DECEMBER 2019 | OFFICIAL NEWS SPREADER

## QUEBEC 4-H HOLIDAY SPECIAL EDITION



Two young members of the Allumette Island 4H Club, Cayden Arsic age 9 and Brooklyn Gagnon age 8 who placed a wreath this Remembrance Day. Photo credit: Peter L. Smith, Pontiac Journal

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## Learn To Do By Doing

## A LITTE GREETING FROM QUEBEC 4-H'S EXECUTIVE DIRECTOR

It has been a full fall season for myself and our most capable office staff Quynh. From my first introduction to 4-H Quebec at Rally, to reviewing trainings and programs to complete funding reports, preparing for AGM, coordinating with Quynh Spreaders, communication and publications, and then advancing Accreditation; it has been an all engaging head, heart, hands and health experience – of the best kind.

Administration, processes, and systems are all part of my day's work, but what I love about the past four months is getting to know the leaders who consistently give and serve the members of their clubs, who make our organization work. I have admired meeting or reading about our impressive senior members who have worked out of province, won various awards, excelled in their project class, and other members who are active in their community; some even helped to build a ramp to create accessibility for a member's dad who was in need.

Each club has its own unique quality and is striving to develop positive youth leadership while having fun. As we move into 2020, my vision is to see all clubs grow and achieve a standard of excellence in alignment with 4-H across the country and in our world. I believe in the motto "LEARN TO DO BY DOING" and as each member, leader, and volunteer stays open and willing to LEARN, the DOING becomes so much easier.

Accreditation is a word that will be echoed throughout the year; it simply means we will be on a journey to evaluate our practices, see where we shine and where we can develop. I believe the future is bright and it will be a "VISION" year for Quebec 4-H as we work together in this interim as a TEAM.

I want to wish each and everyone a most Merry Christmas, and a blessed and prosperous New Year.



"Teamwork is the ability to work together toward a common vision. I see a Quebec 4-H that is strong both in the world of Agriculture and Leadership". What do you See?

(Write your thoughts) As you ponder this question what do I see, take a moment and then respond. "I see my club\_\_\_\_\_\_". Have a fun moment envisioning the club you see!

Jacqueline Morrison Executive Director 2019-2020

# **TD CANADIAN 4-H** DAIRY CLASSIC

During the "97th Royal Agricultural Winter Fair" at the Exhibition Place in Toronto, ON

**NOVEMBER 3-5, 2019** 

First held in 1979, the annual TD Canadian 4-H Dairy Classic is the largest 4-H dairy event for 4-H youth from across Canada to be gathered together in an atmosphere of spirited competition and sportsmanship showing their calf projects.

With this life-changing experience, 4-H youth are capable to expand their knowledge, develop essential life skills such as leadership, cooperation, responsibility and independence, build deepen bonds with other fellow 4-Hers from other 4-H communities and especially be equipped to represent the future generation of leaders.



### **OUEBEC SOUTH EAST**

Kianna Keenan, Savannah Crack, Marie-Rose Morneau, Bryan Favreau, William Jaton, Kolton Crack, Jeremie Morneau

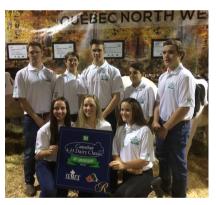


## **QUEBEC 4-H REPRESENTATIVES**



**QUEBEC SOUTH WEST** 

Caleb Bryson, Ella Bryson, Kevin Macfarlane, Carolane Simon, Laurie Campeau, Adele Bryson, Shannon Roy, Veronique Brisson



**QUEBEC NORTH** 

Rebecca Nugent, Hannah McOuat, Emily McOuatMatthew McOuat, Alex Mayhew, Joshua McOuat, Jeremy Laforest, Jason McOuat

INTERESTED IN REPRESENTING QUEBEC IN 2020? contact us for more information



4-H Quebec



From left to right: Adele Bryson, Laurie Campeau, Ella Bryson, Carolane Simon, Kevin MacFarlane, Cale Bryson, Veronique Brisson and Shannon Roy

## A MESSAGE FROM QUEBEC 4-H SOUTH WEST TEAM

By Shannon Roy, Howick 4-H

On November 2nd the South West Quebec team left for the 40th TD Classic in Toronto. The team was composed of eight members of three different clubs including Veronique Brisson, Carolane Simon, Ella Bryson, Caleb Bryson and Adele Bryson of Ormstown 4-H, Shannon Roy and Kevin MacFarlane of Howick 4-H and Laurie Campeau of Vaudreuil-Soulanges AJRQ. Accompanying the team as chaperones were Chantal Charette and Sylvie Mahannah. The team worked very hard to keep the display clean and organized and placed in group E. Monday November 4th was the showmanship competition where hundreds of competitors took the ring. Tuesday November 5th was when the team entered the ring for confirmation where four of the animals placed in the top ten of their categories.

#### **CONFIRMATION RESULTS:**

3rd place Ayrshire Saguenayenne Tuxedo Shania Shown by Shannon Roy 5th place Ayrshire Marbrae Bigtime Kahlua Shown by Kevin MacFarlane 7th place Intermediate Holstein – Brismer Denver Oakley Shown by Veronique Brisson 8th place Senior Holstein – Bryhill Solomon Halcyon Shown by Caleb Bryson

### Congratulations to all those who participated!

## **ALUMNI STORY**

I can still recall the day when I first met Pamela McOuat. It was also my first time ever attending a 4-H club Achievement Day and I was truly impressed; not only by how well the event was organized, or how close and supportive they were of each other within the club, or how confident the members were as they took pride in every class competition, but what I could not get off my mind at that time is how dedicated Pamela has been in her leadership role at Lachute 4-H through all the years; and she is still doing it!.

It is my honor to get a chance to learn more about her family's history with Quebec 4-H. It is not surprising that her inspiring story uplifts my heart and fills me with lot of delight and joy.

Everything began with her husband, Ken McOuat, who was a very keen 4-H member in his youth. In the good old days, the club was not called Quebec 4-H but Boys and Girls Calf Club. In her memories, her husband always had such a good eye for cattle. He alongside another 4-H member won the National Judging Competition in 1954.

It has been about 40 years since Pamela and Ken have been involved in 4-H activities, now their children and grandchildren are members of Lachute 4-H Club. Ken always acted as a very supportive and caring leader, and he was always there to motivate his kids and other kids to participate in all activities. In those days, they would have four calf projects, four gardens, lots of crafts and cooking. People gathering, working together on numerous projects. It would be chaotic, I believe but no doubt that there were a lot of great fun and unforgettable memories too.



Quynh Anh Tran, Quebec 4-H's Administrative Assistant



Mr. Ken McOuat received the Provincial trophy for Premier Junior Breeder of Dairy cattle in 1954

"Our children and now our grandchildren have gained so much from 4-H, the opportunity to serve on the executive and learn from other leaders and mentors, it seems only fair to give back in whatever small way I can." – Pamela McOuat-

A question occurred to me: "What makes her spend most of her time and do what she has been doing for so many years?". What really touches my heart is that she doesn't consider her involvement with 4-H as a forceful duty but something that brings her joy and happiness. "4-H has become part of our lives ", she said. Her family has evolved from her children being active members, to her son Andrew and she being a club leader, and her three grandchildren, Matthew, Joshua and Hannah who are very active and also very encouraging to other younger members in the club.

Each year, at Lachute-4-H's Annual Banquet, a trophy in the memory of Mr. Ken McOuat is awarded to one outstanding and distinguished recipient. This for Pamela is always a time of reflection as they choose the candidate. It makes her realize how much the 4-H members each engage and grow over the year and the confidence they gain through their participation.

With all of her experiences, dedication and hard working, it is not hard to tell that Pamela is one of the leaders that one should look up to. Quebec 4-H is so proud to have her and other amazing leaders who work volunteer with us in fulfilling our mission: GUIDE THE NEW YOUTH GENERATION OF LEADERS.

"4-H provides a safe environment for youth to meet, learn, and grow together for the good of their club, their community, and the global 4-H community." - Pamela McOuat-



# HOWICK 4-H

William Orr, Howick 4-H Reporter

## **BANQUET - OCTOBER 19**

This year, Howick 4-H Banquet was held at the Très-Saint-Sacrement Parish Hall with the attendance of 82 4-H members, their families, their friends and Howick 4-H's sincere sponsors. The Parish Hall was wonderfully decorated to suit this year's theme of Rodeo. The night started off with a speech about the past year by our president Lindsay Gruer, afterwards we were treated with a delicious dinner catered by Traiteur Bourdeau from Saint-Chrysostome.

#### HOWICK 4-H CLUB TROPHIES 2019

- John Brown Trophy Perseverance
- Joan Ness Memorial Outstanding Dedication

#### HANDICRAFT PROJECT

Best display Lindsay Gruer

#### SMALL LIVESTOCK PROJECT

The Ken McFarlane Small Livestock Award

#### GARDEN PROJECT

- T.J. McMahon Trophy Best Garden
- Suzelle Barrington Trophy Best Vegetable Display
- Pillsbury Trophy Most Outstanding Gardener Junior – Victorya Mannella Intermediate – Lindsay Gruer Senior – Rosa Zahner
- Rosa Zahner Lindsay Gruer

Geordie Woods

Madison Peddie

Jessica Rouleau



Photo credit: Brian Woods & Holly Mason



#### Photo credit: Brian Woods & Holly Mason

#### CALF PROJECT

- Brodie MacFarlane memorial Pee Wee Showmanship
- Archie Cosgrove • Ross Peddie Memorial – Top Junior Judge
- Hailey Craig
- Walter Parker Junior Showmanship
  - Kate Woods
  - J. Earle Ness Intermediate Showmanship
- Geordie Woods
- Burnside Cup Senior showmanship Shannon Roy
- ClearBrook Grand Champion Showman
- Geordie Woods
- HTB Trophy Champion Holstein
- Jessica Rouleau
- Bruce Templeton Champion Ayrshire
- Kate Lussier
- Oakburn Trophy Grand Champion Interbreed
- Jessica Rouleau
- CAB Best Group
- Kevin MacFarlane
- Murray Templeton Memorial Top Judge
- Kevin MacFarlane
- James Scoble Memorial Overall Aggregate Ormstown, Huntingdon, Havelock & Achievement Day
- Jessica Rouleau
- Robert H. Tolhurst Memorial Trophy Overall Aggregate at Achievement Day
  Kevin Macfarlane

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levin Macianane

We would like to thank Traiteur Bourdeau and all of our sponsors for helping to make our banquet such a success!

Congratulations to all of the winners and Members for a great year!

#### From Left to Right:

Claudia Zahner, Kevin MacFarlane, Rosa Zahner, Geordie Woods, Mackenzie Peddie, Jacob Rouleau, Madison Peddie, Hailey Craig, William Orr, Mederick Greer, Brooke Boyle, Shannon Roy, Kennedy Peddie, Roewan Cosgrove( White Shirt), Lindsay Roy (Glasses), Kate Lussier, Kate Woods, Jessica Rouleau, Victorya Mannella, Lindsay Gruer, Paisley Maitland, Kristen Anderson.





4-H Quebec

# **RICHMOND 4-H**

## **Richmond Annual Fair**

Richmond had their annual fair during the weekend of the 6th, 7th and 8th of September. The 4-H show started on Sunday morning, the last day of the fair. The overall showperson winners were Savannah Crack with Honourable Mention, Adrienne Passmore with Reserve and Morgan Passmore Grand Champion.

Once again we thank all of the judges and volunteers who helped out.



## **Achievement Day**

**Ruby Mastine, Richmond 4-H Reporter** 

This year, the Richmond 4-H club held their achievement day on August 11th, 2019. The overall show person winners were Adrienne Passmore with Honourable mention, David Kolton Crack with Reserve and Ruby Mastine Grand Champion.

Thank you to all of the volunteers and judges who helped make this day possible.





The Richmond 4-H club also had their annual apple pie fundraiser on October 4th and 5th, 2019. The pie making took place at Erin Scoble's house on the 4th, and the following day at Trenholm and Pauline Nelson's house. Every year Richmond makes hundreds of apple pies to fundraise for the club. And this year we made our 10 000th pie since we have started the fundraiser 16 years ago. Thank you Trenholm, Pauline and Erin for hosting again this year.

## **Royal Canadian Legion**

Richmond 4-H members joined the Royal Canadian Legion Richmond Branch on November 10th with a parade and ceremony for Remembrance day, to remember those who have died in the two major world wars and other wars since. Who have sacrificed their lives to defend our country and help keep peace in the world.



## ORNSTOWN 4-H Haylie Trépanier, Ormstown 4-H Reporter



## **Fun Day**

On Saturday March 5 2019 we also went bowling. There were around 20 people gathered. We were in Huntingdon at the bowling alley. We enjoyed bowling (around 3 games). It was a lot of fun and I would definitely recommend doing it again.

## Ormstown Fair

The Ormstown fair was on June 6, 7, 8 and 9 and we were about 35 4-H members present. At the fair, we were showing calves, judging, and three 4-H members participated in the clipping competition. Some members entered home and garden classes too. The Ormstown fair was at the fairgrounds in Ormstown and everyone did a good job.



## **Achievement Day**



On Monday August 12, 2019, 4-H members went to the Ormstown fair ground where Achievement Day took place. At Achievement Day, we entered barn quilts, spring decorations, baking, flower arrangements in eggshells, Christmas decorations, succulent gardens, etc. to be judged. We also judged hay, Holsteins, and hanging flowers. There were about 30 of us there and we had lunch together. In the afternoon, some of us showed our calves then trophies were handed out. Our dairy judge was Bobby Tolhurst. I would also recommend doing it again because we had a lot of fun.







Amanda St-Denis, Russell Silverson & Julia Silverson



The Lachute 4-H Club had a busy year with many different activities. We held a variety of meetings with topics including maple syrup, poultry, beef showing, dairy showing, and a meeting about gardens and bee keeping. We also spent a day at the local fairgrounds painting fences with possibly more paint on ourselves than the fences!

In August we had our Achievement Day where members had a chance to submit baked goods, handicrafts, vegetables and crops. Members showed a variety of animals including: poultry, rabbits, cattle, horses, sheep and we can't forget about the newest addition, a little donkey. In October the Club had its annual banquet where many trophies and prizes were received for a variety of categories.

In November we held our annual elections where our club decided on our new executives. In December we went caroling at the rotary apartments in Lachute. In the spirit of giving back to our community, we donated non-perishable goods to our local food bank. We know not all families are as fortunate and that's why we think it's very important to help out.

The Lachute 4-H Club is still busy as we are planning our upcoming fundraiser dance in March as well as planning Ag Tour which we are hosting. We hope to see many of you there.

### BEST WISHES DURING THE HOLIDAYS AND ALL THE BEST IN THE NEW YEAR!





# SAWYERVILLE 4-H

Annankah Drew, President of Sawyerville 4-H



Since wrapping up show season at fairs and getting back to school Sawyerville 4H members have gotten into the festive spirit! In October following a general meeting our 4H'ers took part in a pumpkin carving activity for Halloween. Our members spent the evening designing then carving their pumpkins. A month later during our November meeting our club learned how to make wreaths for the holidays. Our club had lots of fun learning how to make the wreaths then getting to make and decorate their own. Sawyerville 4H has many activities in the works for 2020, starting with a Valentines day dance this February! "We hope everyone has had a good year and we wish everyone happy holidays!







**SHAWVILLE 4**-

Amy Sheppard, Richmond 4-H Reporter

To start off the night we had our 2019 president Bradley Dubeau welcome all of us! The national anthem was sung by Rebecca Nugent. Amy Sheppard recited the pledge and Scott Stephens sang Grace. Jessica Cox, our 2019 overall leader did a wonderful speech on what a successful year it has been, how she enjoyed this year with all the wonderful members and the sincere supports of the executive, the parents and all of the sponsors. Bradley Dubeau stepped onto the stage to say a few words that this year has been one of the best ones yet and that he wouldn't have been able to get through without the help of the executive and from our overall leader, Jessica Cox.

Banquet 2019 - Nov 23

It was time for supper!.But it wasn't that easy to go and get yourself a plate unless you got the questions right. One of them being "Who was last year's president"?. Well with her sitting right beside me, you can guess who's table was allowed to get food next! During dinner, a slideshow made by Rebecca Hamilton was played of all of our memories made this year, the stressful times we've had, the laughs we laughed, and the memories that were made showing how close our club really is. The older members act as amazing leaders and the younger members retain great knowledge from it.





We learn from our mistakes, our fellow members's mistakes, and from working as a team, as one club".

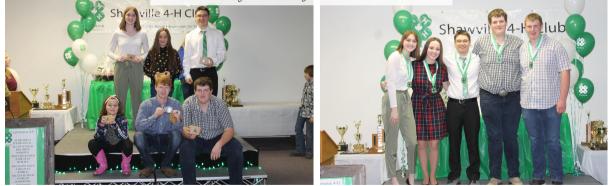


Photo credit: Rita O'Reilly

Supper came to an end, which meant it was the exciting part of the night. As Shawville Fair is a stressful time for all of us, we don't pay much attention or care towards the awards that we win. As trophies were being handed out, we laughed about the memories behind them and thought to ourselves "Wait, I really won that?". As shocking as it was for everyone to receive all those meaningful rewards, there was one specific moment that stood out. "Amy Sheppard for overall dairy judge". As I graciously accepted the award, I thought back to me shaking during my oral reasons and saying to the judge "I place this class of Holsteins". The funny part of the this story is that they were Jerseys, but never say never right!. The night was coming to an end, so we decided to dance until it was time to pack up. The Virginia Reel was the highlight of Tyler Tubman's and William Orr's night, I'm sure.

It was another successful year and the banquet was a great way to end it off! Thank you to Rita Sheppard for doing an amazing job decorating, to Jessica Cox especially for organizing this entire thing with the help of others and to The Cafe for a wonderful supper!

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## with 4-H Canada's scholarships

Quebec 4-H's Recipients of 2019 Coca-Cola 4-H Post-Secondary Education Scholarship & TD 4-H Agriculture Scholarships



LINDSAY ROY Howick 4-H

"I am very grateful to have been selected to receive the Coca-Cola scholarship this year among the two others from the province.

I have had great help from my leaders and parents encouraging me to pursue my goals and continue to be evolved in the community and I felt like that was what this scholarship was about.

I am very thankful for all the opportunities 4-H has given me.

This scholarship will be put towards my future education as I am going to Bishops in the fall to become an elementary school teacher." MORGAN PASSMORE Richmond 4-H

"Applying for the 4-H Canada scholarships is one of the best opportunities you can do to help yourself pursuit your post secondary education. Your parents do not pay as much or you do not need to take out more loans.

Those are the reasons I applied for these scholarships and many more outside of 4-H.

If you are the lucky one to win the scholarship or bursary, it will help by paying your education that will be better for your future.

Do not forget to apply for them, the application open up in the spring!"

Happy Holidays! And have a good rest of 2019!

#### ANNAKAH DREW Sawyerville 4-H

"This year I was lucky enough to be chosen as one of the recipients receiving the Coca-Cola 4-H Post-Secondary Education scholarship.

This scholarship is made to help 4H'ers discover their future career interests and help them gain the skills and knowledge they will need later on in life, in the workforce as well as in their communities in order to become better leaders.

I hoped that the scholarship would be able to help me have the opportunity to get the skills I will need to hopefully become a leader in the industry one day. It will also be to help support me financially while I am studying farm management.

I am very grateful to The Coca-Cola Foundation for making it possible for me to receive this scholarship and I encourage other 4-H'ers to apply next year if they are interested!"

# **2019 MEMBER FORUM**



With a theme of "Spurting Success and Cultivating Careers", the 2019 Member Forum was held in Calgary, Alberta from December 1st to December 5th with the participation of around 70 delegates from 10 different provinces throughout Canada. Quebec 4-H was so proud to have 7 youth representatives and 1 chaperone attending this life-changing event.

Let's hear some of their remarkable memories from this amazing trip

#### mentorship circles. It was an eyeopener to see the different ways 4-H brought them to where they are now. They shared the way 4-H inspired them to pursue a career in the agricultural business.

It's a great experience for anyone, friendships are made to last a lifetime as well as acquaintances through networking. You never know when you will need something and that one person might have it. When the opportunity is given, network as much as you can because it's very important to make connections. Many things were learned to continue leading and is a great 4-H memory to have. If you have the opportunity to apply for any 4-H National trip I strongly recommend to do so.

I really enjoyed the Grow Canada Conference as it was very inspiring, including the

My favorite part of the trip was meeting new people and making long lasting friendships. It was such a great experience to be able to go out and meet all these people and learn their stories, but also how their 4-H clubs and provinces work.

I learned a lot about networking, communicating, careers and other 4-H clubs. I got to learn how to communicate properly. Whether it be how to ask the right questions or how to give a good handshake.

This was a great experience and I would recommend it to anyone that wants to go to a national event. It is an amazing opportunity to get to meet fellow 4-Hers and to represent Québec . You get to learn a lot about 4-H Canada and what they do. It is a real eye-opener and you'll be very glad to get the chance to take part, just as I was.

The 2019 members forum was an absolutely amazing experience. I personally learned that 4-H has over 7 million members across 70 countries. . It really opened up my eyes to how important social networking is in the workplace. Also how important teamwork is.

Many workshops were based on teaching the kids how to properly introduce oneself and to also teach kids how to explain ones skills and goals when introducing themselves to someone new without being impolite or overly forward in anyway.

My favourite part of the members forum was when we went to the opening speeches of the Grow Canada Conference and we listened to the three speakers John Herdman (Head coach, Canadians men's soccer) Alicia Rainwater (the center for Generational kinetics, certified speaker on millennials and generations) Darrel Bricker (CEO of Ipsos Public Affairs).

Everyone who has the opportunity should attend the 4-h annual members forum without hesitation. It is an absolutely amazing opportunity that should never be passed up lightly.

### PAIGE FROST

**ADELE BRYSON** 

Richmond 4-H

Ormstown 4-H

### TYLER CLARK Hatley 4-H

# UPC MING EVENTS



**Discover Science** Registration closes January 05, 2020 Kit contains 4 engaging activities



Club to Club Exchanges Registration closes January 15, 2020



4-H Canada Science Fair Registration closes January 16, 2020



Registration closes January 26, 2020

## **National Opportunities**



**Careers on the Grow Internships** Registration closes January 30, 2020



**Virtual Career Fair** Registration closes February 01, 2020 Taking place online on February 20



**Congress** Submit application to Quebec 4-H by January 24, 2020 7 spots for Quebec 4-H members 16-21 years old

## **Provincial Upcoming Event**



2020 QUEBEC 4-H JUNIOR WINTER CAMP January 31 - February 02 Centre-Notre-Dame-de-fatima BE ON A MISSION For the 2020 Winter

**JUNIOR MEMBER AGE 9-12** 

REGISTRATION DEADLINE

DECEMBER 21, 2019

A WEEKEND FILLED WITH FUN, FRIENDS AND LESSON

JOIN US!

FROM US



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TO ALL OF QUEBEC 4-H'S MEMBERS, LEADERS, FAMILIES AND PARTNERS

"CHRISTMAS, IS LOVE IN ACTION. EVERY TIME WE LOVE, EVERY TIME WE GIVE, IT'S CHRISTMAS."















4-H Quebec acknowledges the financial support of the Government of Canada



Canadian Heritage

