day at the Shawville Fair Grounds on October 22nd. We had a fun, yet slightly chilly, day learning about safety around animals, machinery, chainsaws, pesticides, and first aid. We also enjoyed a pizza lunch and interactive games.

Our club had a great time showing our projects at Provincial Rally, held in Lachute, at our “Mock Show” and at our Achievement Day. Seven of our members also showed at Metcalfe fair and four headed off to the Royal for the National Junior Beef Heifer Show. We had a super fun year showing and making new friends.

This year’s activities would not have been possible without the help and dedication from our executive. Emily Simms as president, Lindsay Howard as secretary, Kelli Knox as treasurer, Kalie Dufault as vice president, Andrew Hickey as senior director and Nicholas Tubman as junior director.

VALLEY ADVENTURE 4-H

Our club started the new year off with a trip to the Wild Center, Tupper Lake, New York in January. This natural history museum of the Adirondacks features flora, fauna, interactive displays and films. We got a close up look at a porcupine and enjoyed watching otters swim and play in their aquarium.

Later in the month, we hiked over 4 kilometers along the fields and bush from one leader's home the other's, stopping partway to cook our suppers over a campfire and stargaze.

In February, several members enjoyed a day of tubing at Titus Mountain. On the drive home, we stopped at High Falls Park and snow-shoed in to see the frozen wonder.

The following weekend, all of our juniors attended the Quebec 4-H Winter Junior Camp. Two members attended Intermediate Leadership Conference in April.

We spent the weekend of April 29th to May 1st together, starting off by attending the film festival at the local high school then heading to Dunn Memorial Scout Camp for our annual spring camp. We practiced our cooking skills, explored nature, hiked and inevitably ended up splashing about in the river.

We collected items and held a garage sale in May to raise funds for Free the Children. Sales and donations combined for a total of \$400 to contribute to the organization.

Scheduling conflicts made getting together challenging over the summer but we were pleased to have three members participate at Provincial Rally. Life skills and public speaking projects were topped off by competing in the sheep fitting competition and good results in the judging competition.

Our juniors headed to Richmond for Summer Junior Camp in August.

The last Saturday in September found us on the Chateauguay River collecting garbage from the banks as part of the Great Canadian Shoreline Cleanup. The weather was so beautiful that playing in the water was a welcome reward after our hard work.

One of our members attended the Bees & Trees outing at the beginning of October. At the end of the month, our club spent a chilly but wonderful weekend at Dunn Memorial Scout Camp where more hiking lead again to splashing in the river. We also held our annual meeting at the campground.

We were grateful to receive FCC funding to help cover the cost of our outings and Loblaws funding to pay for food for camp.

Though we are still a small club, we were pleased to have two new girls join, bringing our total to eleven. We are hoping to participate in a Youth Exchanges Canada adventure next summer.



COASTERS 4-H SUMMER CLUB

In 2011 (*Up in the Air* theme), although this season proved to be the most challenging to get started to date, all camps were in operation once again and a total of 118 campers. The Coasters Association runs the four KIDS summer camps in La Tabatiere, Blanc Sablon, St. Augustine, and St. Paul's River. Children up to age 12 learn to do by doing, by participating in arts and crafts, swimming and other water front activities, music, science experiments, nature activities such as hiking, scavenger hunts, and outdoor games.

The implementation of these youth camps is very important to the Lower North Shore as most people leave for seasonal work for four to six months out of the year. Also these camps enable the youth in our communities to have a safe and happy environment in which to participate in educational activities and enable them to develop skills at a young age.

GROS MECATINA 4-H CLUB

MONTÉRÉGIE 4-H CLUB

In 2011, the Montérégie 4-H Club had 5 members. Valerie Sépul was President and Shannon Breault was Secretary. In February, the club held a family luncheon. During show season, members showed dairy projects at Bedford and Havelock Fairs.



QUEBEC 4-H PROVINCIAL ACTIVITIES 2011

Winter Junior Camp

This fun-filled weekend for members aged 9-12 was held on February 18th -20th at Camp Les Bosquets in Otterburn Park. There were 24 participants, 4 senior member chaperones and 1 parent chaperone at the “Amazing Animals” themed camp. Everyone enjoyed skits, crafts, storytelling and outdoor games and activities. A special visit with some creatures from the Ecomuseum including a frog, turtle, snake, toad, kestrel and American Martin was the highlight of the weekend, allowing members to learn the differences between reptiles and amphibians. Members also learned some basic food preparation and cooking skills while they helped prepared meals for the group.

Innovative Ag Tour

Gatineau Valley 4-H hosted 4-H'ers from 9 different clubs during the tour held March 11th-13th. A total of 37 participants visited 8 different farms, including a start-up beef and sheep farm, a maple operation, a Holstein dairy herd, and a Red Angus beef farm, all visited on the Saturday. That evening was spent with music, dancing and members playing cards and board games. On Sunday, participants went to a Percheron horse farm, a bison ranch, an organic greenhouse and a large sheep farm. Participants learned about government programs available for new producers, niche marketing, pasturing techniques and the affordability of greenhouses.

Leadership Conference

On the weekend of April 15th-17th, 13 Intermediate members, 1 staff and 1 adult chaperone attended this biennial event at Parkside Ranch in Orford. Members participated in “mini-meetings” to practice parliamentary procedure and experience the different executive positions. They also completed teamwork and time management activities, and took time to have some fun and play games. Saturday evening guests from Studio Danse Anka taught the group Arab percussion and Bollywood dancing. Needless to say, members learned to do by doing! On Sunday participants wrote campaign speeches and ran elections before heading home.

Provincial Rally

The 36th annual Rally was hosted by the Lachute 4-H Club on July 14th-17th. There were 100 participants with approximately 115 livestock, public speaking, and life skills projects in attendance, as well as approximately 100 visitors and parents. The “We are the World” theme was taken up very well, with each club decorating their display to represent a different country, and with youth from the UK, Austria and Japan participating. Camping was available on the fairgrounds and billeting was offered. Competitions for all clubs and members included the costume class, judging, fitting, and barn display. Farmers’ Olympics took place on Thursday, and the awards banquet included a special Free the Children guest speaker and presentation. The total of all the clubs’ fundraising efforts for Free the Children was presented as a cheque at the end of the evening.

Summer Junior Camp

From August 7th-11th, 20 4-H'ers aged 8-12 gathered at Spooner Pond in Cleveland for summer camp. Three staff, 1 volunteer and 1 senior member chaperone also attended the “Bugs, Bugs, Bugs” themed event. Highlights included a visit to the Miellerie Lune de Miel – where everyone learned about bees and tasting fresh honey, trips to the waterfront, tie-dyeing t-shirts, insect-themed activities and games, and campfires. Participants assisted with daily chores, including cooking and cleaning up when they were not playing games or enjoying free time.

Bees and Trees

On October 1st, 13 4-H'ers and friends attended this one day concept event. They visited the Miellerie Lune de Miel in Stoke, before going on to the zip line and aerial tree course at Arbre Aventure to test their skills and enjoy the outdoors.

OTHER ACTIVITIES AND PROGRAMS

Throughout 2011, Quebec 4-H members participated in a number of activities and the regional, provincial and national level.

Judging Competitions

Twenty-eight Quebec 4-H'ers participated in the Macdonald College Intercollegiate Judging Competition on Saturday, February 5th, judging in the 4-H and Intercollegiate categories. Three 4-H'ers attended the Université Laval judging competition, and one attended the Lakeland College competition in Alberta.

Square Dancing Competitions

In addition to the competition hosted by Ormstown 4-H in April, members from several clubs participated in the Vankleek Hill Fiddle and Dance Association Square Dance Competition in late June, where 3 teams of Quebec 4-H'ers participated in two categories. They placed 2nd and 3rd in the Junior competition and 2nd in the Open division. One team from the MAC JAC club also attended the RAWF Square Dance Competition on Nov 13th. The Square Dance Revitalization Project will be completed in spring 2012, after a centrally-located square dance competition in January.

Classique des Jeunes Ruraux Québécois

Six Hatley 4-H members attended the AJRQ Classique in Quebec City, competing with dairy projects. Of special note: Perry Mackinnon had the Reserve Champion Jersey, and Alana McKinven won Champion Jersey, Reserve Champion Interbreed, and Grand Champion Showperson. In the sheep division, 3 members of Richmond 4-H attended: Tiffany Nelson, Callum Mastine and Daniel Liebrecht. All three made it to the finals, with Tiffany Nelson winning Grand Champion Showmanship.

Expo Boeuf

The weekend of October 7th-10th, nearly 20 Quebec 4-H's participated in Expo Boeuf in Victoriaville. Members from Brome, Hatley, Richmond, Sawyerville and Shawville 4-H clubs competed in showmanship and conformation classes for their breeds.

Travelling Safety Days

For the second year in a row, funding was received from the Canadian Agricultural Safety Association (CASA) to do safety workshop days in multiple regions. This year they were held in Richmond (October 15th) and Shawville (October 22nd), and Caitlin MacDougall was able to assist in teaching farm safety to two classes in the Lachute-Grenville area with the QFA as well. A total of approximately 55 participants and roughly 35 parents and session presenters were present at the days, and an additional 50 students for the school visits. Topics included: animal handling, first aid and first response, farm accidents, tractor and machinery safety, pesticide safety, chainsaw precautions, fire safety and interactive activities with vision impairment goggles, a grain flow wagon and look-alike chemicals. The interactive safety kits were also available at the office for 4-H members at JAC or Macdonald College to test out. Local clubs helped to organize the events, and door prizes and safety resources were given to all participants (4-H and non-4-H members). Lunches were provided as well on both days. The Richmond English sector UPA and the QFA were both in-kind sponsors of this project, which was primarily funded by CASA, which receives funding under Growing Forward – a federal-provincial-territorial initiative.

OTHER ACTIVITIES AND PROGRAMS

Show Your 4-H Colours Day

On Wednesday, November 2nd 16 4-H'ers from John Abbott and Macdonald Colleges gathered together for a photo shoot on campus. Similarly members in different schools across Quebec posed for photos in their green attire to celebrate Show Your 4-H Colours Day.

Royal Agricultural Winter Fair

Two Quebec 4-H'ers participated in the Canadian Young Speakers for Agriculture competition. Shelby Drew from Hatley 4-H came 3rd in her division, while Ben Hooker (Howick 4-H) competed as a senior.

The TD 4-H Junior Dairy Classic was held November 5th-7th, with 18 Quebec 4-H'ers attending, representing 4 regions. The South-West region was represented by 4 Howick 4-H members and 5 Ormstown 4-H'ers. South-East Quebec had a strong Hatley 4-H presence, taking up 6 of the 8 spots. There was 1 representative for the North-West Quebec region from Lachute 4-H, while 2 Richmond 4-H'ers competed for Ontario's Dundas County. Alana and Brooke McKinven and Véronique Brisson all placed highly in the showmanship classes (9th, 8th, 20th respectively), and South-East Quebec came 2nd in the group of three competition. The coloured breeds all did well in conformation classes.

Five members attended the National Junior Beef Heifer Show at the RAWF, including 4 from Shawville 4-H and one from Brome 4-H. Several made it to the cut for their showmanship classes.

Service Projects- Free the Children Challenge

In addition to the community service projects clubs chose to support by their own initiatives (donating food or clothing to charities, fundraisers for hospitals, charitable foundations, etc), in 2011, Quebec 4-H decided to hold a fundraising challenge between clubs to benefit Free the Children, an organization dedicated to holistically improving the day-to-day life of children and families in developing countries. Clubs were encouraged to find ways to contribute to the challenge, and the club who raised the most money would present the cheque to a Free the Children (FTC) representative at the Rally banquet in July. It was decided any funds raised would go towards the alternative income sector of the Adopt a Village program. Clubs held pancake suppers, luncheons, ran canteens and a battery drive, among other things to raise the funds. At the Rally banquet, all guests voted for the country in which they thought the funds should be used. Haiti – a country devastated by the earthquake hit in January 2010 - was selected by the majority of the guests. The club to raise the most funds was Howick 4-H, donating nearly half of the total \$5,462.33 cheque, which they presented to Gab Desmond, the Free the Children representative and guest speaker.

The donation from Quebec 4-H is being directed to help the community of Dos Palais, in Haiti's Central Plateau area. The alternative income aspect in this Adopt a Village community will focus on training subsistence farmers new techniques to increase yields and productivity. FTC will also focus on improving relations with credit banks to assist the community in transforming small-scale farms into micro-enterprises (through micro-lending). Using indigenous solutions, FTC's program will assist women to sell their produce in town, where they can purchase cosmetics to sell in their smaller communities.

CANADIAN 4-H COUNCIL NATIONAL PROGRAMS

NATIONAL CONFERENCES

National 4-H Citizenship Seminar Andrea Soesbergen (Huntingdon 4-H), Leah Driver (Richmond 4-H) and Andrew Hickey (Shawville 4-H) joined 4-H'ers from across the country in Ottawa from April 8th to 14th. The conference gives insight into the country's political process as well as people's rights and responsibilities as Canadian citizens. Highlights included visits to the home of the Governor General, Canadian War Museum, and Fulton's Pancake House and Sugar Bush. Delegates watched the swearing-in ceremony for new Canadians and their families.

U.S. National 4-H Conference Each year a handful of Canadian 4-H'ers join approximately 300 American delegates in Washington, D.C. for the conference. Through workshops, social events and group activities, participants gained a better understanding of 4-H and enhance their leadership skills. They also tour Washington and visited sites such as the Lincoln Memorial, the Peace Tower and Capitol Hill. A delegate from Quebec will attend in 2012.

National 4-H Members Conference – Science and Technology Symposium Delegates came together to hear educational speakers, took part in agriculture and science-focused interactive sessions and visited popular Toronto attractions such as the Royal Agricultural Winter Fair. They also took in an Argonauts game. Elizabeth Mackinnon (Hatley 4-H), Samuel Rouleau (Howick 4-H), Emma Sutherland (Huntingdon 4-H) and Carrie Simpson (Ormstown 4-H) attended the event held Nov. 2nd-6th with chaperone Gillian MacDougall.

Quebec 4-H is eligible to send between 1-4 delegates to national programs and may sometimes send additional delegates if other provinces have not filled their quota. National Conferences for members are open to 4-Hers ages 16 to 21. Quotas for international programs change on a yearly basis. Quebec 4-H covers 1/3 of the delegate registration fees of \$250 for C4HC national programs and \$350 for international programs for each Quebec 4-H member. Registration deadlines are announced in the News Spreader and monthly email updates. Chaperones for national events are required and do not have any cost to attend.

Canadian 4-H Council Youth Advisory Committee

With representatives from each provincial organization, YAC allows a youth voice in program development and decision making at the national level. Charles Gascon (Huntingdon 4-H) started his term as the Quebec 4-H representative in January 2011.

EXCHANGES

4-H Youth Exchanges Canada This program, open to delegates ages 12 to 17, offers an opportunity to see more of Canada while gaining lasting friendships and memorable experiences. In the summer of 2011 two groups from Quebec 4-H: Hatley 4-H Club and Richmond 4-H. They were twinned with 4-H clubs in Alberta and Saskatchewan (respectively). The deadline to apply for 2012 is February 1st.

CANADIAN 4-H COUNCIL NATIONAL PROGRAMS

W. Garfield Weston Foundation 4-H U.K. Exchange

This program offers members ages 18 and older an opportunity to learn about another country's agriculture and resources, gain a broader world outlook and forge new friendships while representing 4-H in Canada. Participants stay with host families while spending approximately five weeks in each other's countries. While staying in England and Wales, Canadian 4-Hers visit the Royal Show in Warwickshire and participate in local Young Farmer events. There were no Quebec delegates in 2011. In 2012 Quebec 4-H will be able to send a delegate. Several countries may participating.

SCHOLARSHIPS AND AWARDS

Co-operators National Volunteer Leader of the Year Award

Members are encouraged to give their leaders the recognition they deserve by nominating them for this award. One leader from each province wins \$100 plus a gift basket of Co-operators and 4-H merchandise. A national winner is awarded an additional \$1000. The deadline for nominations for 2011 is December 16th.

TD 4-H Agriculture Scholarship

TD Bank Financial Group and the Canadian 4-H Council proudly sponsor up to 12 scholarships valued at \$2,500 each for members in their last year of highschool or final year of CEGEP who are planning to pursue post-secondary studies in a discipline related to agriculture or agri-business. Winners are selected based on numerical grade point average. Congratulations to Melissa Duncan (Ormstown 4-H) for being the Quebec recipient in 2011.

CIBC 4-H Post-Secondary Education Scholarship

4-H'ers completing their last year of high school or CEGEP are now eligible to receive one of 3 scholarships valued at \$2,500 each. This new program is open to students who plan to pursue full-time post-secondary education. Winners will be selected based on marks and extracurricular activities.

GRANTS

FCC 4-H 4-Ever

Farm Credit Canada provides grants of up to \$500 for 4-H clubs to help them cover their operational costs. 2010/2011 recipients from Quebec 4-H were Gatineau Valley 4-H, Lachute 4-H, MAC JAC 4-H, Richmond 4-H and the Valley Adventure 4-H. The deadline to apply for 2011/2012 is November 25.

Loblaws Food Grants

Loblaws provided \$4000 in funding for food and nutritional programming in the past year. Clubs could apply for up to \$300 in grants for their projects. A total of \$2350 in grants was given to 8 clubs: Brome, Gatineau Valley, Howick, Huntingdon, Ormstown, Richmond, Sawyerville and Valley Adventure. Projects included seeds for gardens, poultry, meals at camps, cooking, making preserves and a nutrition clinic.

For more information about these and other Canadian 4-H conferences, exchanges, awards, scholarships and grants visit www.4-h-canada.ca/core/programs

Quebec 4-H Annual Report 2010 - 2011

To the Members of
**“ASSOCIATION 4-H DU QUÉBEC
 /QUÉBEC 4-H ASSOCIATION.”**

I have audited the Balance Sheet of
**“ASSOCIATION 4-H DU QUÉBEC
 /QUÉBEC 4-H ASSOCIATION.”** As
 at March 31, 2011 and the statements of
 changes in net assets and Income and
 expenditures for the year then ended.
 These financial statements are the
 responsibility of the Association’s
 management. my responsibility is to
 express an opinion on these financial
 statements based on our audit.

Except as explained in the following
 paragraph, I conducted my audit in
 accordance with Canadian generally
 accepted auditing standards. Those
 standards require that I plan and
 perform an audit to obtain reasonable
 assurance whether the financial
 statements are free of material
 misstatement. An audit includes
 examining on a test basis evidence
 supporting the amounts and disclosures
 in the financial statements. An audit also
 includes assessing the accounting
 principles used and significant estimates
 made by management, as well as
 evaluating the overall financial
 statement presentation.

In common with many non-profit
 organizations, the Association derives
 revenues and contributions from various
 sources, the completeness of the non –
 government revenue and contributions
 are not susceptible to complete audit
 verification. Accordingly, my
 verification of these revenues was
 limited to the amounts recorded in the
 records of the Association and I was not
 able to determine whether any
 adjustments might be necessary to
 revenues and net assets.

In my opinion, except for the effect of
 adjustments, if any, which I might have
 determined to be necessary had we been
 able to satisfy myself concerning the
 completeness of the non-government
 revenues and contributions referred to in
 the preceding paragraph, these financial
 statements present fairly, in all material
 respects, the financial position of the
 Association as at March 31, 2011 and
 the results of their operations for the
 year then ended in accordance with
 Canadian generally accepted accounting
 principles.

Dugal Boivin, C.A.
 Chartered Accountant
 City of Brossard,
 May 26, 2011.

BALANCE SHEET AS AT MARCH 31, 2011

ASSETS CURRENT	2011	2010
Cash	\$ 38,788	\$ 37,286
Accounts receivable (note 4)*	13,486	4,903
Prepaid expenses	<u>2,692</u>	<u>2,662</u>
	54,966	44,851
PROPERTY AND EQUIPMENT (note 3)*	<u>575</u>	<u>821</u>
	\$ 55,541	\$ 45,672
	=====	=====
CURRENT LIABILITIES		
Accounts payable and accrued liabilities (note 6)*	\$ 14,288	\$ 11,785
Deferred membership fees (note 7)*	<u>8,473</u>	<u>6,664</u>
	<u>22,761</u>	<u>18,449</u>
NET LIABILITIES		
Net assets invested in property and equipment	575	821
Unrestricted net (liabilities)	<u>32,205</u>	<u>26,402</u>
	<u>32,780</u>	<u>27,223</u>
	\$ 55,541	\$ 45,672
	=====	=====

STATEMENT OF INCOME FOR THE YEAR ENDED MARCH 31, 2011

REVENUES	2011	2010
Grants – Canadian Heritage-Program	55,000	54,663
Canadian Heritage-Project	4,920	-
Canada Summer Students	5,198	9,649
Donations	15,346	14,849
4-H Programs (page 8)*	37,725	35,305
Memberships Fees	11,192	10,520
Newsreader	4,500	2,530
All other Revenues	<u>2,203</u>	<u>2,042</u>
	<u>140,432</u>	<u>129,558</u>
EXPENSES		
Canadian Heritage-Program Grant (page 8)*	55,066	55,686
Canadian Heritage-Project Grant (page 8)*	532	-
4-H Programs (page 9)*	34,509	31,636
CASA Project (page 9)*	3,037	-
General Operations (page 9)*	<u>41,731</u>	<u>35,865</u>
	<u>134,875</u>	<u>123,187</u>
EXCESS OF REVENUES OVER EXPENSES	\$ 5,557	\$ 6,371
	=====	=====

**STATEMENT OF CHANGES IN NET ASSETS (LIABILITIES)
 FOR THE YEAR ENDED MARCH 31, 2010**

NET ASSETS (LIABILITIES)	2011	2010
- BEGINNING OF YEAR	\$ 27,223	\$ 20,852
Excess of revenues over expenses (expenses over revenues)	<u>\$ 5,557</u>	<u>\$ 6,371</u>
NET ASSETS (LIABILITIES)		
END OF YEAR	\$ 32,780	\$ 27,223
	=====	=====

* **NOTE:** A complete version of these Financial Statements and accompanying notes are available upon request.

Quebec 4 - H Partners - 2011 - Partenaires

Quebec 4-H recognizes the tremendous impact funding partners have on 4-H's ability to deliver a quality product. Sponsorship plays an integral role in the operation of the Quebec 4-H program helping our association to meet the needs of its members and adult volunteer leaders. Quebec 4-H would like to recognize the efforts of the Canadian 4-H Foundation in securing funding from some of the organizations listed below on our behalf.

PATRON - MÉCÈNE

\$25000 + (cash and/or in-kind)

Department of Canadian Heritage

BENEFACTOR - BIENFAITEUR

\$10000 - \$24999 (cash and/or in-kind)

BUILDER - BÂTISSEUR

\$5500 - \$9999 (cash and/or in-kind)

Agriculture and Agri-Food Canada
CASA – Canadian Agricultural Safety Association
RBC Royal Bank – Service Canada

ENHANCER - FACILITATEUR

\$3500 - \$5499 (cash and/or in-kind)

Farm Management & Technology Program - Macdonald College
Loblaws

CHAMPION - CHAMPION

\$2000 - \$3499 (cash and/or in-kind)

Agrium - CQRL - Conseil Québécois des Races Laitières Inc.
CIAQ - Centre d'insémination artificielle du Québec
Farm Credit Canada - Kubota Canada Ltd

ADVOCATE - DÉFENSEUR

\$1000 - \$1999 (cash and/or in-kind)

SUPPORTER - SUPPORTER

\$500 - \$999 (cash and/or in-kind)

Agribands Purina Canada Inc. - La Financière agricole du Québec - Holstein Quebec - Ketchum
Merial Canada - Pioneer Hi-Bred Limited - Quebec Women's Institute - Sears Canada - Shur-Gain

FRIEND - AMI

\$100 - \$499 (cash and/or in-kind)

Ayrshire Canada – Brown Swiss Quebec - Canadian Angus Association - Canadian Sheep Breeders' Association
Jersey Canada - Jersey Quebec - Leahy Orchards - Quebec Angus - Quebec Herefords
Quebec Salers Association - Quebec Shorthorn Association - Quebec Simmental Association - Rawdon Rural Association
Salon de l'Agriculture - Société Ayrshire du Québec - Société des éleveurs de moutons de race pur du Québec - Valacta



Quebec 4-H

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