



CANADA
4-H Quebec

Special edition 2020

THE NEWS SPREADER

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Leadership Tomorrow Through Learning Today

4-H Quebec acknowledges the financial support of the Government of Canada

| Canada 

A MESSAGE

FROM QUEBEC 4-H'S EXECUTIVE DIRECTOR

I began my journey with 4-H at a most impressive gathering of clubs at last years provincially rally. I witnessed for the first time the showmanship and competition of large and small live stock animals by our dynamic 4H members. Each Club did a fantastic job of displaying the spirit of the organization and its values. The life Skills projects that lined the banquet hall showed the creativity of 4H members across the province. The past few months have been certainly unusual for us as well as the rest of the world. The global pandemic - Covid19 has required all of us to pivot and consider new and innovative ways to stay connected as an organization.

As youth safety and well being remains our primary concern we complied with the national and provincial health agencies recommendation and suspended all in person activities and gathering.

With no person to person contact activities, many clubs have initiated online meetings and safe social media sharing experiences and have maintained relational connections during this time. 4-Hers, continue to learn to do by doing in every season, and I am proud to be serving with the organization in this unprecedented season.

It was a pleasure to experience a few 2020 programs before the coronavirus brought everything to a halt. Our junior winter camp was such a fun memorable experience for all our members, junior leaders and chaperones and staff who attended. The provincial square dance competition brought together over a hundred families in the McGill university grand ball room for a full day of dance, music and competition. The Ag Tour was only a week away when the province closed schools and social distancing became our new reality.

Thanks to all of our volunteer leaders who are showing care to their members and support their club executives who are leading through change. Check out the great online activity (YouTube tutorials /showmanship) from the Howick club that will be shared nationally.

Congratulations to all members who have graduated this year and who will be transitioning schools and grades during this unprecedented time. Your achievement is an advancement and personal gain, so continue to strive forward.

We will continue to follow provincial health and safety guidelines through the summer months and we will keep you posted on our Facebook page and emails.

I believe that the uncertainty of today will not deter the future for those who keep learning. Keep learning to do by doing!.

Jacqueline Morrison

Executive Director

Quebec 4-H Association





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2020 HIGHLIGHTS

2020 Square Dancing Competition

The 2020 Provincial Square Dance Competition took place on February 16, 2020 at the Centennial Centre, MacDonald Campus Ballroom.

All of the participants enjoyed a great Sunday full of joy and great dancing performances. Another unforgettable Quebec 4-H's memory has been made!

**Congratulation to Lachute 4-H!
They won First Senior Team**

From left to right: Bailey Clark, Russell Silvrson, Sydney Clark, Herbie Welden, Jordan Cormack, Hunter Rodger, Emily Welden and Russell Cowan



2020 Junior Winter Camp



From left to right:
Front: Canyssa Moffatt, Taylor Brown, Kate Vincent, Carissa Moffatt, Rachel Schuster, Olivia Wallace. 2nd row: Kennedy Peddie, Karlee Rember, Chloe Anderson, Méderik Greer, Connor Bryson, Lucas Holguin, Murray Bryson.
3rd row: Karsen Cosgrove, Sofie Moffatt, Hailey Graig, Brooke Boyle, Kristen Anderson, Jessy Bryson, Willyam Bryson, Spencer Mason, Roewan Cosgrove, Madison Peddie, Victorya Mannella, Louise Vincent

On January 31, 2020, 25 juniors representing Ormstown 4-H, Shawville 4-H and Howick 4-H gathered together along with staffs and leaders at Centre-Notre-Dame-de-Fatima. As the theme of this year's winter camp was "MISSION POSSIBLE", our young members had engaged and challenged themselves in many interesting missions throughout the weekends.

**"Kids can accomplish whatever they set out to do!
"Kids can take action and see results!"**

Besides all great winter outdoor activities, our young campers also got the opportunity to learn about goals setting and create their own Life Mission Book.

**♥ A big THANK YOU to our amazing volunteer chaperones ♥
Elise Vincent, Keith Greer, Thornton Westley, Travis Cavers and Rebecca Welden
for a wonderful memory.**



LEADERSHIP SUMMIT 2020

CAITLIN MACDOUGALL

GENERAL LEADER FROM ORMSTOWN 4-H

"The Leadership Summit was a great opportunity to learn about upcoming programs and initiatives from the national and other provincial 4-H organizations. It was also a great way to exchange and share ideas with leaders and volunteers from across Canada. Everyone has the same objectives in mind - to offer excellent programming to develop young leaders who care about our communities. I would highly recommend any club leaders (new or experienced) attend in future!"

MARIA ENRIGHT

GENERAL LEADER FROM RICHMOND 4-H

"4-H Canada Leadership Summit 2020. I was lucky to be able to attend the summit in beautiful downtown Ottawa in February. Participants were treated to 2 days of workshops with an array of topics: Scouts Canada on "Child Safety", Bullying and Cyber-bullying, Indigenous Youth Programs in 4-H, 2SLGBTQIAP and inclusive 4-H opportunities, Marketing, Finances, Science experiments and more! As you can see, there was a wide variety and interests for everyone.

Monday afternoon, the YAC members had their audience engage in a challenging Kahoot game which had us all "getting to know" our Youth representatives.

This was followed by "Provincial Sharing". This was of particular interest to me as the annual reports given by each 4-H province; it was incredible to hear how unique each province is and to listen to them focus on their achievements over the 2019 year.

Evenings had Caitlin, Erin, Jacqueline and I walking the streets of Ottawa looking at Ice Sculptures and attempting to stay warm!

The highlight for me was the Awards Ceremony at the National Arts Center complete with the National Leader Award, the L.E.A.D scholarship recipients, and a live auction to benefit 4-H Canada. It was interesting and informative to participate in 4-H at a National level.

Should you get the opportunity to participate in Leadership Summit 2021, grab the chance, and head to Ottawa for the weekend!"

February 8-10, 2020

Ottawa, Ontario



From left to right: Erin Scoble - Richmond 4-H, Caitlin Macdougall - Ormstown 4-H, Jacqueline Morrison - Quebec 4-H and Maria Enright - Richmond 4-H

RICHMOND 4-H

Inspired by the Stormont 4-H, this was such a meaningful and fun project to spread out hope, positiveness and to help others stay cheerful during these hard times. In March 2020, Richmond 4-H took on the challenge and showcased their outstanding and artistic creativity. Let's check out some of the amazing masterpieces of our lovely Richmond 4-H's members, leaders and parents.

**A LITTLE art sign
but has
a BIG meaning!**

**Should we keep delivering
the message and show the
world how proud we are to
be a 4-H'er and what 4-H
all stands for.**

If you haven't decorated your windows yet, do so!



YOU ARE LOOKING FOR SOME FUN ACTIVITIES TO KEEP YOUR 4-H MEMBERS ACTIVE DURING THE LOCKDOWN?

HERE ARE SOME INTERESTING IDEAS FROM OUR RICHMOND 4-H

RICHMOND 4-H



DO YOU WANT TO TEST YOUR EYESIGHT?
DO YOU HAVE THE ANSWERS TO THE KIND OF DISH MADE?
MANICOTTI? DESSERT?

SPECIALS FOR MOTHER'S DAY

Richmond 4-H's executives had encouraged the members to do something special to celebrate the Mother's Day this year. What else could be better to thank 4-H Moms for their dedication and hard works than being their chef for the day!

Good foods bring love and joys

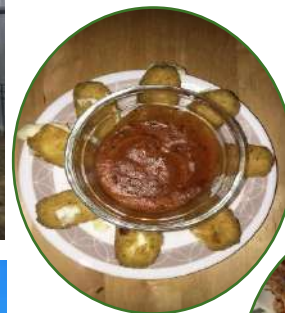
Let's check out the delicious dishes and deserts that our lovely Richmond members have cooked for their Moms!



4-H Logo Searching Game

Richmond 4-H's executives had decided to put its members's searching skills and vision into a test. This fun challenge run over for 6 days from April 7 to April 14. Each day, one photo with a hidden 4-H logo was posted on Facebook and the members had one mission only:

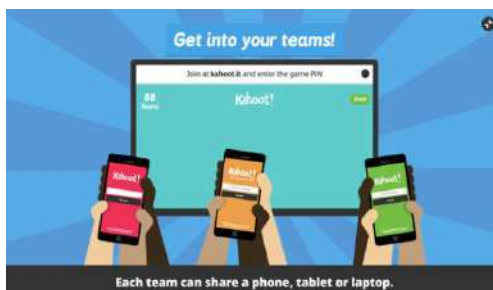
FIND AS MANY LOGOS AS POSSIBLE AND COMMIT TO DO SO FOR ALL 6 DAYS



OTHERS IDEAS

Want to make your club meeting on Zoom more interactive and interesting next time?

Try Kahoot! Like Richmond 4-H did!



SHAWVILLE 4-H

THE **GIANT** PUMPKIN CONTEST



Check out how Shawville 4-H keeps the members active with this great contest idea!

**Planting demonstration
from experts - Mr. Todd Klide
and Mr. Mike Russenstorms**

**Frequent gardening
tips sharing**

**Members photos of
progress sharing**

SHAWVILLE 4-H

To think about being a 4-H'er, one thing that brings lot of joys, happiness and pleasant time is to start our own livestock project. Let's check out these amazing livestock projects from our lovely Shawville 4-H's members!



Graham Vereyken's project, fluffy j. Lop/lion head cross



Reese Busenstrom's project, Honeymaren



Mason Vereyken's project, Commercial ewe lamb, 12907



Roslyn Mcann's project DJ, Boer



Emma Hobbs' Project Nadley - Belge Giant
Flemish Mix



Felix Vereyken's project, Barred rock hen, Groundhog (523D)



Mason Vereyken's project, Peanut butter



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QUEBEC 4-H AT HOME

VIRTUALLY ENGAGEMENT



It is so amazing to see our Quebec 4-H clubs adapting to the unexpected changes and challenges brought about by Covid-19. There are a lot of fascinating projects and exceptional programs happening both at home and virtually.

While we are still observing the health authorities recommendations and social distancing measures; we are so proud of the tutorials produced by Brian Woods - Small livestock projects Leader from our Howick 4-H.

RABBIT SHOWMANSHIP

Are you working on your own rabbit project at home and looking for some great tips? Let's check out how Kate Woods from Howick 4-H demonstrates her showmanship skills and shares many key tips when showing a rabbit.

<https://youtu.be/Qv4r64Ppo04>



POUTRY SHOWMANSHIP

George Woods from Howick 4-H club demonstrated his tips and advice when showing poultry to impress the judges.

https://youtu.be/nM64flqd_gc

We all enjoy the game of BINGO at some point in our lives.

Let's check out how the game takes on a whole new look with Quebec 4-H's version.

A big THANK to our amazing Board of Directors for this interesting BINGO idea.

BINGO TIME!

QUEBEC 4H BINGO

My club: _____

ATTENDED PROVINCIAL RALLY	DRIVEN MORE THAN 5 HOURS FOR A 4H EVENT	ATTENDED AGM	PLAYED SPOONS AT A 4H BANQUET	ALREADY STARTED ON MY 4H PROJECT
MADE A 4H BEST FRIEND FROM A DIFFERENT CLUB	PARTICIPATED IN LIFE SKILLS	WORKED IN A 4H ICE CREAM BOOTH	BILLET IN SOMEONE HOUSE	ATTENDED NATIONAL CONFERENCE
ATTENDED JUNIOR CAMP	MISSED SCHOOL BECAUSE OF A 4H SHOW/EVENT		BEEN TO MAC JUDGING	BEEN IN THE BARNS BEFORE SUNRISE
PARTICIPATED IN PUBLIC SPEAKING	MY PARENTS USE TO SHOW IN 4H	ATTENDED AG TOUR	PARTICIPATED IN SQUARE DANCING	ATTENDED THE ROYAL WINTER FAIR
SHOWN LIVESTOCK	ATTENDED A 4H DANCE	4H MEMBER FOR MORE THAN 5 YEARS	BEEN APART OF A 4H CLUB TO CLUB EXCHANGE	BEEN ON THE CLUB EXECUTIVE

QUEBEC 4-H DURING QUARANTINE





**QUEBEC 4-H
DURING
QUARANTINE**





FUTURE UPDATES



New Leadership Training on Youth Safety

Quebec 4-H is currently engaged in a 'train the trainer' program on youth safety, including practical case studies that will be delivered to all club leaders. The safety and well-being of youth members is a shared priority across 4-H and it sits at the core of our 4-H Canada Positive Youth Development Formula. Quebec 4-H is gearing up for 2021 Accreditation and is dedicated to working to make our 4-H program even stronger for our youth members. While going through the Covid-19 pandemic, we pivoted to a virtual engagement in order to continue serving our community.

The upcoming training will be conducted in person or virtually as safety guidelines continue to be assessed.

Stay tuned for future updates!



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