

Provincial Square Dance Competition



Regulations

- ♣ Each set will consist of four couples and one caller
- ♣ Pee wee division- 8 years and under
- ♣ Junior division- 9 to 13 years old, no more than 2 pee wees and 2 seniors permitted on a junior team
- ♣ Senior division- 14 years old to 25 years old, no restriction on numbers of juniors on a senior team.
- ♣ Dances will be Old Time Square Dances. All sets will dance to music provided by the house band.
- ♣ No Square Dance Caller may call and dance at the same time, however, a caller can call for one set and dance in another.
- ♣ A dancer may dance in only one set. Only in the case of illness or injury may a dancer be substituted after the set is on stage. Only the caller and four couples shall appear on the stage during the set. Mascots are permitted before and after the set.

Basic moves which may be used during breaks in optional dances:

Balance – To Partner – To Corner
Bow (Honor) To Partner – To Corner
Circle – Left or Right
Allemande Left – Allemande Right
Do Sa Do – With Corner – Left Shoulders
Do Sa Do – With Partner – Right Shoulders
Grand Chain (Grand Right & Left – Right & Left
Grand)
Reverse the Chain
Weave the Ring
Promenade – Full – Half
Right & Left Thru – Right & Left Back
Swing – Partner – Corner – Opposite
Star by Left or Right – Men or Ladies
Ladies Chain (Across) 2 or 4 Ladies
Four Ladies Chain 3/4
Ladies Rollaway (with a Half Sashay)
Grand Square (Sides Face – Heads Face)
Box the Gnat

Acceptable old time movements – All of the moves listed above plus:

Backtrack

Courtesy Turn

Forward & Back

Chassee – Half Chassee

Divide (Split) a Couple

Hold Your Holts

Left to the Corner – Grand Chain

Star Promenade

Pass Thru – Double Pass Thru

Separate – (Around 1-2 – Outside)