



CANADA  
4-H Quebec

# Quebec 4-H Association Annual Report 2022

## Leadership For Tomorrow Through Learning



## Learn To Do By Doing

4-H Quebec acknowledges the financial support of the Government of Canada

Canada 



## 4-H Pledge

### I Pledge:

My HEAD to clearer thinking  
 My HEART to greater loyalty  
 My HANDS to larger service  
 My HEALTH to better living  
 For my club, my community,  
 and my country.

Je Promets d'employer  
 Ma Tête pour des idées hardies,  
 Mon Cœur pour être plus humain,  
 Mes Mains pour être plus habile,  
 Ma Santé pour vivre en harmonie,  
 Pour mon cercle, ma communauté  
 et mon pays.

### 4-H Grace

We thank thee Lord for blessings  
 great,  
 On this our own fair land,  
 Teach us to serve thee joyfully,  
 With Head, Heart, Health, and  
 Hands

Je vous remercie mon Dieu  
 pour ce repas  
 Que nous allons prendre  
 Et procurez du pain  
 A ceux qui n'en ont pas

## Table of contents

Directors, Staff, Presidents, and Past Presidents	2
Quebec 4-H Mission and Statistics	3-4
President's Message	5
Executive Director's Message	6
Our Structure	7-8
Provincial Programs	9-10
Clubs Reports	11-17
Quebec 4-H Provincial Activities	18-19
Canadian 4-H Council Programs	20-21
Audited Financial Statements	22

This Annual Report of the Quebec 4-H Association is presented  
 to the 2021-2022 4-H Quebec assembly of members at the  
 Annual General Meeting held on September 25, 2022.



Quebec 4-H Association  
 Macdonald Campus, Harrison House  
 3-04  
 21,111 Lakeshore Road  
 Ste-Anne-de-Bellevue, Qc H9X 3V9  
 Tel: 514-398-8738  
 Email: office@quebec4-h.com

## 2021-2022 4-H Quebec

### Board of Directors

---

#### President

Rebecca Welden

#### Directors

Emily Welden

#### Vice President

Kevin Macfarlane

Bradley Dubeau

#### Chair of Programs and Regulations

Savannah Crack

Christina Knox

River Morse

Kate Woods

#### Chair of Financial Committee

Rebecca Welden

#### YAC

Devin Keenan

#### Past President

Morgan Passmore

### 2021-2022 4-H Quebec Staff

---

#### Executive Director

Jacqueline Morrison

#### Administrative Assistant

Quynh Anh Tran

#### Summer Event Coordinator

Thomas Beck

### Past Presidents

1969	Colleen Coates-Younie (Lennoxville)
1969-70	Clayton Murphy (Huntingdon)
1970-71	Winnie Tibbits-Murphy (Brome)
1971-72	Joan Lang-Rusenstrom (Shawville)
1972-73	Alvin Barrington (Howick)
1973-74	Nancy Hardacker-Corscadden (Brome)
1974-75	Andy Tolhurst (Howick)
1975-76	Mary Brus (Hatley)
1976-77	Larry Ness (Howick)
1977-78	Charles Fowler (Richmond)
1978-79	Ken Tolhurst (Howick)
1979-80	Peter Griffith (Richmond)
1980-81	Rick Younge (Shawville)
1981-82	Neil Burns (Sawyerville)
1982-83	Angus MacKinnon (Hatley)
1983-84	Suzan Smith-MacDonald (Lachute)
1984-85	Tim Beland (Waterloo)
1985-86	Mark MacVicar (Lachute)
1986-87	Kathy Beerwort-McKinven (Brome)
1987-88	Kathy MacKinnon (Hatley)
1988-89	Al Beland (Waterloo)
1989-90	John Beerwort Jr. (Brome)
1990-91	Steven A. Latulipe (Huntingdon)
1991-92	Paul Mastine (Richmond)
1992-93	Cheryl Stanley (Shawville)
1993-94	Lynn McOuat (Lachute)
1994-95	Amber Heatlie (Lachute)
1995-96	Kathy Howard (Shawville)
1996-97	Mavis Judd (Shawville)
1997-98	Mavis Judd (Shawville)
1998-99	Trudy Beaton (Sawyerville)
1999-2000	Katie Coates (Haut St. Francois)
2000-01	Katie Coates (Haut St. Francois)
2001-02	Melissa Nyveld (Shawville)
2002-03	Daniel Mastine (Richmond)
2003-04	Jessica Cox (Hatley)
2004-05	Jessica Cox (Hatley)
2005-06	Tyler McCann (Shawville)
2006-07	Tyler McCann (Shawville)
2007-08	Jenna Soesbergen (Huntingdon)
2008-09	Jocelyn Closs (Shawville)
2009-10	Christine Tolhurst (Howick)
2010-11	Angela Neal (Ormstown)
2011-12	Mathieu Rouleau (Howick & MAC JAC)
2012-13	Mathieu Rouleau (Howick & MAC JAC)
2013-14	Sarah Enright (Richmond, MAC JAC)
2014-15	Sarah Enright (Richmond)
2015-16	Matthew Burns (Sawyerville)
2016-17	Carolyn Coddington (Richmond)
2017-18	Andrew Boersen (Richmond)
2018-19	Jessica Rouleau
2019-21	Morgan Passmore
2021-22	Rebecca Welden





## Leadership tomorrow Through Learning Today

195 members  
32 active leaders  
11 clubs  
14 projects  
1 permanent provincial staff  
1 virtual administrative assistant

### 4-H Quebec Mission

4-H Quebec is a community based organization, which is dedicated to developing life skills such as leadership, cooperation, responsibility and independence for the English-speaking rural youth of Quebec through achievement and skill development

### 4-H Quebec Strategic Plan Objectives

The 4-H Quebec community (members and adult volunteers) benefits from a strong and growing provincial network.

Each 4-H club is well positioned to engage the youth in their local community.

4-H Quebec is increasingly visible throughout the entire province as a youth organization with a leadership development mandate.

4-H Quebec operates under strong and effective governance.

The long-term sustainability of 4-H Quebec is ensured.

Dairy	96	Foods	11
Square Dancing	115	Rabbit	12
Beef	78	Equine	24
Crafts	104	Goat	3
Garden	33	Sheep	19
Poultry	19	Horse	1
Community	100	Outdoor Living	17

Peewee members ages 8 and under: 17

Junior members ages 9 – 12 years: 71

Intermediates ages 13 – 15 years: 40

Senior members ages 16 – 21: 60

Proven members ages 22 – 25: 7



# 4-H Quebec

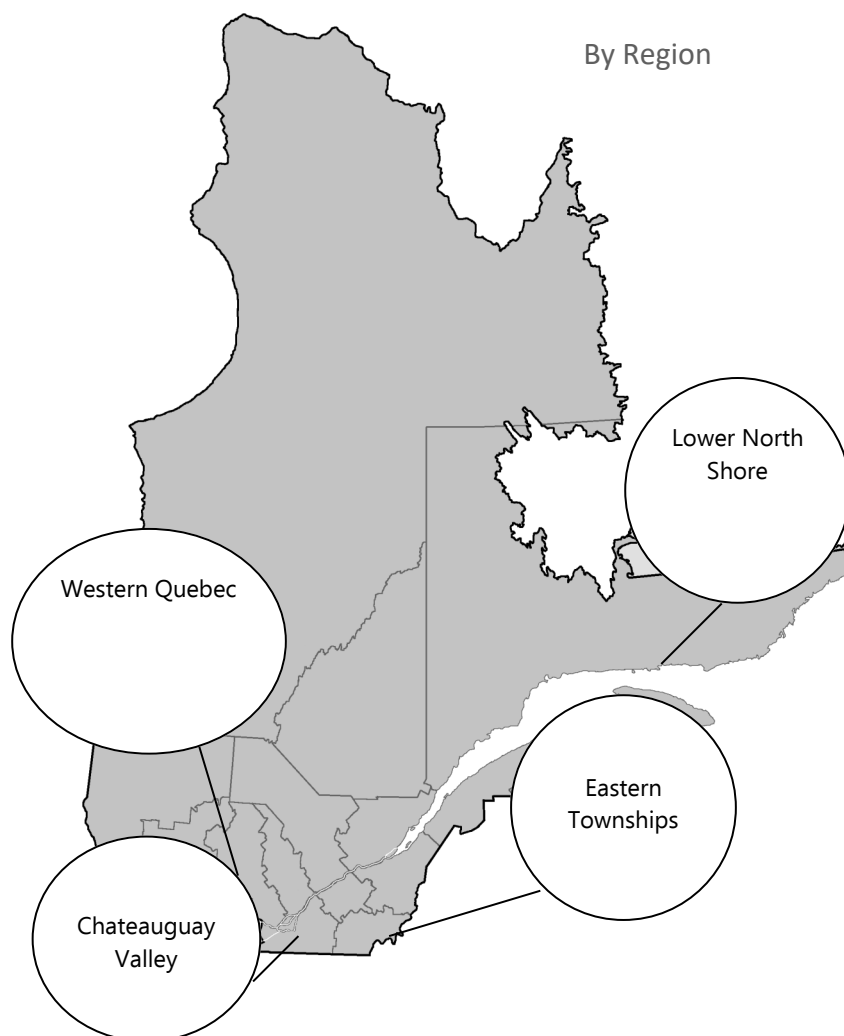
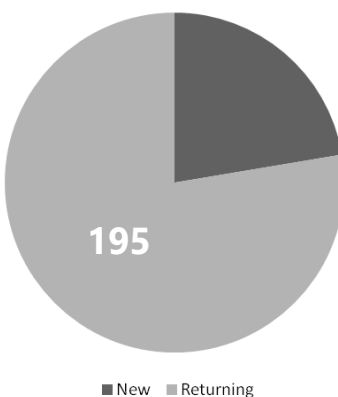
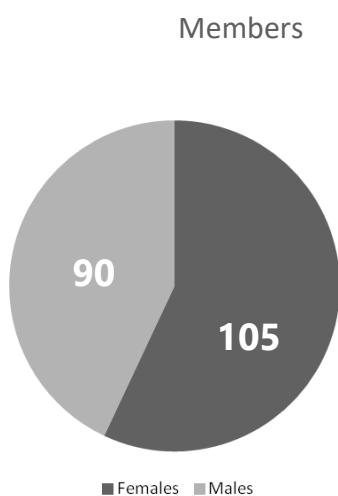
4-H Quebec is about developing self-confidence, learning skills in communications, leadership, problem-solving and goal setting, but most of all, 4-H Quebec is about having fun!

We are here to promote the personal development in youth aged 6 to 25 in agricultural and rural communities. With a focus on fun and learning, we provide opportunities to develop the skills needed in an ever-changing future.

Using the talents and energies of our members, volunteers and staff we create innovative ideas and programs as well as maintain our successful traditional ones. Members can choose from projects ranging from livestock to square dancing.

We work to spread the impact of 4-H and to help the youth of today become the leaders of tomorrow! 4-H is the youth development program where 4-H members "Learn To Do By Doing" while using their Head, Heart, Hands and Health.

The 4-H program is still well rooted in a strong agriculture history but recognizes that everyone can benefit from the holistic and socially conscious approach 4-H takes to learning. Agriculture, food and the environment will always be an important part of the 4-H program, but Clubs that cover non-agriculture topics are also important to today's youth. Youth in 4-H have the freedom and ability to tackle the issues that matter to them most; this makes the 4-H program unique and ever changing.



## President's Report



Dear 4-H'ers,

This year, I had the immense privilege of serving as President and VP Finance of Quebec 4-H. For the first time in nearly three years, 4-H had the opportunity to organize in-person programming, which included Provincial Rally and Intermediate Camp. Members were able to gather to partake in some friendly competition and create unforgettable memories. In March, we held our second annual virtual Innovative Ag Tour, where participants received tours from four different farms. Furthermore, this spring I had the opportunity to travel to Halifax, Nova Scotia with seven other Quebec delegates to participate in the Leadership Summit, where 4-H volunteer leaders and professionals from all across Canada showcased the communities that they are building, shared innovative program ideas, and listened to the various guest speakers.

With the help of the Executive Director, I have learned new financial literacy skills and expanded my understanding of the immense maturity and commitment needed to manage the budget of a not-for-profit organization. I would like to thank the Board of Directors who supported me during my term as President. Most importantly, I would like to thank our sponsors, as we would not be able to hold events without their generous donations. I am confident that much greatness lies ahead for Quebec 4-H, its members, and their communities across the province.

Sincerely,

**Rebecca Welden**  
**Quebec 4-H President**

## Executive Director's Report



A New Year, New Opportunities, New Learning and Fun all while as a province embracing our motto "Learn to do by doing". Our motto has not been a cliché for us as we progressed over the past year. We continued to learn and to serve in a hybrid model offering virtual programs by sponsoring zoom licenses for clubs which allowed for collaboration to take place. After a long 2021 year with much restrictions, we were happy to welcome everyone back in 2022 by keeping our Amilia registration platform open throughout the year. It was exciting to have new youth members with fresh perspectives join the Board of Directors this past year. We faced our share of challenges adapting to the changes of the current times. However, with the support of seasoned 4-H Leaders who stepped in with strong support we were able to offer a Spring *Leadership Camp Weekend* "Discovering the Leader in You"! Volunteer leaders are key components to the success of our programs, they give many hours of service to add value to the great time our youth receive at events. Participants at our Leadership Camp learned the habits and leadership skills that will help them to be successful in their today and tomorrow'. Participants received their own Habits of Highly Effective Teens workbook to go along with fun, relevant, and interactive exercises.

*Our 2022 Innovative Agricultural Tour* again provided us the opportunity to go beyond Quebec and hear from the organization 'Nutrients for Life' and learn from the presentation of how "a slice of apple can feed the world". We organized four great tours along with members from the board of directors. We now anticipate a return to visiting local farms and businesses in 2023 with a designated host club, It was wonderful for us to return to **Provincial Rally** this July. Our community rallied together to offer members from Shawville, Ormstown, Richmond, Hatley, Howick and Lachute a successful weekend of this cherished tradition. Leaders and volunteers from the clubs and province, rally judges, provincial sponsors, 4-H staff, which included a summer event coordinator worked to re-engage after a challenging two years.

A great big thank you to all, and especially to our Shawville club for hosting the year's event.

As we return to in-person programming and launch into 2023, our goal is to equip and empower Clubs so we can see reenergized province wide programs and projects.

I look forward to working with the Board of director to advance a strategic plan to see increased registration, attract new members, offer more creative projects, and improve our website communications and brand awareness in the province.

It is always a pleasure to share good news in that our accreditation review for another year has been approved. We are moving forward to offer best practices in positive youth development through projects and programs to our 4-H Quebec community.

It has been an honor to serve through the changing landscape of leadership and to be a part of working to further service to English youth in Quebec.

**Jacqueline Morrison**  
**Quebec 4-H Executive Director**





CANADA  
4-H Quebec

# Our Structure



The Quebec Community Groups Network (QCGN) is a not-for-profit organization linking 41 English-language community organizations across Quebec and advocating for the official language minority in the province.



4-H Quebec, along with the Association des jeunes ruraux de Québec (AJRQ), and La Fédération de la Rélève Agricole (FRAQ) came together in 1995 to form La Table de concertation de la jeunesse rurale du Québec. Over the years, the Table de concertation has held several conferences to bring together members of the three organizations for networking and professional development. In 2013, the Table celebrated the 100th anniversary of rural youth movements in Québec.

## Local 4-H Clubs

4-H Clubs made up of members and volunteer leaders are responsible for conducting meetings as well as organizing and carrying out local activities including social, fundraising, and community events. Clubs, their members, and leaders, form the Quebec 4-H Association. Members and leaders have the opportunity to participate in local, provincial, national, and international 4-H programs.



## 4-H Quebec Association

The provincial organization keeps track of membership and club registrations while administering all provincial 4-H programs and opportunities. Members are aged 6 to 25 years old. 4-H Quebec also works collaboratively with other provincial 4-H agencies to provide resources and opportunities to members along with the Canadian 4-H Council and its committees. 4-H Quebec is run by a Board of Directors made up of member representatives, and four standing committees: Advisory, Executive, Financial, and Programs and Regulations. Individuals are nominated to the committees at the Annual General Meeting.



## Canadian 4-H Council

The objective of the Canadian 4-H Council is to provide relevant programs and services which are consistent with the 4-H philosophy and serve to enhance provincial 4-H programs. The Council organizes and coordinates national and international conferences, exchanges, and scholarships that focus on citizenship, leadership development, career choices, technology transfer, and other pressing issues being faced by today's rural communities. The Council is a not-for-profit, non-governmental agency governed by a group of member representatives. With the assistance of the Canadian 4-H Foundation, the Council provides funding assistance to the provincial associations. The mission of the Canadian 4-H Council is "Providing strong national leadership to ensure a quality 4-H program across Canada." The vision is "We will be recognized by our customers as the leader of 4-H in Canada, ensuring a strong national brand, innovative programming, and sustainable funding."



## Board of Directors

Board members are elected for one-year terms. There is presently no limit on the number of years a board member may serve though the position of President is a maximum two year term. The Board is made up of 4-H members, youth from various clubs contributing their time for the benefit of the 4-H program and its members. In addition to attending the Annual General Meeting, board members meet three or more times a year in Ste-Anne-de-Bellevue or via conference call.

### Executive Committee

The Executive Committee is made up of the President, Vice-President, Past-President, Chair of Programs and Regulations, Chair of Financial Committee and Executive Director. It reports to the Board of Directors.

### Financial Committee

The Financial Committee is made up of a minimum of 3 and maximum of 10 people in addition to the President and Vice-President. The role of the committee is to oversee the administration of the organization's finances. This includes but is not limited to employee salaries, expense account claims and budgets. All recommendations from the financial committee must be submitted to the board for approval.

### Programs and Regulations Committee

The Programs and Regulations Committee is responsible for all Provincial regulations, including: Constitution review, Policies and Procedures, Rally Rules, Activity rules and guidelines. It is also responsible for producing the criteria for different selection processes within the organization and selecting delegates for national programs. The committee is responsible for preparing proposals for changes to existing or new programs. Decisions of the committee shall be reported to the board and require ratification. The Programs and Regulations Committee shall be comprised of 5 - 15 members, 2 of which must be Provincial Directors.

### Advisory Committee

The Advisory Committee is made up of at least 5 people, of whom 2 must be executive committee members. The remainder are adult advisors and partner representatives. The role of the Advisory Committee shall be to offer advice to the provincial board on matters of debate. Any questions concerning the policies and by laws of the organization are reviewed by the committee and their response gets submitted to the board.

### Executive Director

Is responsible for financial and risk management including budgets, grant applications, and screening processes, as well as managing human resources and overseeing coordination of provincial activities. This position sits on the 4-H Canada Provincial Supervisory Committee, and Fund Development Network in addition to the QCGN Executive Directors' Network.

### Program and Communication Manager

Is responsible for the organization of large scale events and special projects, delivery of resources, and promotion of opportunities.

### Communications Assistant

Is responsible for assisting on all aspects of communications and publications.

### YAC Delegate

The Youth Advisory Committee is the national youth voice for 4-H Canada, providing leadership opportunities for outstanding young people from across the country who have been part of 4-H and want to continue to play a role and contribute. YAC is made up of 12 provincial members who meet as a committee on a regular basis, play a large ambassador role within their provinces, make recommendations to 4-H Canada regarding programming, policy development, marketing and communications. The 4-H Quebec YAC member also sits on the Board of Directors.

# Youth Safety Training

4-H considers the safety and wellbeing of 4-H youth members its top priority.

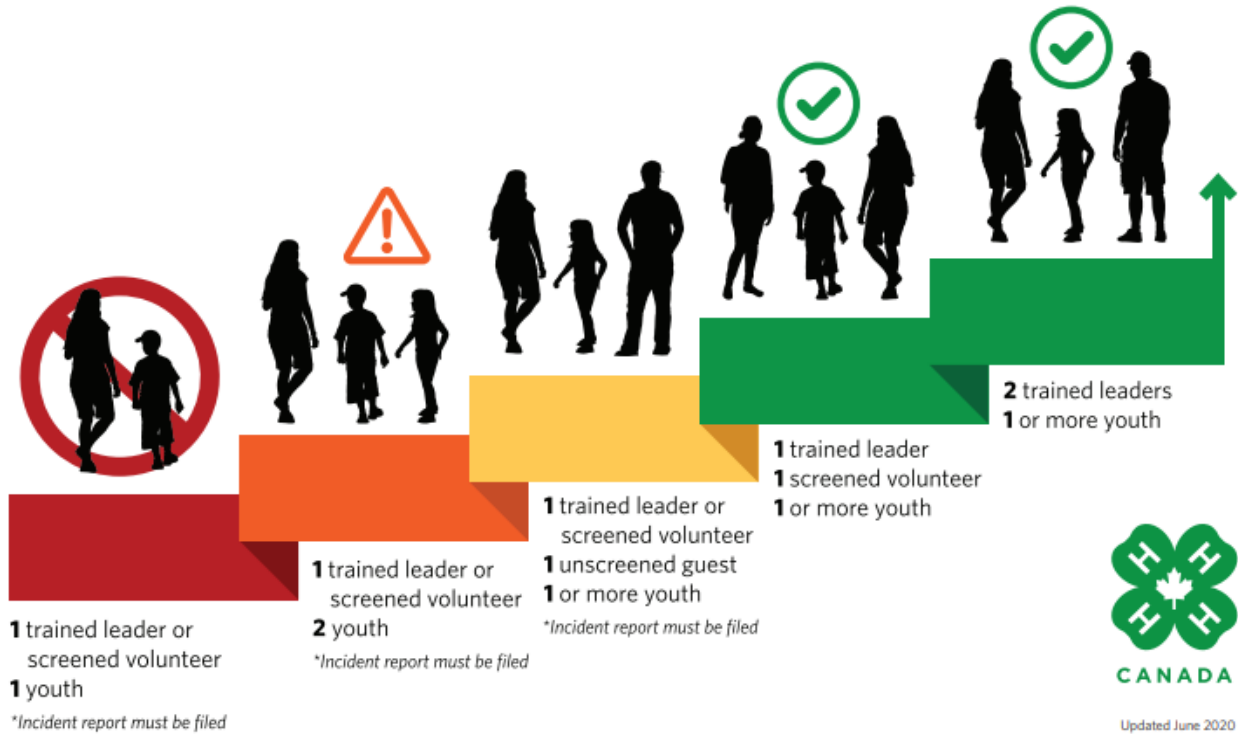
In order to provide a world-class experience and to protect youth members, leaders, volunteers, and staff, 4-H Canada has developed this youth and safety training, for the supervision of youth.

Quebec 4-H once again offered this training last Fall and will be offering another training Fall 2022.

We are thankful to have a key leader Erin Scoble from Richmond 4-H to facilitate the training along with our provincial Executive Director, Jacqueline Morrison.

## 4-H Supervision Policy

**Rule of Two** The purpose of this policy is to protect youth members, leaders, volunteers, and staff in potentially vulnerable situations. The goal is to achieve the green level for all 4-H programming.







# 4-H in Canada Accreditation Program

4-H Quebec became an Accredited 4-H Organization in June 2021

## Accreditation – A JOURNEY TOWARDS EXCELLENCE

4-H Quebec is an accredited 4-H Association.

**Quebec 4-H First year review of accreditation approved! We are proud to be in good standing and starving to serve our youth with excellence .**

Working to improve training at every level of our organization, defining terms of reference and policies that govern our operations, and best risk management practices. All Clubs will be benefitted by the new Youth Safety Leaders training and on line incident reporting procedures that come into effect last Fall.

Following a collaborative process to update and implement our best-in-class policies and procedures, ensuring we continue to provide youth with a safe, fun, and inclusive 4-H program.

As the national governing body for 4-H in Canada, 4-H Canada has different classes of membership. To become a provincial member and receive benefits from that membership class, the organization must successfully become accredited through a national standards program.

## Requirements

The organization has achieved accreditation. The organization submits an annual provincial member fee as determined by the 4-H Canada Board of Directors.

## Benefits

Provincial member organizations have access to numerous benefits that support the organization, its youth, volunteers, and alumni. Here are just a few:

- \* Authorized use of and management of the 4-H trademarks and copyrights, including the logo, motto, and pledge within the province
- \* Access to the national insurance program
- \* Support for crisis communications and risk management
- \* Access to national programming and events for youth, volunteers, and professionals
- \* Access to training opportunities for volunteer leaders, professionals, and governors
- \* Access to national resources and infrastructure, including 4-H LEARNS resource-sharing platform and Youth Safety Reporting System
- \* Access to scholarships for youth members
- \* Ability to select a provincial representative for the national Youth Advisory Committee (YAC)
- \* A voting membership to 4-H Canada, with the ability to submit nominations and resolutions, vote in elections and participate in the Annual General Meeting.



# Hatley

<b>President</b>	Kristen Wilson
<b>Vice-President</b>	Claudia Veilleux
<b>Secretary</b>	Kristen Wilson
<b>Treasurer</b>	Allison Morse
<b>Reporter</b>	Claudia Veilleux

**28 MEMBERS**

This past year Hatley 4-H decided to invest into getting each 4-H member a jacket, this was a club expense to let the members know that they are cared for and that we appreciate them sticking around even during covid 19. We had multiple barn meeting including two dairy farms, as well for a beef farm. We also learned a lot about judging by practicing multiple judging clinics throughout winter and spring. We also did a cheese fundraiser to start raising money for the 2023 provincial rally which we will be hosting. Our Achievement Day was taken place on the 17<sup>th</sup> of September and a show prep clinic was also planned for all livestock.

We participated in the Beef, Goats and Dairy projects, therefore there was interest in chickens but with the chicken flu around it was best not to expose any animals to them.

We try to encourage many youth to get involved while inviting them to our meetings and to our prep day so they get to learn and see if they like livestock or not. A supper was organized at the July 1<sup>st</sup> parade in Hatley for people in and out of the community to raise money.

Members of Hatley 4H participated at the Rally in Shawville, as well for the Quebec Junior Beef Show in Cookshire Quebec. We also had a member doing multiple Canadian Junior beef shows out west, where he strongly represented Hatley 4-H and Quebec.

Achievement day which will be hosted at the Ayer's Cliff Fair Grounds and our Ice Cream booth at the local Ayer's Cliff Fair.

We can't wait to welcome you all to our community at the 2023 provincial Rally!



Lachute



**CANADA**  
4-H Quebec

# Lachute

**President**  
**Vice-President**  
**Secretary**  
**Treasurer**  
**Quebec 4-H Rep.**

Emily McOuat  
Russell Silverson  
Julia Silverson  
Amanda St Denis  
Emily Welden

**18 MEMBERS**

This year we had a much smaller club than usual but still managed to participate in lots of activities. Starting in March we had a sports night to get the year going, then from March to August we had several meetings and were able to visit a maple syrup operation, free-stall robot dairy barn, Christmas tree farm and had a meeting with a vet regarding animal health.

Early July was our Lachute fair, so we entered a float in the parade and had our ice cream booth running the entire weekend. Many members showed their dairy projects in the 4H show Saturday. The next weekend 8 members represented Lachute 4-H at the provincial rally where we had members showing dairy, rabbits, horses and participating in judging, life skills and public speaking.

In late August, we had our annual Achievement day at the fairgrounds where members had the opportunity to show dairy, beef, horses, rabbits, cooking, handicrafts, crops and garden produce. Members also showed their dairy projects through the summer at numerous fairs. Looking forward to the fall months.

We are planning to visit Ouimet corn maze in Vankleek Hill and have our Rewards Banquet in late October.

In the beginning of November, 3 of our members, along with Shawville 4H, will represent Quebec North at the 2022 TD Classic at the RAWF.

Usually, in December we visit the residence to sing Christmas carols. Due to COVID, we couldn't do so this year, so instead we made and delivered cards for them. We always look forward to our visits with them, and are hoping we will be able to go again this year!

Next year, we are hoping to participate in a club to club exchange with another province. Apart from that, if offered, many members are looking forward to attending both JR camp and intermediate camp.

We have several fundraisers and activities already planned for next year, and are hoping to be able to finally have a normal 4H year. As always we will be very busy with our Lachute fair, and will attend both Rally and the TD Classic.

We hope to have an increased membership next year, as this year we struggled with low numbers. Hopefully square dancing will be able to resume in January because that is always very popular among the members of our club.







# Ormstown

<b>President</b>	Maeve McIntyre
<b>Vice-President</b>	Connor Bryson
<b>Treasurer</b>	Keith Quinn
<b>Reporter</b>	Jacob Bryson

**42 MEMBERS**

From September 2021 to this fall our club has participated in and organized many wonderful events!

There were plenty of fairs for us to participate in with our heifers, rabbits, and crafts this past year! Starting off with the LBA's Fall Festival, then a quiet winter, the summer started with the LBA's Ormstown Fair, then it was time for provincial Rally, early August brought Huntingdon Fair and our Achievement Day showing, and about a month later and it was time for the Havelock Fair. At the Ormstown Fair we had a very successful Dairy booth, thanks to the parent volunteer and eager members, that made for a great fundraiser! The crafts that were submitted at the Ormstown Fair by the members were made at a couple previous craft days in May!

In May, our dancers went off to Vankleek hill for a demonstration, and they did the same at Havelock Fair. We had a very helpful and fun showmanship clinic, followed by a craft before summer started! In July, we spent an afternoon at Steve Borland's farm where we had a beef, dairy, and honey judging clinic, as well as a demonstration on beekeeping!

Before the return to school, we had two fun activities, the first a day spent in the water at Lac Des Pins, and the second on Labour Day Weekend, a fun evening with a bonfire, judging of apples, eggs, and wood identification, and the baking and Garden Club portion of our Achievement Day.

This September we also had a fun cooking and craft day, where the members brought vegetables grown from their own gardens and cooked them up for lunch and made a craft that can be submitted into the Fall Festival in October!





# Richmond



**26 MEMBERS**

The Richmond 4H has tried to stay as active as possible during lockdown, the executives took time to find activities to stay active even if we were doing everything online. We unfortunately weren't able to attend fairs nor any kind of 4H events due to COVID-19.

We are all very excited that the fairs are back and running this summer because fairs aren't just all about going there to win, they bring us all together and we go there to have fun while making lifelong friends.

Every year we all attend our achievement day show that is held at the Richmond fairgrounds in order to be able to attend the Richmond fair 4H show.

This year we held ours in August, which was the first show for most members since Covid.

We are all very happy to be back in full force and can't wait for Richmond Fair!





Shawville



**CANADA**  
4-H Quebec

# Shawville

<b>President</b>	Reese Rusenstorm
<b>Vice-President</b>	Laura Mayhew
<b>Secretary</b>	Rebecca Hamilton
<b>Treasurer</b>	Sheena Tubman
<b>Reporter</b>	Alex Mayhew
<b>Junior Director</b>	Payton St-Pierre, Riley Drummond, Felix Vereyken
<b>Provincial Director</b>	Bradley Dubeau



After another year with minimal community events and limited in person activities the Shawville Club was excited to get back to normal. Here are some of our high lights since last fall:

The Giant Pumpkin Weigh Off September 2021, where members were able to bring the pumpkins they grew. 2022 was the 3<sup>rd</sup> year members received seeds to try their hand at giant pumpkins.

In October 2021 members from our club visited Ferme Pure Conscience to learn about organic vegetables and raising yaks. In the afternoon we visited Hugli's Blueberry Ranch for an after of corn mazes, wagon rides, pig races and other fall fun.

In November members showed off their 4-H pride by rocking their 4-H t-shirts and celebrated its end of year with our Annual Awards banquet. To celebrate the new year the club welcomed members with a sliding party.

Much of the first half of 2022 for the Shawville 4-H was also spent planning the Annual Provincial Rally.

In addition to numerous community events (DR S.E. McDowell Elementary School Spring Fair, Shawville Canada Day Parade, Touch-a-Truck event, visit to the Friends of St-Joseph's Manor), our Club also held clinics for members participating in rabbit, beef, sheep, and dairy projects.

This year our annual achievement day was held separately from the Shawville Fair, showing off their animal projects. Members participated in a judging competition in the morning, and families joined together for a potluck lunch.

Labour Day weekend wrapped up the summer for the Club with the Shawville Fair. Members helped with the Fair's Ag Awareness Barn, the club's food booth fundraiser, the 4-H Regional show, the 4-H Market Sale, as well as the Shawville Fair Ambassador program.

Our members can't wait to participate in a range of different activities for this Fall:

Members representing both beef and dairy projects will be participating in the regional 4-H show at the Metcalfe Fair this fall.

In effort to help retain older members, we have been looking into an outing for intermediate and older members such as axe throwing.

This October our club will be organizing it's annual bus tour, where we are looking at visiting a local ostrich Farm and Saunder's Haunted Farm in Ottawa.

Several members also look forward to bigger shows such as Expo Boeuf and the Royal Winter Fair.

To end our year, we will be holding our annual Awards Banquet and we also look forward to the return of poultry projects, square dancing, and are excited to have support to encourage members interested in equine projects in 2023 .





# Sawyerville

<b>President</b>	Alyssa Rothney
<b>Vice-President</b>	Jason Whalen
<b>Secretary</b>	Hannah Dougherty
<b>Treasurer</b>	Meagan McConnell

**20 MEMBERS**

The club all came together for our November meeting to make Christmas cards, sending our love and best wishes to the grace Christian home residences. We got amazing pictures sent back showing us how thankful these residences were to know they were thought of that Christmas season.

On our May meeting we went up to one of our local sheep farms, “Turn Around Farms”. The owners, Dave young and his wife showed us around his amazing farm full of sheep. They have F1 crosses, cheviot, Dorset mix. They spend some of their time touring around the country doing professional dog shows with their five purebred dogs.

For our June meeting, the club went to Woodsvievw farm founded in 1798. The owners, Denis and Claire Taylor (the 6<sup>th</sup> generation to run the farm) showed us around their beautiful Holstein farm. We got to see how they run their farm on a day to day bases with their big change from milkers, to one robot, and now two robots milking around 65 cows on there Lely A5 and an added on piece to their farm.

We also donated money to the junior beef show to help them fund their show. This show is supported by few people but has taught a lot of 4-H members life around beef showing. They take a weekend where they supply the juniors with breakfast, lunch and supper. They also give out prizes at the end of the weekend to every single kid that took part in the activity. It was held at the Cookshire fairground so we as a club decided to help out our community by giving them some money to fund this large event full of learning and fun.

Lastly our biggest project that represented us this year was we came up with the idea to allow our club members to stay wherever they want in the barns at our local one and the other ones but also allowing us to identify ourselves and keep our Sawyerville club known. We decided to make four leaf clovers with our names on them and hang them above our 4-H project this year. This was a fun project with many laughs and green paint everywhere.

Our club hopes to expand our club members and allow us to show everyone what 4-H is all about, we hope to be able to teach everyone about the 5h’s. fill up the barns a bit more and show everyone what we love doing. We hope to go visit more farms with different animals trying to expand our knowledge about how the farming industry works with all the new technologies available to us!





# Howick

<b>President</b>	Geordie Woods
<b>Vice-President</b>	Roewan Cosgrove
<b>Secretary</b>	Karson Cosgrove
<b>Treasurer</b>	William Orr
<b>Provincial Director</b>	Kate Woods
<b>Publicist</b>	Mackenzie Peddie & Madison Peddie
<b>Member at large</b>	Lindsay Roy

**16 MEMBERS**

This year's executive at Howick 4-H club included Geordie Woods as President, Roewan Cosgrove as Vice President, William Orr as treasurer, Karson Cosgrove as secretary, Lindsay Roy as member at large, Kate Woods as provincial director and Mackenzie and Madison Peddie as our publicists.

This year as a club we participated at 5 shows in total; Ormstown Fair, Provincial Rally, Huntington Fair, Howick 4-H Achievement Day and Havelock Fair where we consistently had 7 heifers on the bed pack. In terms of "learning to do by doing", we had a very successful year as well because all of the younger members had a chance to put up their own toplines on achievement day and show off their projects to our judge Cynthia Daoust.

This year since there was a lack of intermediate and senior members from the valley clubs, Howick 4-H and Ormstown 4-H decided to team up to make a combined team of both clubs. Our club ended up sending 3 heifers to Shawville and had a great Rally experience, especially after a year of missing out on an in person provincial show. We would also like to thank Shawville 4-H for hosting such a successful Rally.

Lastly we did a Christmas Parade which was also with Ormstown 4-H where we decorated a hay wagon with our banners and Christmas ornaments and were pulled around town, promoting our clubs. Let's just say we have a bright future ahead of us in terms of young 4-H members!





## 4-H Quebec Provincial Activities 2022

### 2022 Virtual Innovative Ag Tour

Quebec 4-H was excited to organize the 2nd Virtual Innovative Agriculture Tour on **March 26, 2022** with 4 great presenters including **Nutrients for Life, Brylee Farms, Suntor Holsteins** and **Brysonwood Farms**. Youth members from **Hatley, Lachute, Richmond, Shawville** and **Sawyerville 4-H** had a day filled with knowledge and fun by visiting and learning about 4 different agricultural businesses.

21,111 Lakeshore Road, Macdonald College, Harrison House 3-04, Ste-Anne-de-Bellevue, QC H9X 3Y9  
Quebec 4-H 514-398-8738 www.quebec4-h.com office@quebec4-h.com

## 2022 Intermediate Leadership Camp

On **May 22-23, 2022**, Quebec 4-H was proud to organize an Intermediate overnight Camp at McGill University Campus. A small group of 11 members aged 12-17 from different 4-H clubs across Quebec including **Ormstown, Richmond, Shawville** and **Sawyerville 4-H** had the opportunity to build their leadership skills and confidence through hands-on training, lead by Quebec 4-H's Executive Director, **Jacqueline Morrison**. Participants were taught 7-Habits of highly effective teens and **Erin Scoble** engaged youth in STEM activities, sports and had great fun with team building games.



## National 4-H Leadership Summit

### Leadership Summit 2022 - April 22-24, 2022 in Halifax, Nova Scotia



4-H Canada's Leadership Summit is an opportunity for 4-H volunteer leaders, provincial staff, and members of the 4-H Canada Youth Advisory Committee (YAC) to come together and showcase the communities they are building, share innovative program ideas, and hear from experts on emerging topics.

This year the summit was hosted in Halifax, our Quebec 4-H delegates included :

Gilliam McDougall - Shawville

Jacqueline Morrison - Executive Director,

Rebecca Welden - Board Chair

Shannon Brock, Erin Scoble, and Maria Enright - Richmond leaders



## Provincial Rally

In 1976, a club extended an invitation for the whole Quebec Young Farmers membership to attend an event. This event was later referred to as the “Calf Rally”, with 70 participants across Quebec presenting their dairy calves.



As the years passed, things evolved, and “Calf Rally” was changed to “Provincial Rally”, including members who participated with other projects such as Handicrafts, Horticulture and other large and small animals. While things continued to evolve, the Quebec Young Farmer’s transitioned to 4-H Quebec.



After 2 years, Quebec 4-H was proud to have an in person Rally hosted by Shawville 4-H from 14 -17 July 2022. Below is a summary from the host club for the wonderful weekend full of fun and unforgettable memories.



*This year we chose the Theme of “Time Machine”. Taking a trip through time from the Prehistoric time of dinosaurs and cavemen, Wild West and 80’s retro to some reflecting more recently on their time in 4-H or the generations on their family farm. This theme was seen throughout the weekend as we judged the ID class of farm equipment both old and new, heard speeches of how farming has evolved over the years, and the creative writing of a journal entry from 100 years ago.*

*The farm generational scrapbook page meant a lot to me as it’s a reflection of what I take so much pride in our family farm. It’s pretty special to be able to look back on photo albums from years passed and know I am carrying on what my great grandparents started.*

*This year was the first Rally for a lot of our members and I hope it was a memorable one! We are thankful for our members and parents who always come out to help pull it all together!*



*And of course thank you to all the participants who showed up and made the weekend what it was! We look forward to the next one and of course, to the day we once again host you all in Shawville.*

*Thank you!  
Rebecca Hamilton*





## Canadian 4-H Council National Programs

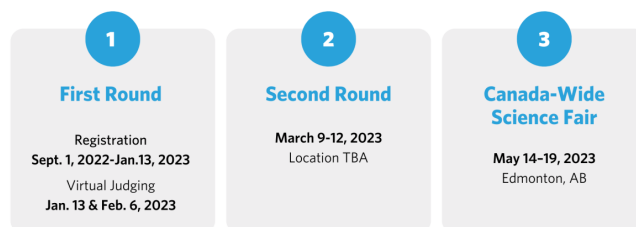


## 4-H Canada Science Fair

Do you love to explore, experiment and discover the world around you?

4-H Canada Science Fair is an opportunity for you to do so through science projects independently or as pairs. The 4-H Canada Science Fair is open to 4-H'ers in grades 7 to 12 or enrolled in CÉGEP. Registration is now open and will close **January 13, 2023**.

**CHECK OUT 4-H CANADA WEBSITE AND REGISTER TODAY!**



## 4-H Canada Programs

4-H Canada programming focuses on 4 Leadership Development Pillars

**Our programs** empower 4-H'ers to learn new skills and gain new experiences, all within a safe, positive, and fun environment. **4-H events** focus on activities that celebrate 4-H successes, commemorate milestones, and bring 4-H'ers together in shared experiences that create life-long memories.

**4-H campaigns** allow 4-H'ers to take part in themed activities that provide opportunities to engage in new club activities, explore new ideas and create innovative solutions to improve communities and grow the 4-H movement.

### 4-H Canada Youth Advisory Committee

With representatives from each provincial organization, YAC encourages a youth voice in program development and decision making at the national level. YAC delegates meet face to face at the annual 4-H Canada Leadership Summit then through conference calls throughout the year.

## Conferences

### 4-H Canada Citizenship Congress

Every spring, approximately 60 4-H members aged 16-21 from across the Canada come together for the Citizenship Congress. Developed in 1972 as a way to unite 4-H members from across the country, this flagship program gives 4-H youth knowledge and insight about Canada, its history and its systems. Delegates explore and develop skills related to civic engagement, governance, parliamentary procedures, citizenship and politics. The 50th Anniversary Celebration will take place on February 16-20, 2023 in Ottawa. Seven youth members aged 16-21 can represent Quebec 4-H at the Congress. Applications sent to the provincial office before October 28, 2022.

### 4-H Canada National Members Forum

First offered in 1931, Members Forum is 4-H Canada's longest-running program. **Open to 4-H members ages 16 to 21**. 4-H youth across Canada to come together for an impactful, engaging, and fun-filled conference in Toronto. Applications have now closed at the provincial office level. Selection will be announced soon.

4-H Canada  
**Members  
Forum 2022**

Living Like a Leader



Find out more at  
[4-h-canada.ca/members-forum](http://4-h-canada.ca/members-forum)



Wednesday, Nov. 2-  
Sunday, Nov. 6, 2022



Toronto, ON



4-H members ages 16-21  
10 members per province

## U.S National 4-H Conference

Annually, a week long conference full of learning and engagement opportunity organized for 4-H members from across the US to learn about US–Canada trade relations. The Canadian delegation is composed of one 4-H member from each province, aged 16 to 19. Contact the provincial office regarding selection to attend.

## Scholarships and Awards

### John Deere Canada 4-H Scholarships

15 scholarships – valued at \$1,000 each – were available to 4-H members across Canada. Opportunities such as this help support 4-H members who will pursue a post-secondary education at a Canadian college or university in a degree, certificate or trade-based program. Congratulations to **Paige Frost** from Richmond 4-H on being Quebec's recipient of the John Deere Canada 4-H Scholarship.

### FCC 4-H Club Fund

This grant of up to \$500 is for the costs of developing existing programs and activities. Funding can be used for expenses incurred in the running of an existing project. These funds are available to all 4-H clubs, districts, and regions

across Canada. \$100,000 is available in grants of up to \$500 per club, district, or region across Canada. Applications open August 1 and close October 31, 2022. Contact Kelsey Norris, Program Administrator, at [program@4-h-canada.ca](mailto:program@4-h-canada.ca) for questions and more information.

## TD 4-H Agriculture Scholarships

12 \$2,500 scholarships will be available to 4-H members across Canada. These 4-H members must be planning to pursue a post-secondary education in agriculture, ag-science or agri-business in the fall of 2022.

## Opportunities

### Careers on the Grow

4-H Canada's Careers on the Grow is a career development program where 4-H youth can explore career paths, apply their skills, and gain hands-on work experience.

Internships applications have now closed but check out 4-H Canada website for new features including the Career Exploration Modules and the Career Resources for Volunteer Leaders that you can download and explore. There are many Webinars for Career Development that you can re-watch or attend the upcoming webinar sessions for free!





## Independent Auditor's Report

To the Members of  
**ASSOCIATION 4-H DU QUÉBEC /QUEBEC 4-H ASSO-  
CIATION**

We have audited the accompanying financial statements of ASSOCIATION 4-H DU QUÉBEC / QUEBEC 4-H ASSOCIATION, which comprise the balance sheet as at March 31, 2022, and the statements of income, changes in net assets and cash flow for the year then ended, and a summary of significant accounting policies and other explanatory information.

### Management's Responsibility for the Financial Statements

Management is responsible for the preparation and fair presentation of these financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

### Auditor's Responsibility

Our responsibility is to express an opinion on these financial statements based on our audit. We conducted our audit in accordance with Canadian generally accepted auditing standards. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement. An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by management, as well as evaluating the overall presentation of the financial statements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified audit opinion.

### Basis for Qualified Opinion

In common with many charitable organizations, the Association derives revenue from donations the completeness of which is not susceptible of satisfactory audit verification. Accordingly, verification of these revenues was limited to the amounts

recorded in the records of the Association and were not able to determine whether any adjustments might be necessary to recorded contributions, the excess of revenues over expenses, and cash flows from operations for the year ended March 31, 2022, current assets and net assets as at March 31, 2022.

## 4-H Quebec Financial Summary

### BALANCE SHEET

	2022	2021
		\$
<b>ASSETS</b>		
CURRENT ASSETS		
Cash	66,125	39,671
Term deposits		23,439
Accounts receivable (note 3)	482	1,482
Prepaid expenses	164	164
Investments	9,854	9,724
	<b>76,625</b>	<b>74,480</b>
<b>LIABILITIES</b>		
CURRENT LIABILITIES		
Accounts payable (note 4)	16,925	12,183
Deferred income		4,680
	<b>16,925</b>	<b>16,863</b>
<b>NET ASSETS</b>		
UNRESTRICTED	<b>59,700</b>	<b>57,617</b>
	<b>76,625</b>	<b>74,480</b>

### STATEMENT OF INCOME

	2022	2021
	\$	\$
<b>REVENUES</b>		
Canadian Heritage—Program	98,094	98,094
4-H Programs (note 5)	11,081	11,615
Donations	249	120
Membership fees		7,375
Canada Summer Students	-	-
Canadian Heritage –Project	-	-
Interest		138
Wage Subsidy	26,992	22,615
	<b>136,416</b>	<b>140,013</b>
<b>EXPENSES</b>	<b>134,332</b>	<b>112,864</b>
Occupancy Cost		
Administration expenses		
Salaries, benefits and honoraria		
Financial Expenses		
<b>EXCESS (DEFICIENCY) OF REVENUES OVER EXPENSES</b>	<b>2,084</b>	<b>27,149</b>

### STATEMENTS OF CHANGES IN NET ASSETS

	2022	2021
<b>OWNER'S EQUITY, BEGINNING OF YEAR</b>	<b>57,616</b>	<b>30,468</b>
EXCESS (DEFICIENCY) OF REVENUES OVER EXPENSES	2,084	27,149
<b>OWNER'S EQUITY (DEFICIT), END OF YEAR</b>	<b>59,700</b>	<b>57,617</b>

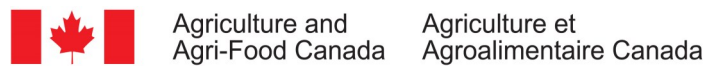
## 4-H Quebec Provincial Partners 2021-2022

4-H Quebec recognizes the tremendous impact funding partners have on 4-H's ability to deliver a quality program. Sponsorship and programming grants play an integral role in the operation of the Quebec 4-H program, helping our association to meet the needs of its members and adult volunteer leaders. Contributions, whether cash or in kind, are greatly appreciated. Quebec 4-H would like to recognize the efforts of the Canadian 4-H Foundation which complement fund development at the provincial level.

*Thank You!*

Patron / Mécène \$25,000 +

Benefactor / Bienfaiteur \$10,000 - \$24,999



Builder / Bâtitteur \$5,000 - \$9,999



Champion \$2,000 - \$4,999

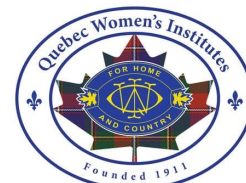


Supporter/ Supporteur \$500 - \$999



Advocate / Défenseur \$1,000 - \$1,999

Friend / Ami \$100 - \$499





# Leadership Tomorrow Through Learning Today



CANADA  
4-H Quebec

Quebec 4-H Association  
Macdonald Campus, Harrison House 3-04  
21,111 Lakeshore Road  
Ste-Anne-de-Bellevue, Qc H9X 3V9  
Tel: 514-398-8738  
Email: [office@quebec4-h.com](mailto:office@quebec4-h.com)